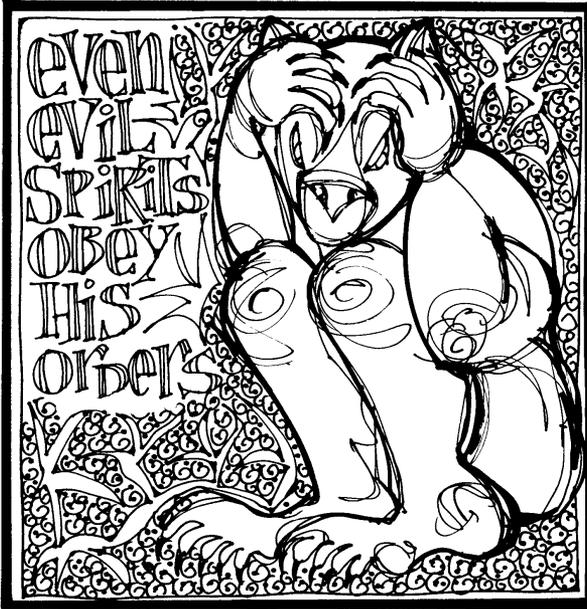


Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com

“Connecting People with Christ through Worship, Relationships & Service”



MARK 1:27

Fifth Sunday after the Epiphany

February 7, 2021

Senior Pastor: David Bode

(flcpastor@foothillslutheran.com)

Associate Pastor: Eric Moffett

(flcpastoreric@foothillslutheran.com)

DPS: Deaconess Miriam Winstanley

(miriam@foothillslutheran.com)

Office Administrator: Carol Kehler

(office@foothillslutheran.com)

Pastor Emeritus: Eldon Ohlinger

A Prayer Upon Entering: We look to You for help and healing, O Lord. Be with all those who are in need at this time. Lift them up and restore them so that they may continue to serve You wholeheartedly.

Gracious Savior, bless us with Your tender touch of mercy.

OUR WORSHIP TODAY

ORDER OF SERVICE: Divine Service 1, p. 151

HYMNS: 790; 803; 684; 919

FIRST LESSON:..... Isaiah 40:21-31

EPISTLE LESSON: 1 Corinthians 9:16-27

GOSPEL LESSON: Mark 1:29-39

SERMON: *Typecast* - Mark 1:29-39

WELCOME to all members and visitors with us this morning. Jesus told His followers to go and make disciples, and we exist here to carry out that task, by baptizing and teaching the Word of God. We invite you to worship with us again. Please sign our guest book at the back of the church before you leave.

WE CELEBRATE HOLY COMMUNION TODAY, in which our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service. Anyone is welcome to come to the Altar for a blessing, please simply cross your arms across your chest and we will know how to respond.

IN OUR PRAYERS THIS WEEK:

In Hospital:

Homebound:

For Special Intercession:

Family Focus:

LAST WEEK AT FLC

Week of:	Attendance/Communion/Online	Wednesday/Online
January 31	45/41/57	9/11

SERVING IN GOD'S HOUSE TODAY:

Organist..... Deaconess Miriam Winstanley
 Cantors Mark Kihn; Ellen Wagner
 Acolyte Eliza Voss

OUR STEWARDSHIP OF GOD'S GIFTS

Weekly Offering Needs	\$8,173.08*	Our Budget Goal
Operating Receipts Received Last Week	\$5,031.00	
Total Operating Receipts Received to Date	\$28,761.00	+/- YTD
Total Offerings Needed to Date	\$40,865.38	-\$12,104.38

Miscellaneous Offerings: LWML 120.00; Initial Offering 15.00.

THE LUTHERAN HOUR: (February 7) “Stories Around the Table”. Dr. Michael Zeigler shares a story about people who had more in common than they thought (Mark 6-8). Hear this inspirational message on CHRB 1140 AM at 8:00 am Sunday morning. Streaming audio and podcasts at www.lutheranhour.ca

THIS WEEK AT FOOTHILLS

Tues 10:00 am Bible Study – contact Pastor Bode
 7:30 pm Ladies Bible Study – contact Deaconess Miriam
Wed 1:15 pm Ladies Bible Study – contact Deaconess Miriam
 6:30 pm Worship
Sun 10:15 am Worship

- *Worship services are in-person and at [Facebook.com/foothillslutheran](https://www.facebook.com/foothillslutheran)*
- *Online registration is accessed at <https://reopen.church/r/aTJSxeNQ>*
- *Bible studies and meetings are via Zoom*

SUNDAY SCHOOL: “A Telling Truth” is the Bible lesson for this week. With the sound of a rushing wind and tongues of fire, the promised Holy Spirit descends on the disciples. As they speak “in other tongues” (Acts 2:4), their hearers, from a multitude of nations, hear about “the mighty works of God” (v. 11) in their own languages. Beginning with Old Testament prophecies, Peter’s sermon proclaims Jesus, the promised Messiah. Discuss, “How did Pentecost change the Church forever?”

WE EXTEND OUR CHRISTIAN SYMPATHY and the glorious hope of the resurrection to the Felzien family at the death of Ernest Earl (Ernie) Felzien. We pray that God would comfort this family with His everlasting love.

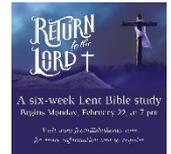


THE FLOWERS which beautify our altar this month are given to the glory of God by Robert and Christine Heumann in remembrance of Rick Bennetts who passed away suddenly one year ago.

MISSION OF THE MONTH: LUTHERAN HOUR MINISTRIES

Lutheran Hour Ministries is a trusted resource in global media that equips and engages a vibrant volunteer base to passionately proclaim the Gospel to more than 125 million people worldwide each week. Through its North American headquarters and ministry centers on six continents, LHM reaches into more than 50 countries, often bringing Christ to places where no other Christian evangelistic organizations are present. LHM's flagship ministry, **The Lutheran Hour®**, airs weekly on more than 1,800 radio stations and the American Forces Network.

RETURN TO THE LORD: A LENT BIBLE STUDY: All members and friends of Foothills Lutheran Church are invited to join in a six-week study on Mondays at 7pm during Lent. The study will **begin on February 22 and continue through March 29**. It will be held on Zoom, but will also be recorded and available later through our website. For more information and to register, visit www.foothillslutheran.com. *"Return to the LORD your God, for He is gracious and merciful, slow to anger, and abounding in steadfast love."* (Joel 2:13)



HOSPITAL VISITOR TRAINING & COMMUNICATION SKILLS: Would you like to learn about becoming a Trained Visitor in a hospital or care facility setting and at the same time enhance your communication skills? Join us for an initial Visitor Training Session, sponsored by Lutheran Hospital Ministries-Southern Alberta Society. The class will be held on **Saturday, February 13**, from 10 a.m. to 2 p.m. We plan to meet in the basement of St. Matthew Lutheran Church, 66-7th St. NE Calgary (D.V.). Bring a bag lunch. We will have room to social distance. Please have a mask. The class provides opportunity to learn and to practice visitation skills. There is no charge. Please contact Pastor Mark Rekken at 780-718-4472 or mrekken@princeofpeace.ca for more information.



MISSION PRAYER: **Rev. Bun Phanna** serves the community of Phnom Penh specifically as a director of theological education at The Luther Institute Southeast Asia.

Prayer: Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Rev. Phanna, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**

FEBRUARY IS STEWARDSHIP MONTH: Stewardship is about giving of our time, talents and treasures to God out of thankfulness for all he has done for us. In February we will be focusing on Stewardship and reminding each of us of our duty to give back of our time, talents and treasures. When we examine our lives, we have many blessings to be thankful for and it is out of this thankfulness that we should cheerfully give back to the Lord of our time, talents and treasures.

In February you will be seeing information that is focused on Stewardship and we ask each member to personally examine how you can give back to your Lord. At the end of the month we will ask all members to fill out a Time and Talents questionnaire which will help us to use the talents of our members in the various volunteer opportunities and roles in the congregation.

SPREAD THE LOVE OF JESUS THROUGH DISTRIBUTION OF HOMEMADE VALENTINES: If you are interested in creating a valentine for a shut-in or another member of our congregation who may be in need of a cheerful message, please contact the church office. This initiative is sponsored by the ladies of Foothills LWML-C Society, with our special thanks to the staff for orchestrating it!

FOR SALE: Want to motivate your children to exercise and to burn off energy while inside? Here's a solution. Maxine Abraham has a good used ping pong table for sale. It worked well in that regard for her 3 sons in the '70s and '80s. It comes complete with the accessories. She's asking for \$110 with proceeds going towards the organ fund. She can help with transportation. Ph. 403-274-5696.

TAX RECEIPTS FOR 2020 are available in your mailbox. We will leave them in the mailboxes for 2 weeks but will mail them out by the end of the month. If you would like your receipt mailed sooner, please contact the church office.

VOLUNTEERS NEEDED TO RUN AV EQUIPMENT: We have a need for use of the talents of our members to run audiovisual equipment on Sunday mornings. We are planning on buying some new software and hardware that will improve our delivery of online services. There is a definite need in our congregation for this upgrade to improve the quality of our online services, however, there is no point in buying the equipment if we don't have people to run it. It is not complicated equipment and if you can run a video camera or computer you will be able to run this system. Please contact Dale Dusterhofs at 403 803 8854 if you have any skills in this area.



LENTEN DEVOTIONS FROM LUTHERAN HOUR

MINISTRIES: Following the narrative of Mark's Gospel, *The Marks of Love* explores the life and ministry of Jesus. In *The Marks of Love*, we meet a Savior who endured life's hardships, suffered our pain, and bore the weight of our sins. Each left its mark on Him

as He pressed on to the cross, giving His life for ours, appeasing God's wrath against sin, and rising victorious over sin, death, and the devil.

You can get Lutheran Hour devotions in your email or read online: To subscribe, go to <https://www.lhm.org/newsroom/canada.asp>. Printed copies are available on the Welcome Desk.

REGISTER FOR WORSHIP: While we all look to the day when we won't have to deal with all the COVID protocols, we still do require registration for worship, which at present is limited to 49 people. Registration keeps us from having to turn anyone away and allows us to make the best use of the space that we have available. Online registration is accessed at <https://reopen.church/r/aTJSxeNQ>.

No internet? Call the office by noon on Friday to register for the Sunday service. For Wednesday registration, please call / go online by Tuesday noon. If you need to cancel, you can do this online. If you have any difficulties, please call the office.

TWICE YEARLY CONCORDIA LUTHERAN SEMINARY offers a free course for anyone who is interested. The Winter Quest course will feature LCMS theologian Rev. Dr. Jeff Kloha, Chief Curator at the Bible Museum in Washington D.C., who will cover this important history: From Manuscript to Modern Translations... including a virtual tour of the museum. The course begins Tuesday, March 2, 2021 and runs until March 23rd. Full details were in Foot Print, but can also be found on the seminary website. Contact Joshua Timm at aassist@concordiasem.ab.ca or 780-474-1468 to register and for information on how to connect.

“Love the Lord, your God” and “love your neighbor as yourself” are the most-repeated passages in the Bible. They have been memorized, copied, recited, translated, and lived out for over 3000 years. But how was that passage—indeed the entire Bible—handed down to us? These sessions will describe the fascinating journey of the Bible, from prophets and apostles to manuscripts and modern translations. Featured will be manuscripts and artifacts from the collections and exhibits of Museum of the Bible in Washington DC.



Caring Conversations



Share your highs and lows of the day, or respond to the following questions:

1

When do you feel close to God?

2

Mark 1:35 tells us that Jesus went off to a quiet place to pray. When do you pray? Where do you pray? What do you pray about?

3

Share about a time when you felt or experienced God answering your prayers.



Devotions



Daily Bible Readings

S	Mark 1:29-39	Jesus heals many people
M	Isaiah 40:21-31	The Lord gives strength
T	1 Corinthians 9:16-23	The rights of an apostle
W	Isaiah 35:3-10	God is coming to heal you
T	Matthew 8:5-17	Jesus heals in Capernaum
F	Luke 6:12-19	Jesus spends a night in prayer
S	Psalm 147	Praise the Lord
S	Mark 9:2-9	The transfiguration of Jesus

Discuss the bible reading. What word or phrase was important to you as you read these verses?

Rituals and Traditions



PRAYER

Lord, please give us strength when we are weak, and lift us up when we are tired.
Amen.

BLESSING

May the Lord give you strength.



Jesus brings us to
God's healing.

Creative Response

Christian people are praying people.

There are many traditions we can introduce into our homes to remind us to pray and to help make prayer a routine part of our lives. Here are some ideas:

Pray in silence to meditate on God's presence and assurance.

Pray to God about your disappointments.

Pray for people to receive the gospel.

Have a prayer whiteboard, where household members can jot down prayer requests during the week for others to see.

Make up a photo display of people you wish to pray for regularly.

Start a household prayer journal, in which to record prayer points and answers to prayer.

Display well-known prayers on your walls e.g. the Lord's Prayer.

mealtime prayer

Lord, you set people free, you heal the sick, and you feed the hungry. We give you thanks and praise. Amen.

verse for the week

Those who trust
in the Lord will
find new strength.
They will soar
high on wings
like eagles. They
will run and not
grow weary. They
will walk and not
faint.

ISAIAH 40:30-31

Service



Caring for the sick
is a special way
of showing Jesus'
love. Plan to visit
or contact a sick
friend or relative
this next week.
Bring their needs
to Jesus in prayer
throughout the
week.