## FOOTHILLS LUTHERAN CHURCH

## March / April

2019



Dear Friends in Christ Jesus:

The season of Epiphany has always been considered a time of "evangelism", as we see the Babe of Bethlehem revealed to us as both true God and true man. In the coming of the Wise Men, we are assured that the Gospel is for all people. That is why there is an evangelistic 'slant' to Epiphany.

We have the great and glorious privilege of reaching out with the Good News of Jesus. Yet there are times when we may think that we aren't doing it the right way, especially when we see some churches growing, while ours seems somewhat stagnant. We may want to be like others, and forget the precious heritage that is ours in the Gospel and in the Word of God.

While reading the January 2019 issue of *The Lutheran Witness*, I came across this article entitled, *Lutheran and Unashamed*. I felt it was worthy of sharing with you. The article by Matthew J. Garnett encourages us to continue with the truth we have to share. (You may want to borrow the copy from the library—and also read President Matthew Harrison's article, *Let's Be Who We Are*.)

God's blessings to you!

Pastor Bode

**I wasn't born a Lutheran.** Far from it. I wasn't even raised as a Christian. At the time when I was first introduced to the Lutheran articulation of the faith. I was at best agnostic toward any notion of God.

Before joining the LCMS, I spent the better part of 10 years as an ordained Evangelical pastor, eventually ending up on the leadership at a megachurch. Eventually, the pressure of feeling like I had to put on an entertaining, high-energy church service so people would "decide to be saved" got the best of me. I abandoned my career as a pastor and my church wholesale. The next 10 years were wasted chasing the morally libertine "save-the-world" social gospel of mainline Protestantism—all while experimenting in the occult and flirting with atheism on the side.

At last, tired, confused and despairing, I gave up on faith all together.

In His great goodness, however, God did not allow me to remain lost. He pursues all of us, wishing none to perish but to come to repentance (2 PETER 3:9), and the way He pursued me was through faithful, traditional, orthodox, Missouri Synod Lutherans. The Holy Spirit brought my family back into the fold of Christ's Church, not through pop-Evangelical worship or mainline social justice, but through the time-tested theological rigour and tradition of the Lutheran faith as outlined both in Holy Scripture and in the Lutheran Confessions.

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Now, as a person who has dabbled in just about every form of American religion and has finally found his home in the Lutheran faith, I hold to the truth that whenever we as Lutherans talk together about outreach and evangelism, we do so in a way that is unashamedly Lutheran. Here are three reasons why.

For someone like me who has committed grievous sins — including abandoning the faith — hearing the Gospel anew from Lutheran preachers passionate about the promises of God kindled a new spark of hope and faith in me. I recall a pastor preaching, "God's promises are *for you*—even you — who are sitting there thinking, "God can't possibly forgive me." What I heard was nothing especially novel. It was simply the timeless Word of Christ for me that God had patiently prepared my ears and heart to receive from the mouth of a faithful pastor.

In the Evangelical world, the Gospel was something to be shared with non-believers to get them to "make a decision" for Jesus. It wasn't something we heard as Good News for ourselves as believers. Sunday in and Sunday out, I preached to my people that we were to "preach the Gospel" to our neighbours by crafting perfect marriages, raising perfect children and living selfless, holy lives. We needed to keep up appearances in order to "be a witness" to those around us. For us, the "Gospel" was a job to be done, with our mouths and, especially, with our lives. It was command, not promise.

When the pure Gospel message—"that while we were still sinners, Christ died for us" (Rom. 5:8) —began to sink in by the power of the Holy Spirit through His Word, everything changed for me.

Perhaps what was most surprising to me was that, as the Gospel took hold, I began to love God's Law. Before I hated it. Absent from the proper preaching of the Gospel—and the Sacraments—the Law becomes a kill-joy standard which no one can live up to. But as I encountered right preaching about God's promises, my confidence as an adopted son of the Most High soared, and I found myself set free to genuinely love God and my neighbour.

Now that I had to earn God's favour neither for myself nor for others, I found myself with a lot of spare time and energy to serve my neighbour and God out of genuine love. I still do a lot of the things I did when I was an Evangelical—live a chaste life, strive to be a good employee, aim for faithfulness in personal prayer and Bible study, etc. — but now I do them out of thankfulness and not because I'm somehow trying to earn the Gospel for myself or for my neighbours. To be fair, "we love because God first loved us" (1 JOHN 4:19) isn't an entirely foreign concept in the Evangelical world. Yet this truth is often clouded by constant calls to be a "soul winner." Lutherans are able to keep it crystal clear by preaching Law and Gospel in accord with Holy Scripture and our confessions.

When I was an Evangelical pastor, I always struggled to incorporate solid, biblical teaching into a worship service. Our mind set was that the service needed first and foremost to be entertaining and relevant to the current culture; only if we felt confident we could grab and hold people's attention did we try to teach them biblical truths. Unfortunately, Scripture was all too often overshadowed by our attempts to be "relevant." What teaches the best, I've since discovered, is not "entertainment" or "relevance," but solid, biblical content backed by ancient practice. Here, I cannot give abetter example than my wife, Jennifer.

Jen is a newly baptized believer. She was baptized about three years ago. As we were both former Evangelicals, I was nervous about bringing her with me to a liturgical Lutheran church. I thought only a contemporary rock show-style church service would appeal or make sense to her. As it turns out, that was far from the case. What made sense to her—and to my teenaged children, too, by the way—were the traditions.

Jen and the children are always asking, "What does that part of the service mean? Why do we bow low when we say that part of the Creed? Why do we say the Creed?" The idea that there is time-tested theological *meaning* behind every word and action in the service is refreshing to them. Far from turning Jen and the kids off to the faith, the liturgy has become an invaluable teaching tool, communicating God's promises to us in Christ.

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## **Children & Family Ministry**

#### SUNDAY SCHOOL

"How sweet are your words to my taste, sweeter than honey to my mouth!" Psalm 119:103

As we come into March and April we are following Jesus through Holy Week, and learning about the extent of His love for us as He suffers, dies, and rises again. We will learn just how many witnesses He appeared to following His Resurrection, and what all of this means to us.

We meet Sunday mornings at 9:00 am in the Sanctuary for our opening, after which children are dismissed to their classes. Their class time will end by 10:05 so that families have time to prepare for worship.

Parents! You are encouraged to attend Adult Bible Study while your children are in Sunday School. If you have children not yet Sunday School age, you are welcome to bring your little ones along to Adult study, upstairs in the Fellowship Hall.

Our lessons for March and April are:

Mar 03	Peter Denies Jesus	Mark 14:26-72
Mar 10	The Passion of Christ	Matthew 27:11–66
Mar 17	The Resurrection of Jesus	Matthew 28:1–10
Mar 24	The Empty Tomb	John 20:1-18
Mar 31	Jesus Appears on the Emmaus Road	Luke 24:13–35
Apr 07	Jesus Appears to Thomas	John 20:19-31
Apr 14	Jesus Appears in Galilee	John 21:1–19
Apr 21	Easter Sunday— No Lesson please join us for Easter Breakfast!	
Apr 28	Jesus Ascends into Heaven	Acts 1:1–11; Luke 24:44–53

Sunday School Hymn of the Month

March 422 April 461 Sunday School is part of our children's ministry and is supported by the congregation. We do, however, receive an offering at each Sunday School opening to remind us that all we have is a gift from God. Each year, Sunday School offerings are designated to a mission serving children. This year once again our offerings are being sent to Shepherd of the Hills Lutheran Church, Airdrie, for their children's programs. Offering envelopes are available from Deaconess Miriam.

#### **MOMS & TOTS**

### Mothers of infants and toddlers ...

Moms and their children not yet in school are invited to join us for a short Bible



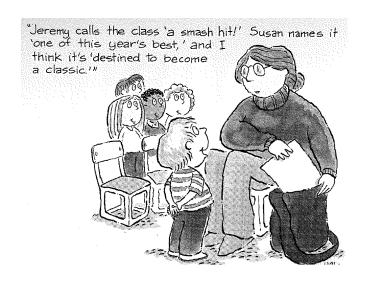
study, prayer and fellowship the first and third Thursdays of the month, from 9:30-11:00 am. It's a great way to make new friends. Mark your calendars for March 7<sup>th</sup> and 21<sup>st</sup>, and April 4<sup>th</sup> and 18<sup>th</sup>. Our current study is entitled "The Beauty of Holiness".

# Women's Bible Study

## LADIES' BIBLE STUDY

Ladies, we typically meet for Bible study and snacks at 7:30 pm the second and fourth Tuesdays of the month. On **March** 

12<sup>th</sup> and 26<sup>th</sup> we will continue our look at the minor prophet Amos. In April we will begin a new study, yet to be chosen, meeting April 9<sup>th</sup> and 23<sup>rd</sup>. Please contact Deaconess Miriam for her address. Bring a small snack to share AND YOUR BIBLES!



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In the Evangelical world, the "sacraments" I gave to my people were things like "decisions for Christ" and "accountability groups" — public actions intended to help people follow the teachings of Holy Scripture and live according to God's will. Although these intentions weren't bad in themselves, they tended to strip our sacraments" of any real spiritual significance. The Lord's Supper was celebrated informally, and only rarely. Baptism took place eventually, if at all.

I never knew how hungry I was for the true Means of Grace until that hunger finally began to be satisfied. Before, I feared missing a church service because my accountability partners might call me out. Now, the reason we don't miss is because we believe that the Lord's body and blood is there for the forgiveness of our sins. The Sacraments of Holy Baptism and the Altar, together with regular Confession and Absolution, have become critical and indispensable to our faith. My old "sacraments" were all Law. Now I can see that the Sacraments are saturated with God's promises to us. Through them, we receive tangible gifts that we can smell, taste, touch, see and hear, bound together with God's Word — gifts that both refresh our faith and embolden us toward obedience.

Our family's experience may not sound like a typical "come-to-Jesus" story (believe me, I know all about those), but it's better than typical. Ifs true.

Pastors, workers, leaders, fellow Lutherans: When you think about outreach and evangelism, think of me. Think of my family. And don't be afraid to be Lutheran. Be authentic. Be faithful. Share the Gospel using the tools that God has given you: Law and Gospel, liturgy, Word and Sacraments. His Word will not return to Him empty (Is. 55:11).

As my pastor, the Rev. Dr. David Petersen, is fond of saying, "The angels in heaven aren't wringing their hands and fretting about those who are not yet saved. They're not. They are rejoicing over those who are already saved." As churches minister with those who are being saved clearly in view, they'll find that their outreach and evangelism have a more genuine, longer-lasting effect.

The payoff might not come quickly or easily — in fact, you may never see it. Please be faithful anyway. My pastors were, and I am eternally grateful.

Matthew J. Garnett (The Lutheran Witness, January 2019)

#### Behold the Man!

The sacred season of Lent is once again upon us. The word Lent comes from a word that means "spring" and in a real sense, this time of preparation for Easter truly is a springtime for the soul. Once again, we invite you to make this a most meaningful spiritual 40 day period in your life.

We will do that together as we "Behold the man!" this Lententide and Easter Sunday. Behold the man, God in human flesh, Jesus. His incarnation will provide the basis for our meditation and proclamation on His Passion. And His real bodily suffering and death will provide the basis for our full-throated proclamation on Easter morning of a bodily resurrection, not just of Jesus but also for His saints.

We will fix our eyes and our preaching on the man Jesus, contemplating the inescapable fact—indeed the most important fact in the course of human history—that God became man. The Second Person of the eternal triune God, whom we confess in the Nicene Creed as "God of God, Light of light, very God of very God…of one substance with the Father, by whom all things were made," became a living, breathing, flesh-and-blood human being, a man.

We will again join with Lutheran Church of the Good Shepherd and Prince of Peace Lutheran Church in a 'pulpit exchange'. Services are at 6:30 pm, beginning on March 6<sup>th</sup>, with soup suppers at 5:30 pm, starting the following week. We truly hope you will join us for these services!

March 6<sup>th</sup>—A God Who Hungers

March 13<sup>th</sup>—A God Who Prays (Pastor Dressler)

March 20<sup>th</sup>—A God Beaten (Pastor Bode)

March 20<sup>th</sup>—A God Beaten (Pastor Bode)

April 10<sup>th</sup>—A God Who Thirsts (Vicar Mark Rekken)

## **Family & Children Ministry**

## BIBLE READING BUDDY CHALLENGE FOR ALL AGES!

The season of Lent begins in less than three weeks. It's a great time to take up new habits – especially habits around God's Word.

Children, youth and adults, we challenge you to a find a Bible reading buddy, and together with that buddy commit to reading a portion of Scripture or a devotional resource that includes a Scripture reading every day for the 40 days of Lent (see the Pastors or Deaconess Miriam for resources if you need help).

Your buddy might be a member of your family, a member of Foothills, or a friend who is not a member. Keep in touch with your buddy for accountability and encouragement, and to discuss what you've read and grow in faith together. Start looking for your buddy now! Look for the sign-up sheet on the Board of Education Bulletin Board.

#### CHILDREN'S CHOIR



Over the next several months we will be practicing music which we will be presenting at Foothills Lutheran Manor later in the spring. We look forward also to singing

during a worship service sometime after Easter. We meet the second and fourth Thursdays of the month from 6:00 – 7:00 pm in the Fireside Room. Bring your children age 4-10 to spend some time in song. Even though we have been rehearsing together for a few months, there is always room for more voices. We meet to learn a bit about music, learn how to use our voices, and most of all plant God's Word in our hearts through song. Please speak with Deaconess Miriam for more information or to register.

### SATURDAY KIDS BIBLE CLUB!

Our next monthly KIDS BIBLE CLUB dates are Saturday, March 2<sup>nd</sup> and Saturday, April 6<sup>th</sup>, from 9:30 am to 11:30 am, continuing with our theme *God's Great Gifts: Life to Eternal Life.* If you are interested in having your children join us for singing, a Bible lesson, crafts and games, please contact Deaconess Miriam to register your child age 4-10 years. Bring a friend, or offer to volunteer!

#### MARRIED COUPLES OF ALL AGES

We want to encourage you in your life together! We're looking for feedback on the possibility of running either a marriage retreat (a few days away with other married couples that includes devotional time, learning time, and time with your spouse), or a marriage course run over a few Saturdays here in Calgary. If either of these possibilities would be of interest to you, please contact Deaconess Miriam or either of the Pastors.

## It's Just a Legend, But...

One day a poor peddler from a town called Cyrene went to the marketplace to sell a basket of eggs. He came upon a crowd mocking a man who staggered with a heavy cross on which he was about to be crucified. The peddler ran to his aid, leaving the basket by the roadside. When he returned, he found the eggs transformed into exquisite designs of bright colours. The man was Christ; the peddler, Simon. And the eggs were to become a symbol of rebirth for all mankind.

### FAMILY EASTER EGG-DECORATING

Parents - bring your children to the church on Holy Saturday, April 20<sup>th</sup>, from 10:00 am to 11:15 am to decorate Easter eggs together. We'll have some fun decorating, followed by special egg hunt and a short devotion. Bring boiled eggs that you would like to decorate, and we'll have some eggs to decorate for the church's Easter breakfast. Decorating materials will be provided.

Please let us know by April 15<sup>th</sup> if you are planning to come! 403-284-1342 miriam@foothillslutheran.com



## A Peek Into Our Preschool

This past month, I took the children into the sanctuary after reading a picture book about things that they could see in God's house. Some children have their own church home. It may have a steeple or the baptismal font may look a little different, but it is God's house too. Usually one of our pastors has a children's message upstairs in the sanctuary with both the morning and afternoon classes every other week throughout the school year. However, the day, we came on our own, we had an opportunity to look and hear about some things the children might have noticed on their visits to the sanctuary, but we haven't talked about much yet. For example, we looked inside the books in the pew, which we usually don't touch. One of the boys could read the words, "Holy Bible" on the cover of one of the books. The other book had music in it. We looked around to see what might play music. Some of the children shared that they had a piano in their home too. We looked in the baptismal font. We saw crosses on it. The children then tried to find more crosses. They had noticed the large cross on the wall above the altar, of course, but there were so many more crosses on the windows, on the banners, on the furniture, and all around the room. Perhaps when you are in church on a Sunday morning, you could look around to see how many crosses you can see. We found about 20, but then again, we did not count all the crosses on each hymnal and depending on what banners are on the wall, the number could vary. We talk about using our best manners in church like keeping our shoes off the furniture just like they do at their house. Every child reported that they did not put their shoes on the furniture at their house either. We have talked this past month about how we hear how God loves us when we go to His house and we can also tell God that we love Him too. We can do that at preschool or at home, or anywhere we go. God can hear us any time we talk to Him, but we will learn about that more in our next Christian Studies unit on prayer.



#### PRESCHOOL REGISTRATION

FLC Preschool is a licensed, half-day program that facilitates the cognitive, physical, creative, spiritual, social, and emotional development of 3 and 4 year old children utilizing a Christian world view. Both our experienced teacher and teaching assistant are members of FLC, have first aid training, and are government certified. Children have fun with friends, laugh and learn, paint and paste, pray and play, slide and sing. Our four year old students receive a free screening from a speech/language pathologist and an occupational therapist. FLC Preschool is not only a ministry to 3 and 4 year old children in our own church family, but a Christian education opportunity for other Christians in our city, an outreach ministry to internationals in university family housing, and an outreach to neighborhoods surrounding our church location. We are a member of the Southern Alberta Preschool Teachers Association and the Lutheran Teachers Association. Our preschool is approved to accept families who qualify for government tuition subsidy. Registrations for the 2019/2020 school year are now being accepted. Forms are available on our website at www.preschool.foothillslutheran.com or the table outside our classroom. school@foothillslutheran.com or call Betty Ann at 403-284-1360 for further information.



Building Friendships at Preschool

## **Board of Fellowship**

#### **PAST EVENTS**

## Love Feast Pot Blessing - February 17, 2019

To celebrate the most magnificent gift that God gave His people, a Pot Blessing was held after service. There was a great variety of dishes to share and some wonderful helpers with clean-up. God has truly blessed Foothills with His love.

#### **CONTINUING EVENTS**

#### **Coffee Teams**

We are blessed to have the following teams provide coffee, tea and a little treat to welcome us on Sunday mornings. If you are interested in joining a team, please contact Belinda Perrin at (403) 239-9100 or Belindaperrin@gmail.com



- Team 1 Mark Kihn, Art Hanger, Kim Harvey, Alice Churney, Ron & Diane Voss and Liane Voss-Roper
- Team 2 Anni & Brad Adams, Elfrieda Stewart, Jan Geggie, Marilyn Harrison and Kathy Hilland
- Team 3 Elise Glans, Vi & Otto Dusterhoft and Anne Marie Kothari
- Team 4 Pat & Lorne Rosenau, Kristy & Kellen Rosenau and Lucy Oberhammer
- Team 5 Tracy & Tim Roth and John & Diane Voss
- Team 6 Belinda & Dave Perrin, Herb & Jane Gurski and Brenda Bode
- Team 7 Ingrid Kubke and Robert Kubke
- Team 8 Shirley & Carl Berdahl, Ellen Wagner and Cheryl Lemke
- Team 9 Heather Sommers, Warren Kee, Merv and Kareen Borgeson
- Team 10 Carol & Lloyd Sandau, Joan & Tom Copeland and Bob & Elsie Will

### **Baking Treats for Sunday Coffee**

What's coffee without treats? If you enjoy baking, we would greatly appreciate treats for Sunday morning coffee. Please **label items with the date**, and put them in the upright freezer in the kitchen. We **prefer cookies and squares** instead of whole loaves as they are easier to thaw on Sunday morning. Due to allergies, please do not use peanut butter in your baking. If you have any questions, please contact Heather Sommers.

#### **UPCOMING EVENTS**

**Lenten Soup Suppers:** Join us for soup suppers starting at 5:30. This is a wonderful opportunity to feed your body and then feed your soul with a Lenten worship service in preparation for Easter Sunday which is April 21st this year. There is a sign-up sheet on the Fellowship bulletin board.

**Ukrainian Egg Decorating (Pysanky):** If you missed the Pysanky workshop with Jean Richardson, contact Heather Sommers at (403) 829-2366 if you are interested in attending. All wax, dyes, and eggs will be supplied.

**Perogy Bee:** It's PEROGY BEE time again!!! We will be making perogies on **Saturday, March 9th**, starting at 9:00am. A sign-up sheet is posted on the bulletin board by the Fellowship Hall. Please include your email, as this is how you will be contacted with instructions on what you need to bring that morning. We have a blast, meet new people, and make tasty perogies to bring home. Please extend the invitation to others, and remember to include them on the sign-up sheet as well. If you have any questions, please contact Kelly Dueck @ kel.frog@shaw.ca. Hope to see your pinching fingers there!!

## **Silver Saints**

## Valentine's Party with Silver Saints

On Wednesday February 13, a loving group of Silver Saints met for cake and chocolates and coffee and a Valentine's party.

Anni and Brad Adams hosted .. and yes, they have been married for 46.5 years, ... and Brad is her first (and only) husband!

We began by considering "Agape Love as described in the Bible."

Four kinds of love are described in the Bible-

'eros' for sensual or romantic love;

'philia' for brotherly love or friendship;

'storge' for love between family members

and 'Agape' the selfless, sacrificial, unconditional love; that is "For God so love the world, that he gave his only Son, that whoever believes in Him should not perish but have eternal life" John 3:16.

We then considered a Valentine's Day quiz where we found out that Finland celebrates a Friendship Day on Feb. 14 and that three real Canadian towns with postmarks include Love Saskatchewan, Cupids Newfoundland, and Saint-Valentin, Quebec.

The highlight of the Valentine's party was the "Do You Know Your Mate?" game. Thank you to the four couples who played along - Marion and Eldon Ohlinger, Vi and Otto Dusterhoft, Cheryl and Phil Lemke and Maria and Herman Seifert. Wives and husbands answered questions independently; however their answers had to match. For example, the husbands answered questions about their wife's favourite ice cream flavour was and what makes her cranky. Wives answered questions about their husband's best feature and who controls the remote control.

It was a spirited game and... in the end the youngest couple, Cheryl and Phil won the chocolate heart.



Back Row L-R: Anni Adams, Eldon Ohlinger, Otto Dusterhoft, Phil Lemke, Herman Seifert

Front Row L-R: Marian Ohlinger, Vi Dusterhoft, Cheryl Lemke, Maria Seifert

## Mission of the Month

#### MARCH: Canadian Lutheran World Relief

Our Mission of the Month funds for March will go to Canadian Lutheran World Relief (CLWR). Through community relief efforts, emergency relief, and the "We Care" programme, CLWR seeks to meet the needs of those in crisis around the world. They provide food and physical support, as well as training in life-skills for developing countries.

### **APRIL: Our LCC Seminaries**

Jesus bids us to "pray earnestly to the Lord of the harvest to send out labourers into his harvest" (Matthew 9:38, ESV). We help support that work by our support of the seminaries. Your gift to this Mission of the Month helps in the training and preparation of those who will be labourers in His harvest field.

## **Family Time in Christ**

#### Getting into the Word

Lent is coming up, and we've issued a Bible Reading Buddy challenge to our members for the 40 days in this season. We'd like members of all ages to participate. In many cases, reading buddies will be found in your own family. How can parents engage your children in the Word? Some of these ideas have come from a Concordia Publishing House blog post. Find some great articles at <a href="https://blog.cph.org/">https://blog.cph.org/</a>.

Sing. When we sing God's Word it seeps into our memories and into our hearts. What if you think you can't sing? I say "think you can't" because everyone can sing. You don't have to rely on your own voice, though. Our Sunday School children receive CD's every quarter that have a number of Bible Word songs on them, and we have other resources that can help you teach your child to sing God's Word. You can take our hymnal, *Lutheran Service Book*, choose a song, and find it on youtube. It won't take long before your family is singing the first verse together. Try it with "Jesus, Remember Me", LSB #767!

**Read.** Choose a devotional resource suitable for you to share together. Sunday School children will receive a Lenten devotion resource, complete with stickers, as an encouragement to be in the Word. We have a variety of devotional books for young children, and you can subscribe to resources such as *My Devotions* for your 8-12 year olds. If you have older children you might decide to use the Lutheran Hour Ministries Lenten devotions, available on the welcome desk or online at <a href="https://www.lhm.org/dailydevotions">https://www.lhm.org/dailydevotions</a>. You can have them emailed to you daily, and can even listen to them rather than read them. There will always be a Scripture passage on which the devotion is based.

## Write it on your wall (or whiteboard, or window).

Look ahead at your devotions for the week and choose a simple Scripture verse to memorize together. Even your non-readers will catch on with some repetition. Put it on a whiteboard, in a place you can see from the table. Or use erasable window markers to write it on the window. (Just kidding about the wall). Plant that verse in your family's heart.

#### Share

Take time on a Sunday afternoon to write notecards with Scripture passages, enough for the whole family. You might use the theme verse for your daily devotions, a verse from a Psalm, or a verse you have learned over the past weeks. Have family members surprise each other by tucking them in lunch kits, backpacks, books, or other places where they will be found and appreciated.

Don't forget to sign up for the Lenten Bible Challenge!

## **Beatitudes for the Home Family**

Blessed is the home where God is present and where the spirit of Christ rules.



Blessed is the home where children are welcomed and given their rightful place.

Blessed is the home hallowed by devotion, where father, mother, and children regularly pray together and worship together.

Blessed is the home where each puts the other's happiness first.

Blessed is the home where all show their love in ways that mean the most to those they love.

Blessed is the home where each seeks to bring out the best in the other and to show his own best self at all times.

Blessed is the home where all have learned to face their daily problems in a Christian spirit and to disagree without being disagreeable.

Blessed is the home where children grow up and grownups do not act like children.

Blessed is the home having the assurance of the heavenly home.

Upcoming Voters Meeting: April 7<sup>th</sup> following a light lunch after service. Mark it on your calendars and plan to attend.

## Youth Group (LFY)

Youth group, or LYF (Lutheran Youth at Foothills), is for youth in grades 7 to 12, and usually meets every other Friday from 7 to 10 pm. Bring your friends!

We also meet every Sunday during the school year at 9 am for Bible study in the youth room (except for long weekends).

The youth leaders are Pastor Eric and Kayla, and Trevor and Michelle Heumann, with help from Deaconess Miriam. Talk to any of us if you have questions!

Stay connected with youth news by joining the youth Snapchat (talk to Kayla or Michelle to join), giving Pastor Eric your email address, or joining the Facebook group!

## www.facebook.com/groups/foothillslutheranyouth/

New for 2019! We're launching a youth group waiver and registration form! This will help us have emergency contact info and other important info easily accessible. Parents will get an email from Pastor Eric with the forms attached, and they'll be available on the youth bulletin board.

## **March 1: Wacky Olympics**

We'll be at the church from 7 to 10 pm. Bring a friend!

## March 5: Shrove Tuesday Pancake Fundraiser

Pancakes will be served from 5:30 to 6:30 pm. Come at 4pm, or as early as possible, to help set up and cook. You'll get to eat dinner, and help clean up, too! If you're coming to the NYG, but absolutely cannot help with this fundraiser, please speak with Pastor Eric ASAP.

#### March 15-16: Lock-In

We'll be at the church from 7pm on Friday to 11 am on Saturday. Bring your sleepover stuff! RSVP by March 10 so we can get groceries for breakfast.

#### **April 1: NYG Registration Deadline**

If you're planning to come to the National Youth Gathering from July 5 to 9, you need to have your registration form in to Pastor Eric on or before this date!

### **April 12: Incredibles 2 Movie Night**

Meet at the church from 7 to 10 pm for popcorn and a movie and discussion!

### **April 26: Swimming**

Save these dates: May 10/11, May 24, June 7, and June 21!

## May 26: NYG Meeting

If you're registered for the National Youth Gathering, plan to come to lunch after church to talk about the final details. If you're coming to the NYG, but absolutely cannot be at this meeting, please speak with Pastor Eric ASAP.







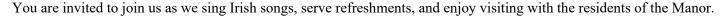


## **LWMLC**

## Saint Patrick's Tea at Foothills Lutheran Manor—Friday, March 15th 2:00 p.m.

When Irish eyes are smiling, sure it's like a morn in spring,

In the lilt of Irish laughter, you can hear the angels sing ....





## ABC District Convention—June 20th—22nd

Yahoo! Registration is now open!

Round up your friends and join us for the 32<sup>nd</sup> ABC District Convention at The Best Western Premier Calgary Plaza Hotel and Conference Centre.

Our theme: "Serve with Gladness in Purpose and Spirit". "Then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind." (Philippians 2:2)

We're welcoming ladies from throughout Alberta and British Columbia with our famous Stampede hospitality. For more information, mosey on over to our bulletin board by the kitchen entrance and check out the details. You may also talk to me or contact me by e-mail: <a href="mailto:cheryl.lemke@shaw.ca">cheryl.lemke@shaw.ca</a> or by phone: (403) 851-2049 (home) or (403) 660-3887 (cell).

Why attend a convention?

- √ Fellowship with other Christian women
- √ Renew old friendships and develop new ones
- √ *Listen to inspiring speakers*
- √ Personal growth through Bible Study
- √ Delicious meals! With a bonus no cooking or clean up!
- √ Time away from the busyness of life



#### Foothills Society Monthly Business Meetings and Bible Studies

Monday, March 25 and Monday, April 29 Noon – 2:30 p.m.

## **Foothills Saturday Morning Ladies Bible Studies**

March 2 and April 6 9:30 a.m.

Brenda Bode continues to lead participants in their study of women in the Bible.

All ladies are welcome at all events and activities!

Cheryl Lemke

President, Foothills LWMLC Society