

Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com

“Connecting People with Christ through Worship, Relationships & Service”



I AM
The Bread of Life

J O H N 6 : 3 5

Tenth Sunday after Pentecost

August 1, 2021

Senior Pastor: David Bode
(flcpastor@foothillslutheran.com)

Associate Pastor: Eric Moffett
(flcpastoreric@foothillslutheran.com)

DPS: Deaconess Miriam Winstanley
(miriam@foothillslutheran.com)

Office Administrator: Carol Kehler
(office@foothillslutheran.com)

Pastor Emeritus: Eldon Ohlinger

A Prayer Upon Entering: O Christ, our Bread of Life, nourish us and fulfill us with Your Word. Satisfy our desire to be near You by gracing us with Your presence. And enrich us through Your holy sacrament of bread and wine, which are Your body and blood.

Life-giving Savior, fill us with Your goodness.

OUR WORSHIP TODAY

ORDER OF SERVICE: Divine Service 1, p. 151

HYMNS:807; 857; 918; 618; 636; 644

FIRST LESSON:.....Exodus 16:2-15

EPISTLE LESSON:Ephesians 4:1-16

GOSPEL LESSON: John 6:22-35

SERMON: *Blessed – To Build Up One Another* (Ephesians 4:11-16)

WELCOME: We gather to rejoice this day in the goodness of the Lord! We invite you to join us in our songs of praise, our words of love, our prayers, and as we listen to the Word of God. May God bless your worship here today and fill your life with His love as you go through this coming week!

WE CELEBRATE HOLY COMMUNION TODAY, as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

To help us with registration, please sign the list on the table and the stand in the narthex. One family member and the number of attending is helpful.

SERVING IN GOD'S HOUSE TODAY:

Music..... Deaconess Miriam
Ushers.....Heather Sommers; Bruce Winstanley

THIS WEEK AT FOOTHILLS

Mon.		<i>Heritage Day – Office Closed</i>
Tues.	7:30 pm	Ladies Bible Study – contact Deaconess Miriam
Wed.	6:30 pm	Midweek Worship
Sun.	10:15 am	Worship

LAST WEEK AT FLC

Week of	Attendance/Online/Communion	Wed./Online/Comm.
July 25	91/26/73	14/6/14

IN OUR PRAYERS THIS WEEK:

In Hospital:

Homebound:

For Special Intercession:

Family Focus:

OUR STEWARDSHIP OF GOD'S GIFTS

Weekly Offering Needs	\$8,784.62	Our Budget Goal
Envelope Gifts Received Last Week	\$3,695.00	
Envelope Gifts Received to Date	\$213,219.00	+/- YTD
Total Offerings Needed to Date	\$263,538.46	-\$50,319.46

Miscellaneous Offerings: Plate Offering 6.25; Visitor Offering 200.00; Facility Rentals 630.00; Canadian Lutheran Bible Translators 20.00.

THE LUTHERAN HOUR: "Blowing in the Wind" Speaker Emeritus of The Lutheran Hour: "Archives August" begins with a classic message from Pastor Ken Klaus in which he contrasts popularly held urban legends with the unchanging truth of God's Word. (Ephesians 4:11-16). Hear this inspirational message on CHR 1140 AM at 8:00 am Sunday morning. Streaming audio and podcasts at www.lutheranhour.ca

MISSION PRAYER: Rev. Cesar Augusto Galeano serves Our Saviour Lutheran Church in Saint Patricia and Church Luterna Getsemani in the city of Viejo, Nicaragua. **Prayer:** Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Rev. Galeano asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**



PASTOR BODE AND BRENDA will be on vacation August 2 – 10th. We pray for a safe and restful time. Pastor Eric and Deaconess Miriam will be available during this time.

MISSION OF THE MONTH
THE MUSTARD SEED

The Mustard Seed mission is to build hope and well-being for the most vulnerable citizens through Jesus' love. Lives are changed every day because of people like you. Donate today to provide food, shelter, health and wellness support, and so much more.



“JESUS, OUR GOOD SHEPHERD” – ONLINE VACATION BIBLE SCHOOL continues to be accessible online with opening worship, lesson, craft and music videos available online. Go to:

<https://www.youtube.com/channel/UCVYh5wd3h74IHCHWVcHfiHA/playlists>.

Thank you to everyone who planned and prepared crafts and videos. If you have a family member, friend or neighbour who did not register, they can still access the videos, and a supply list for crafts will be available on our website.

PLANS FOR OUR FALL CONFIRMATION PROGRAM are underway, as we think of the students who will begin their time of deeper study into the Scriptures and the catechism, to know the blessings God gives us as His people. Our normal routine is to begin as students enter Grade Six. We'll soon be sending out letters of information, but you can also speak to the pastors or deaconess to enroll your child. Watch for the letter, and for a meeting for parents and students, as we look to the ways we can make this a blessing to the students and their families.

12th LCC CONVENTION – JUNE 10-13, 2022 EDMONTON, AB: The date is set and plans for the 2022 Synod Convention are moving forward. The theme for the convention, **Stand Firm In The Faith**, is based on 1 Corinthians 16:13 and was chosen for our convention that was originally scheduled for 2021 in recognition of the 500th Anniversary of Martin Luther's famous 'Here I Stand' speech at the Diet of Worms in 1521. Although our convention is being held a year later, the same theme has been retained since standing firm in the faith is probably more necessary now than ever as a result of COVID-19 ramifications. You will find all news items and media pertaining to the upcoming Synodical Convention at <https://www.lutheranchurchcanada.ca/synod-convention-2022>.

GOD HAS BLESSED US IN MANY WAYS. That is true for us as a church, and if we are honest with ourselves, it is true for each of us. Those blessings enable us to serve Him in joy. They provide the means for our faithful stewardship, too.

We hope you will remember that our bills and ministry costs continue in these days. When you are away, please set aside your regular gift for the Lord's Work. Let's stay on top of our budget needs! We've been falling behind this year; let's get back on track, remembering God's faithfulness in first giving to us.

Dear friends in Christ, our Good Shepherd:

I know we all long for ‘the good old days’, when our lives together in the church were more open, unencumbered by restrictions, masks, distancing and so on. Praise be to God, that by His grace we are seeing a gradual, but evident change, from the separation of the last year and a half.

As we gathered together at the beginning of the stage 3 protocols here in the province of Alberta, we determined that we would show loving care and concern for our members by requiring masks in worship during the month of July. We did this, moved by the words of Holy Scripture: ***“So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, complete my joy by being of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others.”*** (Philippians 2:1–4, ESV)

Now, as we enter the month of August, we feel confident of God’s providing care so that we can make the use of masks in worship optional, not mandatory. *To that end, beginning today, Sunday, August 1, 2021, you may choose for yourself whether you will or will not mask for worship.*

As we gather together we do encourage you to remember that the Scriptures call us again and again to be understanding, patient and supportive of one another. To that end, we will:

- respect and honour the decision of those who choose to wear masks. We will not criticize their choices, but trust that they are making this decision out of love for others.
- respect and honour the decision of those who choose *not* to wear masks. We will not criticize their choices, but know that they also are acting with the best understanding of our love for one another.
- show sensitivity and concern for those who do have special needs and concerns in these days.

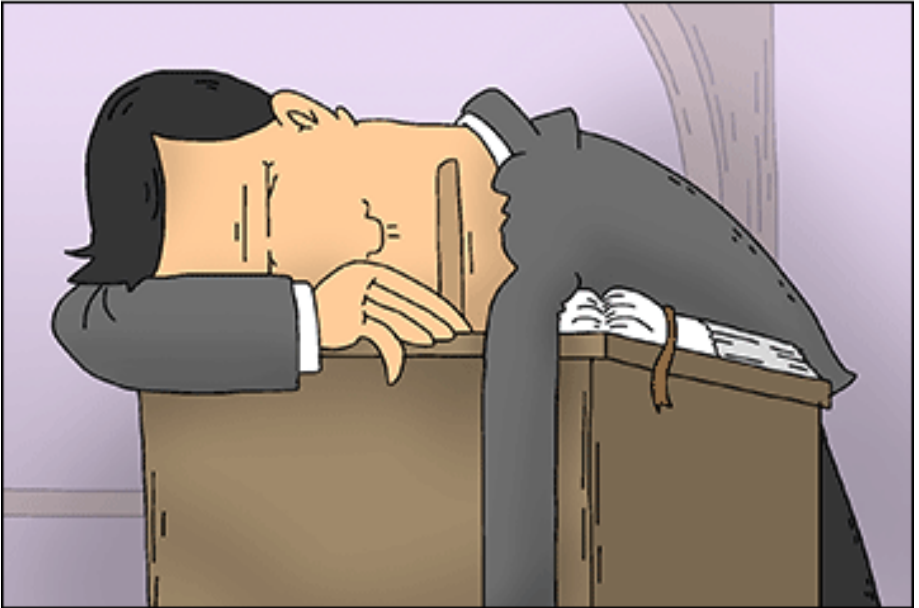
As we make this change, we do remind you that our coffee hour will not resume until the fall (Lord willing). We need time to organize and prepare for this time together, including establishing coffee hosts. With so many things having been set aside, committees are often rebuilding from the beginning. We will need to find volunteers for many of the things we do. Again, we ask for your patience in these days.

Sanitization stations will continue to be available throughout the narthex / foyer, and we do urge continued common sense procedures as we still deal with this disease and its variants.

We will also open the basement doors again, providing access to both levels of the building. Please be patient, though, as we have been out of the habit of doing this for the past 16 months!

St. Paul told the Ephesian Christians: ***“I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace.”*** (Ephesians 4:1-3, ESV) May all we do together as His redeemed people and as brothers and sisters in Christ testify to our love for Him and for one another. May He bless our church and its ministry, as well as binding us together in His loving family.

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03-23-2015

**EVEN PASTOR EVENTUALLY CONCEDED THAT
THIS PARTICULAR SERMON RAN ON MUCH
TOO LONG**



Growing
FAITH
at home

1 August 2021

TENTH
SUNDAY AFTER
PENTECOST

Caring Conversations

Share your highs and lows of the day, or respond to the following questions:

1

Talk about a time you were really hungry.

2

Jesus called himself the bread of life. He said that those who come to him will never go hungry. What do you think he meant?

3

Without food, hunger is something that can happen to us every day. How are you fed by Jesus, the bread of life, so you do not experience spiritual hunger?

Devotions



Daily Bible Readings

S John 6:24-35	Jesus is the bread of life
M Exodus 16:2-4, 9-15	Bread from heaven
T Ephesians 4:1-16	Unity in the body of Christ
W Matthew 6:9-13	The Lord's Prayer
T Deuteronomy 8:1-10	You do not live by bread alone
F Isaiah 55:1-11	The abundant life
S Psalm 78:23-29	God feeds the people
S John 6:35, 41-51	Bread from heaven

Discuss the bible reading. What word or phrase was important to you as you read these verses?

Rituals and Traditions



PRAYER

Lord Jesus, we come to you to be fed. Fill us that we may do the work of God by believing in you. Amen.

BLESSING

May Jesus, the bread of life, fill you with faith, hope, and love now and always.

Jesus is the bread of life.

Creative Response

Fasting is a tradition found in many religions.

For Christians, one reason for fasting is to be aware of how dependent we are on food and on God to stay alive. Fasting and prayer go together. There are many ways to fast, from avoiding all foods to restricting one's diet for a specific period of time.

Choose a fast that works for you. When you end your fast enjoy some food while reading John 6:24-35.

Reflect on the presence of your Lord Jesus Christ, the bread of life.

Conclude the time by praying the prayer from this week's Growing Faith at Home.

mealtime prayer

Jesus, bread of life, feed us, body and soul. Jesus, bread from heaven, come and make us whole.
Amen.

verse for the week

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

JOHN 6:35

Service



As Jesus feeds us spiritually and physically, he invites us to feed others.

Gather some grocery items to donate to a local food pantry that serves the needy in your community.

Pray for the people that will receive these gifts.