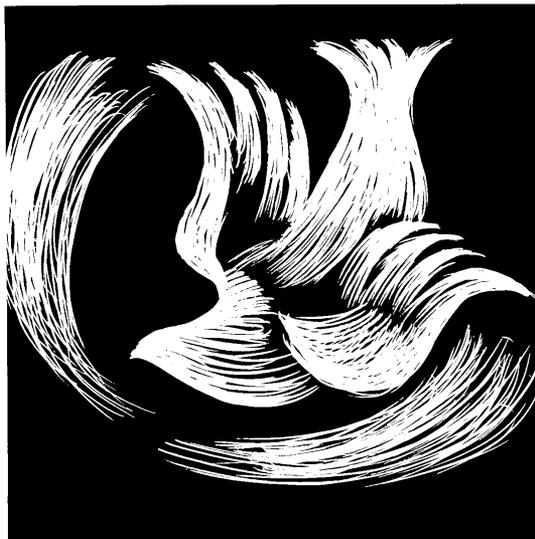


# Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 [www.foothillslutheran.com](http://www.foothillslutheran.com)

*“Connecting People with Christ through Worship, Relationships & Service”*



HE SAW THE HEAVENS  
OPEN AND THE HOLY  
SPIRIT DESCENDING  
ON HIM.

M A R K 1 : 1 0

## *First Sunday in Lent* *February 21, 2021*

**Senior Pastor:** David Bode  
([flcpastor@foothillslutheran.com](mailto:flcpastor@foothillslutheran.com))

**Associate Pastor:** Eric Moffett  
([flcpastoreric@foothillslutheran.com](mailto:flcpastoreric@foothillslutheran.com))

**DPS:** Deaconess Miriam Winstanley  
([miriam@foothillslutheran.com](mailto:miriam@foothillslutheran.com))

**Office Administrator:** Carol Kehler  
([office@foothillslutheran.com](mailto:office@foothillslutheran.com))

**Pastor Emeritus:** Eldon Ohlinger

**A Prayer Upon Entering:** During these 40 days of Lent, O Lord, we are reminded of the way You saved Noah and the way You saved us by Your death on the cross. May these reminders of Your salvation now carry us through our trials and temptations, and lead us to repentance and renewal.

*Savior from sin, reveal to us Your plan for our survival.*

**OUR WORSHIP TODAY**

**ORDER OF SERVICE:** Divine Service, Setting 4..... p. 203

**HYMNS:** ..... 809; 547; 718

**FIRST LESSON:**..... Genesis 22:1-18

**EPISTLE LESSON:** ..... James 1:12-18

**GOSPEL LESSON:** ..... Mark 1:9-15

**SERMON:** The Lord *Does* Provide! – Genesis 22:13-14

**WELCOME** to all members and visitors with us this morning. Jesus told His followers to go and make disciples, and we exist here to carry out that task, by baptizing and teaching the Word of God. We invite you to worship with us again. Please sign our guest book at the back of the church before you leave.

**WE CELEBRATE HOLY COMMUNION TODAY**, in which our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service. Anyone is welcome to come to the Altar for a blessing, please simply cross your arms across your chest and we will know how to respond.

**IN OUR PRAYERS THIS WEEK:**

***In Hospital:***

***Homebound:***

***For Special Intercession:***

***Family Focus:***

**LAST WEEK AT FLC**

<b>Week of:</b>	<b>Attendance//Online</b>	<b>Wednesday/Communion/Online</b>
February 14	45/61	20/18/20

**SERVING IN GOD'S HOUSE TODAY:**

Organist..... Deaconess Miriam Winstanley  
 Cantors .....Tim and Sarah Knudtson

**OUR STEWARDSHIP OF GOD'S GIFTS**

Weekly Offering Needs	\$8,784.62	<b>Our Budget Goal</b>
Envelope Gifts Received Last Week	\$4,560.00	
Envelope Gifts Received to Date	\$38,915.00	<b>+/- YTD</b>
<b>Total Offerings Needed to Date</b>	\$61,492.31	

**Miscellaneous Offerings:** Visitor Offering 200.00; LWML 30.00; Organ Fund 200.00.

**SUNDAY SCHOOL:** This week, students will study "A Servant Speaks." The Twelve select Stephen as one of the first seven deacons in the Early Church. Synagogue leaders twist Stephen's words, falsely accusing him of blasphemy. Stephen's testimony before the high priest recalls Israel's rejection of God's promise and their rejection of Jesus, the promised Savior. When Stephen says he sees a vision of Jesus standing at the right hand of God, the enraged officials cast Stephen out of the city and stone him. As a family, consider discussing, "How does the death of Stephen affect the other believers?"

**THE LUTHERAN HOUR: (February 21) Where a Kid Can Be a Kid".**

Speaker: Rev. Dr. Michael Zeigler. An impossible situation need not be a hopeless one. (Mark 10) Hear this inspirational message on CHRB 1140 AM at 8:00 am Sunday morning. Streaming audio and podcasts at [www.lutheranhour.ca](http://www.lutheranhour.ca)

**THIS WEEK AT FOOTHILLS**

<b>Mon</b>	1:00 pm	LWML-C Meeting – contact Cheryl Lemke
	7:00 pm	Lenten Bible Study – contact Pastor Bode
<b>Tues</b>	10:00 am	Bible Study – contact Pastor Bode
	7:30 pm	Ladies Bible Study – contact Deaconess Miriam
<b>Wed</b>	1:15 pm	Ladies Bible Study – contact Deaconess Miriam
	6:30 pm	Lenten Worship
<b>Sun</b>	10:15 am	Worship

- *Worship services are in-person and at [Facebook.com/foothillslutheran](https://www.facebook.com/foothillslutheran)*
- *Online registration is accessed at <https://rsvp.church/r/aTJSxeNQ>*
- *Bible studies and meetings are via Zoom*

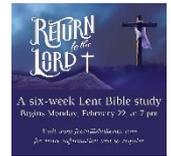
## **MISSION OF THE MONTH: LUTHERAN HOUR MINISTRIES**

Lutheran Hour Ministries is a trusted resource in global media that equips and engages a vibrant volunteer base to passionately proclaim the Gospel to more than 125 million people worldwide each week. Through its North American headquarters and ministry centers on six continents, LHM reaches into more than 50 countries, often bringing Christ to places where no other Christian evangelistic organizations are present. LHM's flagship ministry, **The Lutheran Hour®**, airs weekly on more than 1,800 radio stations and the American Forces Network.

**THE FLOWERS** which beautify our altar this month are given to the glory of God by Robert and Christine Heumann in remembrance of Rick Bennetts.

**AT OUR VOTERS' MEETING** we adopted the budget for 2021. After much discussion, we arrived at a total budget of \$508,378.00 and the need for offering receipts of \$456,800. While the budget is down from last year, additional income from parking and parsonage rental, as well as preschool tuition is less or not available. We believe God empowers us to do great things for the good of His people and for the sake of the Gospel in the world. May He help us to be faithful stewards, even in these sometimes confusing and difficult times.

**RETURN TO THE LORD: A LENT BIBLE STUDY:** All members and friends of Foothills Lutheran Church are invited to join in a six-week study on Mondays at 7pm during Lent. The study will **begin tomorrow, February 22 and continue through March 29**. It will be held on Zoom, but will also be recorded and available later through our website. For more information and to register, visit [www.foothillslutheran.com](http://www.foothillslutheran.com). *"Return to the LORD your God, for He is gracious and merciful, slow to anger, and abounding in steadfast love."* (Joel 2:13)



**MISSION PRAYER:** **Rev. Carlos Manel Amador** is the missionary pastor serving in the community of Villa Nueva, Nicaragua. **Prayer:** Heavenly Father, as Your Son sent forth His Church to make disciples of all nations, we lift up before You Rev. Amador, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**

**LENTEN DEVOTIONS FROM LUTHERAN HOUR MINISTRIES:** *The Marks of Love* explores the life and ministry of Jesus. Here we meet a Saviour who endured life's hardships, suffered our pain, and bore the weight of our sins. Each left its mark on Him as He pressed on to the cross, giving His life for ours, appeasing God's wrath against sin, and rising victorious over sin, death, and the devil. Printed copies are also available on the Welcome Desk.

You can get Lutheran Hour devotions in your email or read online: To subscribe, go to <https://www.lhm.org/newsroom/canada.asp>.

***LWMLC FOOTHILLS SOCIETY MEETING MONDAY:*** All ladies are welcome! We will meet at 1:00 by ZOOM. We begin with Bible Study followed by a short business meeting. If you would like to participate, please e-mail Cheryl Lemke at [cheryl.lemke@shaw.ca](mailto:cheryl.lemke@shaw.ca) or phone her at (403) 851-2049.

***AT LUTHERAN HOSPITAL MINISTRIES-SOUTHERN ALBERTA SOCIETY (LHM-SAS)*** our mission is to: "Bring Jesus' healing and promise of salvation to Lutherans who are in hospitals or care facilities, and their families."

During these times of Covid-19 visiting our people in the hospitals and care centres has been difficult. As a result, many of our people have experienced increased loneliness in these circumstances. There are still options to be cared for in the hospital even during Covid-19.

- In "end of life" scenarios, clergy are permitted into AHS hospitals for prayers and communion. (Permission may vary depending on the hospital unit. Pastor and parishioner should communicate with one another a time to visit and then clear it with the charge nurse of the patient's unit.)
- AHS has "virtual visiting" available for those in the hospital. LHM-SAS is happy to provide visits and care for your people in such situations. However, the patient needs to request such a visit from the hospital staff.

If you have any questions please email Pastor Mark Rekken at [pastor@princeofpeace.ca](mailto:pastor@princeofpeace.ca), or call him at 780-718-4472.

*Of course, your pastors provide the same care to you. If you are in the hospital, please let the office know.*

***STEWARDSHIP OF OUR TIME AND TALENTS:*** During the month of February, we will be focusing on the Stewardship of our time, talents and treasures. One aspect of stewardship is the giving of our time back to God in thankfulness for all he has done for us. Each of us has been given 1440 minutes per day, of which we are awake for approximately 900 minutes. If we were to tithe our awake time, this would mean that we should spend about 90 minutes a day in Prayer, Bible Study, Worship or serving others. In today's world with all the pulls on our time, it is difficult to carve out an hour and a half each day focusing on time spent with our Lord or in Christian service to others. Not all of us can free up 90 minutes every day, however, this is a good goal to strive for and at a minimum, it reminds us that we should carve out some time each day for prayer and Bible study. God asks us to spend time praying and studying His word every day. During these difficult Covid-19 times we will find great comfort and peace from prayer and meditation of the Word. We will also find fulfillment in spending time in Christian Service to others. By carving out time for God in our days, we will give back to our Lord and we will be reminded of the great Gift He gave to us. That being the gift of his Son who redeemed us from our sins by his death on the Cross.



Another aspect of Stewardship is using our talents and gifts to further God's work in our church and within the community. We have each been given gifts and God has asked us to use our gifts in service to Him. In 1 Peter 4:10-11 it says, *"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. <sup>11</sup>If anyone speaks, they should do so as one who speaks the very words of God. If anyone serves, they should do so with the strength God provides, so that in all things God may be praised through Jesus Christ. To him be the glory and the power for ever and ever. Amen."*

We each have talents and we should be using them to glorify God out of thankfulness for all he has done for us. Your talents can be used in various ways. Some of us may have talents that can be used within our church. Our church is primarily run by volunteers. We have Pastors and Church workers who shepherd us and provide for our spiritual needs; however, many volunteers are required to do the work within our congregation and to further our outreach programs in the community. If you have talents that can be used within our church, then we ask you to volunteer for a role in our congregation that make use of these talents. Some of you may have talents that can be used for outreach to our community, either through our congregation's outreach programs or through other Christian outreach initiatives. There are numerous volunteer opportunities that will allow you to use your talents in service to others outside of our congregation.

To help us make the best use of the talents of our members, we ask that each member of our congregation fill out a time and talents survey to determine what your gifts are, and how you can best use these gifts in service to our Lord. We will use the information from these surveys to match the gifts of our members with the needs of the congregation and to find volunteers for our Christian community initiatives. Our congregation cannot survive without engaged active members who are willing to use their gifts as volunteers. We thank all of you who are currently working or have worked in the past on a committee, board or initiative of our congregation. We also encourage those of you who are not currently volunteering to get involved.

Every member of a household should fill out a time and talents worksheet. They will be in your mailboxes, emailed to those who are in contact with the church through email, and also available through an online survey service. If none of these work for you, please contact the church office if you require a form and we can make one available for you.



## Growing FAITH at home

21 February 2021

FIRST SUNDAY  
IN LENT

### Caring Conversations

Share your highs and lows of the day, or respond to the following questions:

1

What is temptation? Share about a time when you felt tempted.

2

Jesus spent 40 days in the desert, where he was tempted by Satan. What do you think it was like for Jesus to spend that time alone in the desert?

3

How did Jesus fight Satan's temptations? How does God help us when we are tempted?

### Devotions



#### Daily Bible Readings

<b>S</b>	Mark 1:9-15	The temptation of Jesus
<b>M</b>	Genesis 9:8-17	God's promise to Noah
<b>T</b>	1 Peter 3:18-22	Suffering for doing right
<b>W</b>	Matthew 4:1-11	Jesus' temptation
<b>T</b>	Jeremiah 31:31-34	A new covenant
<b>F</b>	1 Corinthians 10:1-13	God will provide a way out
<b>S</b>	Psalms 25:1-10	Prayer for guidance
<b>S</b>	Mark 8:31-38	Jesus predicts his death

Discuss the bible reading. What word or phrase was important to you as you read these verses?

### Rituals and Traditions



#### PRAYER

Lord, we worship you; God, we trust in you. We put our hope in you all day long. Amen.

#### BLESSING

May God help you when you are tempted, and lead you along his good path.

Lent is a time to say "No" to sin and "Yes" to Jesus

## Creative Response

Lent is a time to simplify our lives as a way to enjoy God's steadfast love and faithfulness.

Prayer, fasting, and almsgiving are traditional Lenten practices.

Consider some of the following faith practices to become part of your daily routine:

- Pray daily and include the Lord's Prayer.
- Read the Bible regularly.
- Sit in silence for prayer and meditation.
- Eat meals with others and include a mealtime prayer.
- Fast by eating smaller portions or simpler foods.
- Nurture relationships by spending time together.
- Listen to others as you engage in conversations.
- Give a donation of time and/or money to a service organisation.
- Commit to daily acts of kindness.

### mealtime prayer

For food in a world where many walk in hunger;  
for faith in a world where many walk in fear;  
for friends in a world where many walk alone -  
we give you thanks, O Lord. Amen.

verse for the week

The kingdom  
of God is near!  
Repent of your sins  
and believe the  
Good News!

MARK 1:15

## Service



Make a "crown of thorns wreath" to serve as a home devotional feature.

Make or purchase a grapevine wreath to use as the base.

Insert six purple candles, one for each remaining week of Lent, and a white candle to represent Christ.

Light one candle for this next week, two candles for the week after, and so on.

Begin Holy Week (on Palm Sunday) with all of the candles lit, then extinguish one candle each night thereafter.

Light the Christ candle as you celebrate Jesus' resurrection on Easter Sunday.



growMinistries  
LIFE AND HOPE IN A WORLD OF DARKNESS

