



Dear friends in Christ Jesus, our suffering, dying and yet victorious Saviour:

As I was thinking about writing my letter for Foot Print, the latest edition of the LCMS magazine, *The Lutheran Witness* arrived. I was looking through it and was caught, very quickly, by the opening article from President Matthew Harrison. As we look ahead to the coming days—and to our prayer vigil on the Good Friday-Easter weekend, his little request for prayer seemed so appropriate. I also know that I have found great comfort, solace, care and love in the prayers of God's people, offered for me and the ministry of our congregation. I share with you his article, and echo its sentiments. May these Lenten days be a time of prayer for us all!

(As a sideline, Pastor Harrison speaks about the new edition of Luther's Small Catechism. We have ordered some of these, and are very impressed with this wonderful tool of learning. You can learn more at [www.cph.org/p-32272-luthers-small-catechism-with-explanation-2017-edition.aspx](http://www.cph.org/p-32272-luthers-small-catechism-with-explanation-2017-edition.aspx) or ask to see a copy here at Foothills!)

[From *The Lutheran Witness*, February 2018]

### ***Will You Pray for Your Pastor?***

Prayer is the breath of the Christian.

St. Paul's letters are filled with references to his prayers for others and his requests for their prayers for him. *"To this end we always pray for you, that our God may make you worthy of his calling and may fulfill every resolve for good and every work of faith by his power ..."* (2 Thess. 1:14) *"Brothers, pray for us"* (1 Thess. 5:25). *"Pray without ceasing"* (1 Thess. 5:17). There are many others.

There have been many times, particularly as my vocations have become increasingly challenging, when I've had the sense that I am being carried along, especially as I pass through days when very difficult decisions have to be made. At these times, I pray that God will give me the strength to be faithful today. *"Sufficient for the day is its own trouble"* (Matt. 6:34). So I pray: Lord, have mercy upon me, today. Lord, give me what I need for today.

Once I was visiting an elderly woman who had just been transferred from her home to a care facility. She was distraught. I should have simply sat quietly, listened to this elderly saint's lament, and then offered her comfort. But I interjected, and with law at that. *"But the Bible tells us it is the task of widows to pray,"* I said to her.

I'll never forget her response: *"Oh Pastor, I pray for you every day."* How small I felt. And yet, how comforted I was. Far from my own ability or charisma sustaining me in the Lord's work, it was and is much more the promises of the Lord, and especially the prayers of the saints.

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Today I make a request of you. Will you pray for your pastor? Will you pray for him daily? Will you put him on the list of all those names you rattle off when you pray with your young children every night? Will you, by God's Spirit, resolve to be more diligent in prayer for him, for his wife and for his family? He needs your prayers, always. And now—in these “gray and latter days”—he needs them more than ever.

Let me share with you two pages from an appendix in the new edition of Luther's Small Catechism with Explanation (Concordia Publishing House, 2017, pp. 360-361) that may help you as you pray:

### **Lessons from Luther's *A Simple Way to Pray***

Martin Luther lays out a simple method for praying the words of the Ten Commandments, the Lord's Prayer, the Creed or any text from the Bible. To help you remember, you might think of it as “I. T. C. P.”

Instruction  
Thanksgiving  
Confession  
Prayer

This method anchors prayer in the catechism or other biblical texts, but allows the Holy Spirit to prompt thoughts via the Word, which may be chased more freely by the mind at prayer. ...

Here is an example of how one could use Luther's I. T. C. P. method to pray, based on Hebrews 13:17, which says: *“Obey your leaders and submit to them, for they are keeping watch over your souls, as those who will have to give an account. Let them do this with joy and not with groaning, for that would be of no advantage to you.”*

**Instruction:** Lord Christ, You instruct me here that I am to listen carefully and heed the word of my pastor when he speaks Your Word. The pastoral office is profound; You not only charge my pastor to watch over my soul, but You also call him to account for his service to me. Finally, You tell me plainly in this text that I am to be a joy to my pastor and not a pain, and this for my own spiritual benefit.

**Thanksgiving:** Jesus, I thank you for my pastor. In fact, I thank You for the pastor who baptized me and all pastors who have served me in my life as a Christian. Thank You for all the sermons that have clearly shown me my sin and delivered to me the free forgiveness of the Gospel because of Your sacrifice for me on the cross.

**Confession:** Lord, I confess that so often I fail to pray for my pastor. I fail to be gracious to his family. I do not pay attention to his preaching. I have gossiped and failed to love and defend him and “put the best construction on everything.” I deserve to have my faithful pastor taken away. Forgive me my many sins, and help me to do better. Help me especially to be a joy to my pastor and to encourage him in his difficult office.

**Prayer:** Savior, bless my pastor with faithfulness to Your Word. Cause him to grow in knowledge of Your Word. Give him courage and strength for his tasks. I thank you for (name) and for all faithful pastors. Grant success to the work of our seminaries. Bless our professors and students. And give my pastor joy. I ask all this for Your sake alone. Amen.

That's Luther's “I. T. C. P.” method—Instruction, Thanksgiving, Confession, Prayer. You can use it to pray with your family at home, with a group of Christians at church or elsewhere, or by yourself. As you practice it daily, it will become second nature and a great blessing for your meditation and prayer.

Adapted from Martin Luther, *A Simple Way to Pray*, translated by Matthew C. Harrison, copyright © 2012 Concordia Publishing House, pp. 3-5. Used with permission.

*And from Pastor Bode:* I have always used a similar acronym: ACTS—for Adoration, Confession, Thanksgiving and Supplication. Either way, you get the scope of prayer is more than just asking for what I want. Use either one in your prayer life!

# Children & Family Ministry

## SUNDAY SCHOOL

*"How sweet are your words to my taste, sweeter than honey to my mouth!" Psalm 119:103*

We have finished our journey through the Old Testament and seen God's faithfulness to His people from Adam through to the prophets. Now we are learning about the fulfillment of His promise of a Saviour from our enemies sin, death and the devil. Jesus is that Saviour, sent for us!

All classes (adults and children) begin at **9:00 am** with an opening together in the sanctuary. We sing, pray, and have an introduction to our day's lesson. Our lessons for March and April are:

Mar 04	The Presentation of Jesus	Luke 2:22-40
Mar 11	The Visit of the Wise Men	Matthew 2
Mar 18	The Boy Jesus in the Temple	Luke 2:41-52
Mar 25	John Prepares the Way	Matthew 3:1-12
Apr 01	The Baptism of Jesus	Luke 3:15-22
Apr 08	The Temptation of Jesus	Luke 4:1-13
Apr 15	Jesus Calls Philip and Nathaniel	John 1:43-51
Apr 22	Jesus Changes Water into Wine	John 2:1-11
Apr 29	Jesus Clears the Temple	John 2:13-22

Our hymns of the month are #452 for March, and #463 for April.

Sunday School is part of our children's ministry supported by the congregation. However, we do receive an offering at each Sunday School opening to remind us that all we have is a gift from God. Each year, Sunday School offerings are designated to a mission serving children. This year our offerings are being sent to Shepherd of the Hills Lutheran Church, Airdrie, for their children's programs. Offering envelopes are available from Deaconess Miriam.

**Parents! You are encouraged to attend Adult Bible Study while your children are in Sunday School. If you have children not yet Sunday School age, you are welcome to bring your little ones along to Adult study, upstairs in the Fellowship Hall, where the book of Revelation is being studied.**

## MOMS & TOTS

### Mothers of infants and toddlers . . .

We are looking at God's gift of the Ten Commandments and how they teach us to love Him and others. Join us with your young child (age newborn to 4 years old) to spend some time together with other moms in study, prayer and fellowship. We meet the first and third Thursdays of the month at 10:00 am in Room 8, just off the Fireside Room. It's a great way to make connections! Mark these dates on your calendar: **March 1<sup>st</sup> and 15<sup>th</sup> and April 5<sup>th</sup> and 19<sup>th</sup>**. See you there!



## LADIES' BIBLE STUDY

Ladies, you are invited to join us for Bible study and snacks at 7:30 pm the **second and fourth Tuesdays** of the month. We began our study of **"Christianity: The First Three Centuries"** on February 27<sup>th</sup>, but new faces are always welcome! This is a study that includes video segments by Paul Maier as well as Bible study and discussion time. Mark these dates on your calendar: **March 13<sup>th</sup> and 27<sup>th</sup> and April 10<sup>th</sup> and 24<sup>th</sup>**. We meet at Deaconess Miriam's home, 10122 Hidden Valley Dr. NW (although a different location will be chosen for the 23<sup>rd</sup>, so watch your bulletins). Please bring a small snack to share AND YOUR BIBLES!

## CHILDREN'S CHOIR

Children's choir is rehearsing regularly. Rehearsals are the second and fourth Thursdays of the month from 6:00 – 7:00 pm. It's not too late to join in! We are learning a bit about music and how to use our voices, and most of all planting God's Word in our hearts through song. Bring your child age 4-10! Please speak with Deaconess Miriam for more information or to register.



## SATURDAY KIDS BIBLE CLUB!

KIDS BIBLE CLUB will meet **Saturdays, March 3<sup>rd</sup> and April 7<sup>th</sup>** from 9:30 – 11:30 am. This year our theme is **Love in Jesus**. We are looking at the Ten Commandments as gifts from God, and how He works to help us love Him and love others. We have covered the First Table of the Commandments, which teach us how to love God, and are well into the Second Table, which teach us how to love others, beginning with parents and other authorities. If you are interested in having your children participate, please contact Deaconess Miriam to register your child age 4-10. Consider bringing a friend, or offer to volunteer!

# Board of Fellowship

## Continuing Events

### Coffee Teams

We are blessed to have the following teams provide coffee, tea and a little treat to welcome us on Sunday mornings. If you are interested in joining a team, please contact Belinda Perrin at (403) 239-9100 or [Belindaperrin@gmail.com](mailto:Belindaperrin@gmail.com)



- Team 1 Mark Kihn, Art Hanger, Alice Churney, Ron & Diane Voss and Liane Voss-Roper
- Team 2 Anni & Brad Adams, Elfrieda Stewart, Jan Geggie and Marilyn Harrison
- Team 3 Elise Glans, Vi & Otto Dusterhoft and Anne Marie Kothari
- Team 4 Pat & Lorne, Kristy & Kellen Rosenau and Lucy Oberhammer
- Team 5 Tracy & Tim Roth, Jay & Kim Anderson and Walter & Lois Zwick
- Team 6 Belinda & Dave Perrin, Herb & Jane Gurzki and Brenda Bode
- Team 7 Ingrid & Robert Kubke
- Team 8 Shirley & Carl Berdahl, Ellen Wagner and Cheryl Lemke
- Team 9 Heather Sommers, Warren Kee, Matthew Pfaff, Merv and Kareen Borgeson
- Team 10 Carol & Lloyd Sandau and Joan & Tom Copeland

### Baking for Coffee Treats



What's coffee without treats? If you enjoy baking, we would greatly appreciate treats for Sunday morning coffee. Please **label items with the date**, and put them in the upright freezer in the kitchen. We **prefer cookies and squares** instead of whole loaves as they are easier to thaw on Sunday morning. Due to allergies, please do not use peanut butter in your baking. If you have any questions, please contact Heather Sommers.

## Upcoming Events

### Lenten Soup Suppers

Join us for Lenten soup suppers at 5:30 pm. This is a wonderful opportunity to join in fellowship before the Lenten worship service. There is a sign-up sheet on the Fellowship bulletin board.

### Ukrainian Egg Decorating, March 24th

Learn Pysanky, the Ukrainian tradition of decorating eggs, from Jean Richardson on Saturday, March 24<sup>th</sup> at 1:00 pm. All wax, dyes and eggs will be supplied. There is no cost for this workshop, just bring your enthusiasm. There is a sign-up sheet on the Fellowship bulletin board.



Do you have any suggestions, questions or concerns? Contact Heather Sommers at (403) 230-2487

## Forgiveness in the Family

Take it Home!

**Sunday, March 18<sup>th</sup>, 2018 - 12:00 pm at FLC**



What would happen in your family if you regularly confessed how you have hurt each other and practiced speaking clear words of forgiveness to each other? What would that mean for your children's understanding of God's forgiveness, and for their future relationships?

Come learn and practice simple ways you can lay foundations for relationships based in God's grace. Please bring your child so you can practice together. Lunch will be provided and younger children are welcome in the session so that mom and dad can come together.

**RSVP to Deaconess Miriam at [miriam@foothillslutheran.com](mailto:miriam@foothillslutheran.com)**  
**Designed for children born in 2009 and their parents.**

## A Peek Into Our Preschool

Mid-February we suspended 2 days of classes to facilitate parent/teacher interviews. This is a valuable opportunity to build relationship between home and preschool. As a teacher, I gain new information and perspective from parents in regard to my students, enabling me to better meet their needs. I hope that the report card and interview give parents additional information and insight as well. Although communication happens throughout the year by email, phone, or in person at pick-up time, parent/teacher interviews provide opportunity to touch on more topics, can be more in depth, or can lead to further conversations. This past month, one of these conversations centered on choosing a kindergarten for next year. The parent was asking for advice in finding a kindergarten that would be the best fit for her child. A Christian school program was important to the family, but since they had more than one child it may be a problem from a cost perspective. Although some of our international families choose our preschool because they are grad students or post-grads at the University of Calgary and our location is convenient, other families choose our preschool because they are Christian and having their child attend a Christian program is very important to them. They are willing to drive a longer distance to have their child in a Christian program. We have Christian families registered from all 4 quadrants of our city.

International Christian families tend to be very committed to having their children attend Christian schools. Many of them left their country of origin because their life was difficult or even at risk because they were Christian. They came to Canada so they could raise their children in the Christian faith in a safe place. They may have left home, family, language, and culture behind. They sacrificed much to come here to protect their children.

However, protecting our children by isolation is becoming more difficult with advances in technology and the shift in North American culture. In Canadian public schools, children are no longer taught from a Christian world view. The secular world view is far reaching in that it is not only in schools and universities at every level, in books, on TV, on the internet, in museums, in new legislation, in advertising, from friends, from neighbors, from extended family members, etc. It is all around us. Although one's life is not at risk in Canada, being a Christian is not necessarily considered desirable in our changing culture. Even if a family chooses to home school or chooses to send their children to a Christian school, children will still be exposed to a world view that differs from their faith in many ways, if not now, when children still want to model their parents' values and beliefs, then later once they are older and often prefer to model their peers or professors. Canadian Christian parents, Christian schools, and Christian churches are faced with the challenge of equipping children to stand firm in their faith, share their faith, and even defend their faith since they will be exposed to secular culture in one way or another as they grow and reach adulthood. Being in the world, but not of the world is a challenging task, but we strive to ensure that children are equipped to lead a Christian life in a culture that is drifting further away from God. We need to be able to share openly, and honestly, in a meaningful way, what we believe and why when our children come to us with questions as they struggle with differing messages. Martin Luther saw this as a need 500 years ago. Reading through the Bible, we can see that it was a need even before that. If we strive to protect our children without equipping them, they will be even more vulnerable to secular messages from authoritative sources and from other people in their life.

*- Respectfully submitted by Betty Ann Chandler, FLC Preschool*

### Preschool Registration for Fall

Foothills Lutheran Christian Preschool is accepting registrations for the September 2018 - June 2019 school year. Morning classes tend to fill first. Registration packages (on blue paper) may be obtained on the table outside our preschool room (room 5 on the walkout level) or by printing them from our website at [www.preschool.foothillslutheran.com](http://www.preschool.foothillslutheran.com). Once forms are fully completed, they may be submitted to our preschool principal/teacher along with the registration fee and one month's tuition deposit to hold the child's spot. Betty Ann (i.e. Mrs. Chandler) would be happy to answer any questions or set up a time for you to visit the preschool.



# Foothills Lutheran Church Elections / Role Descriptions

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The nomination process for this year will be taking place in March. Please prayerfully consider if you or your fellow members can serve our congregation in one of these positions. Candidates for the various positions need to be finalized by May 13 for approval at our June voters meeting.

All positions are for 2-year terms (July 1, 2018 – June 30, 2020). Position descriptions and nomination forms are available on the welcome desk in the narthex.

Current openings are as follows:

Board of Elders (multiple) – male only

President – male only

Board of Church Properties

Board of Human Care Ministries

Board of Fellowship

The term for this position expires June 30, 2019:

Board of Evangelism

## ***President (open to male candidates only)***

Role description:

- Endeavour to coordinate all the functions, plans, and activities of the congregation, in pursuit of our direction/vision.
- Enforce the constitution and directions of the Voting Membership (including Statement of Direction).
- Responsible for all Boards, Committees, groups, etc., and as such ensure progress is made: Plans made, follow-up where needed, vacancies filled, issues addressed.
- Arrange and chair Parish Planning Council (PPC) Meetings (approx. 8/yr) and Voter's Meetings (approx. 3-5/yr), from the perspective of this role and the overall advancing of the congregation's ministry.

Key skills (gifts, talents):

- See what is needed for all roles.
- Ability to understand the overall 'big picture' of ministry, and how all the need to fit together.
- Communication – ability to explain directions and plans, and hold discussions, to seek that people are informed.

Time commitment: 5-10 hours per week on average.

## ***Elder (open to male candidates only)***

Role description (the Elders have subcommittees, so not all of these will be done by everyone):

- Overall, be concerned about the spiritual health of the congregation, and the welfare of every individual within the congregation.
- Some of the responsibilities listed in the constitution are now completed by others (e.g., communion cards) and Altar Guild (e.g., chancel decorations).
- For church workers:
  - Hire church workers.
  - Care for the church workers (prayer, support).
  - Provide ministry reviews (set job description, goals, review results, development, hold accountable) for church workers.
- Encourage Christian growth of all individuals, by addressing individual concerns, encouraging integration of new members, and follow-up with individuals as needed (visitations).
- Submit an annual budget and Director approves board expenses.
- Disburse the Scholarship Fund as appropriate.
- Ensure effective worship (ensure effective ushering, service styles, frequency, choir, communion distribution, etc...).
- The Director would participate in Parish Planning Council (PPC) Meetings (approx. 8/yr) and Voter's Meetings (approx. 3-5/yr), from the perspective of this role and the overall advancing of the congregation's ministry.

Key skills (gifts, talents) (the Elders have subcommittees, so not all of these will be done by everyone):

- For Director, see above comment re what is needed for all roles (except Elders who are not Director).
- An example of Christian love and conduct (regarded as a dedicated Christian).
- Human resources / staff mentorship – Able to recruit church workers. Able to provide guidance and performance management to church workers.
- Caring, supportive, encouraging – Able to encourage church workers in their duties, and able to encourage congregants in Christian growth.
- Conflict management – Able to peaceably, in a

# Foothills Lutheran Church Elections / Role Descriptions

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God pleasing, scriptural manner, help solve conflicts.

- Visitations – Able and willing to visit with people.
- Administrative – Able to put together a budget and monitor expenditures.

Time commitment: 2-4 hours per week on average.

## ***Evangelism and Public Relations***

Role description:

- Overall, be concerned for the sharing of Christ with those who are not yet disciples at Foothills, with a focus on those whom Foothills people are already connected with in some way.
- Note – others now complete some of the responsibilities listed in the constitution (eg. arranging greeters) and the Pastor (eg. following up with visitors).
- Note - board members are recruited by the Director to aid with these responsibilities.
- Encourage members to reach out to the connections, to share Christ. Encourage education in this regard.
- Arrange information for prospective disciples / visitors to Foothills (eg. information at entrance).
- Arranging advertising as appropriate.
- Submit an annual budget and Director approves board expenses.
- Participate in Parish Planning Council (PPC) Meetings (approx. 8/yr) and Voter's Meetings (approx. 3-yr), from the perspective of this role and the overall advancing of the congregation's ministry.

Key skills (gifts, talents):

- See what is needed for all roles.
- A heart for sharing Christ with those who do not yet know Him.
- Caring, supportive, encouraging – Able to encourage Foothills disciples in their abilities to reach out to others.
- Administrative – Able to put together a budget, and monitor expenditures.

Time commitment: 2-4 hours per week on average.

## ***Parish Fellowship***

Role description:

- Overall, be concerned for a warm and welcoming environment at Foothills, specifically to foster the growth of relationships (connections) between people.
- Note – others now complete some of the responsibilities listed in the constitution (eg. keep schedule of facility bookings).
- Note - board members are recruited by the Director to aid with these responsibilities.
- Arrange larger gatherings (beyond an individual small group) of the congregation, as appropriate (eg. Potlucks, Stampede breakfast, curling bonspiel).
- Arrange fellowship times (eg. coffee hour) after services.
- Be responsible for the kitchen, and ensure procedures for its use are in place, and that it is kept in good order.
- Submit an annual budget and Director approves board expenses.
- Participate in Parish Planning Council (PPC) Meetings (approx. 8/yr) and Voter's Meetings (approx. 3/yr), from the perspective of this role and the overall advancing of the congregation's ministry.

Key skills (gifts, talents):

- See what is needed for all roles.
- A heart for helping foster relationships among our members..
- Caring, supportive, encouraging – Able to encourage congregants in building relationships.
- Administrative – Able to put together a budget, and monitor expenditures.

Time commitment: 2-4 hours per week on average.

## ***Church Properties***

Role description:

- Overall, be concerned for the repair and maintenance of church properties.
- Note – others now complete some of the responsibilities listed in the constitution (eg. keep schedule of facility bookings, parking).
- Note - board members are recruited by the Director to aid with these responsibilities.

# Foothills Lutheran Church Elections / Role Descriptions

## **Church Properties Cont'd**

- Annual inventory and inspection.
- Arrange custodial care.
- Set policies and fees for facility usage.
- Ensure appropriate insurance.
- Building security and access keys.
- Special projects and urgent repair.
- Student residence, including obtaining residents and connecting them with the congregation (via subcommittee).
- Submit an annual budget and Director approves board expenses.
- Participate in Parish Planning Council (PPC) Meetings (approx. 8/yr) and Voter's Meetings (approx. 3/yr), from the perspective of this role and the overall advancing of the congregation's ministry.

### Key skills (gifts, talents):

- See what is needed for all roles.
- Handy – An understanding of maintenance matters. (Does not need to be able to do plumbing, electrical, painting, construction, etc., but needs to be able to understand and talk with people about these).
- Administrative – Able to put together a budget, and monitor expenditures.

Time commitment: 2-4 hours per week on average.

## **Human Care Ministries**

### Role description:

- Overall, be concerned for Christian caring, by helping people with human needs.
- Note - board members are recruited by the Director to aid with these responsibilities.
- Identify care needs, and arrange for care.
- Prayer chain.
- Visit those who are ill.
- Determine and coordinate external service agencies to support / participate with.
- Encourage people to serve in aiding people as noted above.
- Submit an annual budget and Director approves board expenses.
- Participate in Parish Planning Council (PPC) Meetings (approx. 8/yr) and Voter's Meetings

(approx. 3/yr), from the perspective of this role and the overall advancing of the congregation's ministry.

### Key skills (gifts, talents):

- See what is needed for all roles.
- A heart for helping others.
- Caring, supportive, encouraging – Able to encourage congregants in caring for others.
- Administrative – Able to put together a budget, and monitor expenditures.

Time commitment: 2-4 hours per week on average, with some weeks being none.

## **NOMINATION FORMS**

Nomination forms are available on the Welcome Desk. We are looking for candidates for the following open positions:

President

Elders

Evangelism & Public Relations

Parish Fellowship

Church Properties

Human Care Ministries

Completed forms can be dropped in the mail slot outside the Administrative Office door. All of our members have the privilege of nominating people. Please give prayerful, careful consideration to this and nominate people who can serve the Lord and His church.



# Family Time in Christ

At Foothills Lutheran we have recognized the important role of the family in faith development. We encourage parents in their holy task of teaching in Baptism visits, Faith at Home sessions, family activities, Family Confirmation, and through resource materials. The Lutheran Church of Australia identifies four “Cornerposts” for building faith at home: Receiving the Word, “Faith Talk” in the Home, Faith Rituals and Traditions, and Serving Others (*Grow Ministries*). We have looked at the three “Cornerposts” in previous issues, and now we have a look at the fourth.

Did you and your family participate in one of our Fifty for 50 activities last year? If so, you know what a blessing it is to serve others. Why do we serve? Serving others shows care, concern and compassion – the same care, concern and compassion that Jesus showed during His ministry. We, His people, are His hands and feet as we serve others. And in serving others, we also serve Him (Matthew 25:37-40). When we serve we invest a part of ourselves in the project or the people. We become aware of the needs of others and become more interested in them and what is happening to them. And when we serve with others, we develop community – both with those with whom we serve and with those whom we serve. Serving gives practical expression to our faith, which calls us to love even as Christ has loved us.

The challenge in our homes is to nurture a culture of service. Families who serve together in the name of Christ grow together in Him. Young people first learn how to serve at home, as they help with chores or as they help to care for younger siblings. Families can volunteer together and church or in the community. Families can decide to-

gether about donating to a charity, and then save together to make that donation a reality. Families can make themselves aware of their neighbours and what kind of help they might need (e.g. snow-shoveling, lawn-mowing, childcare, etc.) and offer that help. Debrief after engaging in service to allow each family member to express their thoughts and feelings about the activity. Pray as a family for those whom you have served.

As you do serve others, always encourage reflection on the way that Christ has served you. May He bless you as He blesses others through you!

## ***QUESTIONS KIDS ARE ASKING . . .***

Kids ask all kinds of questions. About science. About sex. About faith. And about how these all fit together. On **Saturday, April 28<sup>th</sup> at 1:30 pm** we are offering an opportunity to come together with other parents to hear what kind of questions parents are being challenged to answer, to bring questions your children and youth are asking, and to have an open discussion about what kinds of answers the world gives, and what kinds of answers we find in Scripture. Watch for a sign-up sheet and an opportunity to anonymously submit questions you are being asked. Childcare will be offered.



## ***Family Servant Events***

### **Take it Home!**

**Sunday, April 15, 2018 12:00 pm at FLC**

God uses each of us to point to Him when we love and serve our neighbor. What happens when parents and children serve others together? Come and learn how the shared experience of a simple service project can strengthen your family's bonds to each other and to Christ.

Please bring your whole family so you can participate together.

RSVP to: Deaconess Miriam    [miriam@foothillslutheran.com](mailto:miriam@foothillslutheran.com)

Designed for parents with children born in 2012.



## Board of Human Care Ministries

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During this Lenten season we seek opportunities to use this time for prayer and spiritual renewal, rather than a time of being deprived of earthly things. *Create in me a clean heart O God, and renew a right spirit within me (Psalm 51:10)*. When in the Word of our God, the Holy Spirit guides our faith and prayer to result in the care of others, serving our neighbour and family as Jesus taught us. Within your church family look for such opportunities, including:

- **Prayers for all ministry** by our church staff including prayers for Pastor Eric and his ministry at the University of Calgary. If you have the time, also consider providing a snack or lunch for about 20 students for either the Tuesday morning or Thursday afternoon. You can sign-up for this service outside of Pastor's office.
- **Prayer Vigil 2018**

We at Foothills, will be having a prayer vigil again this Easter. The goal is to have a person or group of people from the congregation **praying continually from the time our Good Friday church service ends until our early Easter service starts on Sunday**. There will be a sign-up sheet for you to select your preferred time slot(s) to help us achieve our goal. You don't even have to be in Calgary to participate as long as you remember your chosen time.

Many who participated last year found this to be an amazingly rewarding experience. Once again, the pastors will provide suggestions and aids to get you started if you feel the need. No experience needed, just the desire to talk to our Lord and Saviour!



In response to queries from some of our congregation, and for those that did not access the January Voter's meeting reports, the following is a summary of the 50 servant events that were completed under the leadership of Barb Refvik and Belinda Perrin, our official publicist. For those that desire the details of each week, please visit the Human Care bulletin board outside of the Fellowship Hall.

- donated 25 blankets to the Mustard Seed
- participated in 3 blood donor drives
- raised \$3200 for the Mustard Seed during the Coldest Night of the Year walk/run in February
- spent a day fasting with donations and prayer to Canadian Lutheran World Relief
- made over 300 meals for members over 2 days in the Helping Hands Kitchen
- donated 2 car loads (and counting) of clothing to the Dress for Success
- 9 members volunteered at the Food Bank
- took time in prayer during the Easter prayer vigil, for the U of C students taking part in Pastor Eric's Bible studies, and for our youth and students in exams and travel over December
- 15 members gathered to box fruit and vegetables at the Good Food Box
- raised \$230 for the Calgary Women's Emergency Centre selling flowers for Mother's Day
- raised \$525 for the Benevolence Fund this past summer through a bottle drive
- supported the growth and faith of 157 children over 2 weeks of Vacation Bible School
- filled 20 backpacks for young Calgary children in need
- raised \$965 for HOPEthiopia

## Board of Human Care Ministries Cont'd

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- donated more than 100 pairs of socks and underwear to the Mustard Seed for Christmas
- donated 249 gently used children's books for the Calgary Interfaith Food Bank
- raised \$380 for Habitat for Humanity through the silent auction of 5 gingerbread houses
- 8 members helped to prepare and serve meals at the Mustard Seed

Our children, preschool, and youth also exercised incredible leadership and service through:

- singing at the Manor
- taking part in the Coldest Night of the Year walk/run
- making and serving Shrove Pancake dinner with proceeds to the Kuhns work with Lutheran Bible Translators in Cameroon
- assisting in the community clean-up
- volunteering as helpers and with games for the 2 weeks of Vacation Bible School
- helping to fill and organize the 20 backpacks for distribution by the Salvation Army
- preparing and serving Taco-in-a-bag lunch in celebration of our Preschool's 15th anniversary
- taking part in the Helping Hands Kitchen meal making
- contributing to the 57 shoeboxes for Operation Christmas Child
- helping to prepare and support the Reformation Family Event at our church
- helping to build and decorate the 5 gingerbread houses
- participating in the 3 Random Acts of Kindness events
- helping to make the caroling sound good when visiting the homebound

*Respectfully submitted in His service,*

*Stacey Bablitz*

### Foothills Lutheran Church Pictorial Directory

We've had a successful run in scheduling photo sessions with IPC Canada Photo Services. Hopefully members remembered their appointment for having their pictures taken.

Still, one of our goals in putting together a pictorial directory is to include pictures of as many members as possible. Not everyone was able to book a photo appointment but there are other options available for members to submit a photograph.

1. Drop off a 4 x 6 picture of you or your family at the church office. Be sure to label it with the names of all in the picture on the backside of the photo. People who are out of town can mail it to the church.
2. If you have a digital photo of you or your family, email it to me at [t-troth@shaw.ca](mailto:t-troth@shaw.ca). It should be a minimum size of 1 Megapixel.
3. I will be taking digital pictures with my camera after Sunday worship services on March 11th and 18th.

Tim Roth

# Harold Ziprick Tribute: His Life and Times

Oct. 4, 1926 Inglis, Manitoba to Jan. 10, 2018 Calgary, Alberta

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My biggest dilemma when I first met Harold Ziprick was whether to treat him as an ex-farmer or an ex-minister. He was fine with either, and comfortable as both.

In case you didn't know, it was Reverend Harold Ziprick. He became a minister in the Lutheran Church in the later 1960s, learned sign language and lip-reading, and then served the deaf people in Calgary for decades. In retirement, he was a "subtle" preacher, standing back to listen or advise "one-on-one," but rarely taking to the pulpit. He would still find his spots to "minister."

In fact, this last summer at the Foothills Lutheran Church Stampede Breakfast, Rev. Harold took the time to "sign" the whole church service to a deaf fellow. Nobody asked him, but duty called, and on his own, he did what was needed. Afterwards, I caught up to him with a few of my young non-church buddies. He quickly taught us the sign language phrase: "God Loves Me."

As an ex-farmer, he loved the occasional trip to the antique farm machinery show at Pioneer Acres at Irricana. He knew the farm machinery brands, and certainly the stories about each. His stories often began with "We had a neighbour at Inglis . . ." and then delve into a humorous or educational vignette.

A few years ago, I got him high up into the cab of the largest 4-wheel drive tractor John Deere had ever built. This green monster touted 650 horse-power on eight wheels – or about 15 times the amount of power Harold's original farm tractor offered in the late 1940s. Harold couldn't stop talking about it – if only I could have gotten a hold on the key and powered up that huge machine.

Like many children, who grew up in the Great Depression of the 1930s, Harold learned life lessons from that terrible time: work hard, spend money carefully, and save a few dollars, just in case. He never spoke much about those desperate times. I believe he chose to forget about them rather than dwell upon them.

And actually, that seemed to be Harold's attitude generally – be upbeat and positive. Bad times will come and go. He often gave me and others encouragement – or as he said, "a verbal 'kick in the pants.'" His advice included maxims like "but you can't control that," or "you'll be okay in the end."

Harold's other sayings were memorable, but never with malice: "That crazy yard bird," "He's a bit of a yoyo," and

of course, "That guy is crackerjack." I've borrowed his "crackerjack" comment on occasion. The other ones I just can't deliver with the tone and emphasis that he did.

Yesterday, I called my Uncle Ernie Marshall who farmed near the Zipricks east of Inglis. He remembers Harold as a straight-forward kind fellow who worked hard. "He married the daughter of the Watkins salesman," Uncle remembered.

Harold Ziprick believed that marrying Loleta "Lollie" Litzenberger in 1950 was the best event in his life. He didn't call it luck or chance either. He believed God guided him throughout his life. God sending Lollie his way was God's greatest blessing for Harold along life's way. She, and his Christian faith, was two great things he always praised generously but humbly. Lollie was his Christian partner in all things.

I also phoned Laverne Hautz, the previous Pastor here at Foothills. Laverne says Harold was the stellar leader of the Silver Saints seniors group here for years. "He did everything," Pastor Hautz recalls. "He organized, he led the prayers, and he was welcoming and gracious." In some ways, Harold was a mentor, he added.

My final call went to my mother, Ida (nee Freier) who sat in front of Harold Ziprick in Grade 2 in the Hudson School. They attended the same school until Grade 8. Their families' farmlands were adjacent. Mom said they might have had more in common, however, "We were Evangelical Lutherans and the Zipricks were Missouri Synod Lutherans." "Always a good guy. He never made trouble," she said.

You can imagine that a man of age 91 has many memories. Harold often told of he and Lollie's decision to "pull up stakes" with their Inglis farm, and with four small children (Brenda, Hugh, David, and Bruce), and head to the Lutheran Seminary in Milwaukee, Wisconsin, in 1967. Courageous? Risky? Trusting God? Their decision was all of those.

Harold once mentioned to me that he never worked so hard in his life in those Milwaukee days with a part-time job, the demands of a family, and his pastoral studies. He and Lollie made it through and settled in the Montgomery area of Calgary with the Lutheran Church to the Deaf.

In his retirement years, I believe Harold worked to "catch-up" on family times that he may have missed out on due

to the demands of his “church” family. He’d always come back home with a good story about a Conklin fishing trip, a chicken-processing weekend at Vegreville, or just the restful almost annual month-long vacation on Vancouver Island in spring. He embraced his family, loved his grandchildren, and took an interest in their lives – without passing judgement (too harshly) or interfering.

Harold also had time for others. I called him from a political campaign office in Jan., 2004. We needed a wall-mounted coat-rack and the flutter valve was leaking in the toilet. Who are you going to call? I chose Harold. He came by the Stephen Harper Leadership Campaign office the next day, bringing a replacement valve. In short order, he had things ship-shape. “Crackerjack,” I’d say.

As we say good-bye to Harold today – faithful friend, caring grandfather, doting great-grandfather, dedicated

father, and loving husband – we have to heed his own advice on funerals. “Funerals are to comfort the living,” he told me once. “The dead person is gone.”

Our loving Saviour mercifully called Harold home on Wednesday. We shall miss Harold in many ways. We shall think of him often. And we will continue to thank our Lord and Saviour for blessing us with him for all these years.

*by Mark Kihn (Foothills Lutheran Church member & friend) Jan 12, 2018*

## LWML-C

### Comfort Dolls

The comfort dolls that Deaconess Miriam took with her on the Cameroon trip were very well received by the children. In Miriam’s words, “They were a HIT!”

### Bible Study

Every first Saturday of the month we host a Bible Study at 9:30am. The study coincides with the Men’s Breakfast and the Kids Bible Club, so the whole family can attend. The current theme for our studies is *Women of the Bible*, led by Brenda Bode. We hope to welcome you there.

### Upcoming Events

The annual *St. Patrick’s Day Tea at the Manor* will be held on **March 16<sup>th</sup>**. We plan to share treats, a sing along and some fellowship with the Manor residents. For more information watch the upcoming church bulletins.

Our Society will host the *South Alberta Spring Rally* on **Saturday, May 26, 2018** with guest speakers that have lots of hands-on information regarding the theme of the rally – *SPARKED BY THE WORD, SENT TO THE WORLD*. Mark your calendar – Everyone is welcome!

### Monthly Meetings

We meet on the fourth Monday of the month and love to welcome guests and new members!

### Upcoming Meetings

March 26 and April 23 at noon. Bring your own lunch and enjoy some fellowship.

12:30 – 1:15 Business meeting

1:15 – 2:30 Luther and the Reformation; DVD followed by discussion.

Our monthly hostesses will provide some coffee and treats.



## Noteworthy

### MISSIONS OF THE MONTH

#### March: Canadian Lutheran World Relief

Our Mission of the Month funds for March will go to Canadian Lutheran World Relief (CLWR). Through community relief efforts, emergency relief, and the “We Care” programme, CLWR seeks to meet the needs of those in crisis around the world. They provide food and physical support, as well as training in life-skills for developing countries.

#### April: Our LCC Seminaries

Jesus bids us to “pray earnestly to the Lord of the harvest to send out labourers into his harvest” (Matthew 9:38, ESV). We help support that work by our support of the seminaries. Your gift to this Mission of the Month helps in the training and preparation of those who will be labourers in His harvest field.

### A FEW JOYFUL NOTES FROM THE CHOIR!



What a great start we’ve had for the new year – Some steadfast members have returned and now we have some new voices also. If you would like to help us make a joyful noise, please join us Wednesdays at 7:30 in the choir loft. Easter is now our focus. We also have a selection of men’s pieces coming up and always welcome more male voices. JOIN US!! For more info, please contact Christine Heumann.

### UPCOMING VOTER’S MEETING:

April 22nd following a light lunch after service. Mark it on your calendars and plan to attend.



### FAMILY EASTER EGG-DECORATING

Parents - bring your children to the church on **Holy Saturday, March 31<sup>st</sup>, from 10:00 am to 11:15 am** to decorate Easter eggs together. We’ll have some fun decorating, followed by special egg hunt and a short devotion. Bring boiled eggs that you would like to decorate, and we’ll have some eggs to decorate for the church’s Easter breakfast. Decorating materials will be provided.

**Please let us know by March 26<sup>th</sup> if you are planning to come!**

[miriam@foothillslutheran.com](mailto:miriam@foothillslutheran.com)

### Harold Ziprick Memorialized in “The Lutheran Hour” Broadcasts *(by Mark Kihn)*

I don’t know that the late Harold Ziprick would have thought the publicity necessary, but he is being remembered with the sponsorship of five “The Lutheran Hour” broadcasts on AM 1140 Radio, High River. You can hear the half-hour broadcasts @ 8 a.m. every Sunday.

Harold passed away on Jan. 10, 2018 from lung failure. He was 91. Well-known in the Foothills congregation, and throughout Calgary Lutheran circles, Harold was a former Lutheran Church Minister to the Deaf in our city. Here at Foothills, he served many roles: Elder, Bible Study leader, Silver Saints organizer, confirmation class substitute teacher, fill-in Vacation Pastor on Sunday morning, and faithful member.

In all, more 20 church families made modest contributions to The Lutheran Hour organization, The Lutheran

Layman’s League, to financially sponsor the broadcasts. Each broadcast costs \$260 to air on High River radio.

The sponsored broadcasts began on Feb. 18, and will continue monthly: March 18, April 22, May 20 and June 24. Each broadcast ends with the local announcer reading a line to the effect this broadcast was sponsored by the Friends of Harold Ziprick, who passed into eternal glory on Jan. 10. “The Lutheran Hour would like to thank these sponsor for their expression of love towards their Lord and Saviour Jesus Christ.”

The sponsorship effort was especially timely since February was our Foothills Lutheran “Mission of the Month.” Their motto is “Bringing Christ to the Nations – and the Nations to Christ.” Further information is available on their website: [www.lhm.org](http://www.lhm.org)



## Cameroon Mission Trip

Thanks in part to the generosity of Foothills Lutheran congregation, a team from Alberta travelled to Cameroon in January 2018 to help host a retreat in N'gaoundaba for LBT West Africa Missionaries, and to help complete a library building connected with the Lutheran school in Galim. There will be a presentation following worship on Sunday, March 11<sup>th</sup>, and one at Silver Saints on Wednesday, March 14<sup>th</sup>, but a brief description of what we did follows.



Our first project was to finance and plan a retreat for LBT West Africa Missionaries. The retreat was 5 days and 40 people, including our 7-person team, attended. These missionaries are quite isolated and it had been many years since they had been able to get together for a retreat. Rev. Dr. Glenn Schaeffer led the group in a Bible Study of 1 Peter and worship, and divided daily worship responsibilities with Rev. Dr. James Keller, LBT-C Executive Director. The rest of the team came prepared to offer the children of the missionary families a VBS type program while the parents were in sessions. We had the children for most of the day, providing music, two Bible lessons each day, crafts, and games. There were also some spur-of-the-moment soccer games before supper. The missionaries and their families were very grateful for the opportunity to come together for Bible Study, worship and fellowship. Feedback received from one missionary stated, *"Before the retreat I was feeling spiritually dry and parched. The rigors of our work and the difficulties inherent in our context had taken a toll on me and I knew that I needed some help. To extend the analogy, the retreat was like 5 days of soaking rain for my spirit. To be able to leave my kids with trusted and energetic volunteers while I worshiped, studied, conversed, and played with my colleagues was a wonderful gift. As I return to my work, I do so feeling refreshed and ready for the challenges before me."* What a privilege to serve our overseas workers in this way!



When the retreat was finished, the team (with the exception of Rev. Dr. Schaeffer) headed to Galim to see where our LBT missionary, Mike Kuhn and his family live and work. Funds had been raised to build a library next to the Lutheran School in that community and we were able to see the progress that had been made on completing the building. There was some work left for us to help with and we had the building ready for its opening and dedication on January 24, 2018. The school is growing in attendance (120 children are currently registered) and the library will help to finance the cost of running the school. Galim is in a predominately Muslim region and how wonderful it is that God's Word can be proclaimed to the children attending this school. King of Kings Lutheran Church, Spruce View District, was active in fundraising for this project and LWML, the ABC District, and other local congregation and individuals also contributed so that this project could be completed.

Thanks be to God for safe travel, that the team stayed healthy and was able to complete its work, and most of all for the work of our missionaries in West Africa!

Deaconess Miriam Winstanley

### Refugee Family Donations

The Circuit sponsored family will soon arrive in Calgary! As the generosity of the Foothills Lutheran congregation continues, a storage locker has been leased to collect donations of furniture, clothing, and household items – the location is Sentinel Storage, 410 Manning Road N.E. Starting 03 March and every Saturday thereafter, the locker can be manned from 13h00 to 16h00 to receive donation deliveries. This arrangement will be by **appointment only**; please contact Theo Dillenberg at 403.971.0950 or Cathy Weger at 403.225-1168 to coordinate receipt of your donations. While donations will be accepted with heartfelt gratitude, it is requested that items be in good repair, clean and appropriate for a young family.

With thanks,  
Jan Geggie, Chair - Calgary Circuit LCC Refugee Sponsorship Committee