Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com "Connecting People with Christ through Worship, Relationships & Service"



Fourteenth Sunday after Pentecost August 29, 2021

Senior Pastor: David Bode (flcpastor@foothillslutheran.com) Associate Pastor: Eric Moffett (flcpastoreric@foothillslutheran.com) **DPS:** Deaconess Miriam Winstanley (miriam@foothillslutheran.com) **Office Administrator:** Carol Kehler (office@foothillslutheran.com)

Pastor Emeritus: Eldon Ohlinger

A Prayer Upon Entering: O most holy Lord, keep us from words and actions that would defile You and Your church. May we give You utmost honor and respect. May we always enter into Your house with praise and thanksgiving. And may our days be dedicated to living a holy life.

O sinless Son of God. sanctify us inside and out.

OUR WORSHIP TODAY

ORDER OF SERVICE:	As projected
HYMNS:	507; 761; 660; 525; 770; 633; 801; 725
FIRST LESSON:	Deuteronomy 4:1-2, 6-9
EPISTLE LESSON:	Ephesians 6:10-20
GOSPEL LESSON:	

SERMON: Stand Firm: Stand Strong (Ephesians 6:10-18)

WELCOME: We gather to rejoice this day in the goodness of the Lord! We invite you to join us in our songs of praise, our words of love, our prayers, and as we listen to the Word of God. May God bless your worship here today and fill your life with His love as you go through this coming week!

WE CELEBRATE HOLY COMMUNION TODAY, as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

To help us with registration, please sign the list on the table and the stand in the narthex. One family member and the number of attending is helpful.

SERVING IN GOD'S HOUSE TODAY:

Music Elaine Bend Ushers Heather Sommer; John Voss



THE FLOWERS WHICH GRACE OUR ALTAR are from the Flowers | Heumann Family in loving memory of Christine's mother, Dorothy Graham, who is missed and fondly remembered.

PASTOR BODE will be taking a few days vacation Friday – Monday of this coming week. In spiritual need, please contact Pastor Eric.

THE LUTHERAN HOUR: "Use What You've Been Given" Lutheran Hour Speaker: Rev. Dr. Gregory Seltz. We can resist temptation by using the "power tools" God provides: His Word and the shield of faith (Ephesians 6:10-17). Hear this inspirational message on CHRB 1140 AM at 8:00 am Sunday morning. Streaming audio and podcasts at www.lutheranhour.ca

		THIS WEEK AT FLC
Monday	7:00 pm	Board of Christian Education
Tuesday	7:30 pm	Ladies' Bible Study
Wednesday	1:00 pm	Lorna Evans Funeral
	6:30 pm	Midweek Worship
	7:30 pm	PPC Meeting
Sunday	10:15 am	Morning Worship w/Communion

LAST WEEK AT FLC

Week of	Attendance	Wednesday/Communion
August 22	80	16/16

Attendance numbers include online participants

IN OUR PRAYERS THIS WEEK:

In Hospital:

Homebound:

For Special Intercession:.

Family Focus:

OUR STEWARDSHIP OF GOD'S GIFTS

Weekly Offering Needs	\$8,784.62	Our Budget Goal
Envelope Gifts Received Last Week	\$5,851.00	\$456,800.00
Envelope Gifts Received to Date	\$240,338.00	+/ - YTD
Total Offerings Needed to Date	\$298,676.92	-\$58,338.92

Miscellaneous Offerings: Plate 60.00; Visitor 200.00; Organ Fund 5.00; VBS 50.00.

THANK YOU to Elaine Bend for accompanying our hymns in worship this morning. We appreciate this service to the Lord and to our congregation.



WE EXTEND OUR CHRISTIAN SYMPATHY and the glorious hope of the resurrection to Walt Evans and family at the death of Lorna Evans. We pray that God would comfort this family with His everlasting love and comfort. Her Christian funeral service will be here at Foothills on Wednesday, September 1st at 1:00 pm.

MISSION OF THE MONTH THE MUSTARD SEED

The Mustard Seed mission is to build hope and well-being for the most vulnerable citizens through Jesus' love. Lives are changed every day because of people like you. Donate today to provide food, shelter, health and wellness support, and so much more.

WE ARE AGAIN PRODUCING LARGE PRINT ORDERS OF WORSHIP for those who desire them. They are available from the ushers or on the tables at the entrances.

SEEKING SUNDAY SCHOOL TEACHERS: We are planning for in-person Sunday School and are looking to round out our teaching team with a few more faithful people who love God's Word, love His children, and have an interest in teaching. We provide materials, training and ongoing support, and our teachers generally team-teach, which means that they are able to work out a schedule that suits their needs. Please contact Deaconess Miriam to discuss how you can help!

FROM YOUR BOARD OF CHRISTIAN EDUCATION: Planning for our fall programs is under way. Rally Day is scheduled for September 12th. Watch your bulletin and e-mails for information over the next several weeks about Christian education opportunities for you and your family!

MOFFETT TWIN BABY SHOWER: A baby shower was held for Wesley and Wren Moffett on Saturday, August 21st in the back yard of the parsonage. Individually wrapped lemon filled cream puffs and enormous cookies were enjoyed while we watched the twins and visited. Trying to guess the top boy and girl names over the past 40 years and playing a baby item version of the Price is Right came with lots of laughs being shared. Many thanks to the generosity of members of the congregation, Wesley and Wren received car seats, a rocker, baby gates, books and toys for them to enjoy as they grow.

CHOIR IS POSTPONED (**NOT CANCELLED!!**) **INDEFINITELY:** There is still much hesitation around gatherings and the spreading of the virus and its variant, that in the best interests of everyone involved, we will gather the choir together at a later date to be announced. In the meantime - stay well everyone!



THE SUMMER GOES BY SO QUICKLY! With the restrictions of the past year, many things had been put on hold, but we are hopeful, Lord willing, to see many things begin again.

Various Bible studies will begin, although we are still looking at what we will be able to do with our Sunday morning study. We will offer a Tuesday morning study in person, and Pastor Bode is hoping to resume the Thursday *Front to Back* that meets in his home. Sunday School, Youth Bible Study, and Confirmation begin Sunday, September 12th! Sunday School begins at 9:00 am in the sanctuary; Watch your bulletin and newsletter for more information on classes, meetings and the 'regular' activities of our congregation. Other things that begin early in September:

• Sept. 7: 6:30 pm Elders meet

• Sept. 7: 7:00 pm Confirmation Families meet

• Sept. 11: 9:00 am Men's Bible Study

SERVICE OPPORTUNITIES: From ushering to hosting coffee; serving as greeters or as counters/financial stewards, there are many ways of serving the Lord and His people as we use our gifts together. **The altar guild** is looking for helpers for the set-up and clean-up of Holy Communion. Sunday School will soon begin again, and there are opportunities to serve through this ministry to children. God has given each and every one of us a gift to be used, as St. Paul says, "for the common good." (1 Corinthians 12:7, ESV) How is God calling you to serve?

A CONFIRMATION MEETING for all new and returning students and their parents will be held Tuesday, September 7th at 7:00 pm. Letters should arrive soon for the families we know should be enrolled. If you did not receive a letter, or think your child should be in Confirmation, please speak to the pastors.

MISSION PRAYER: Deaconess Sonia Salomé Urey serves Iglesia Luterana Jesús Nuestro Salvador. Prayer: Heavenly Father, since Your Son has saved the world through His holy, innocent, bitter sufferings and death and sent forth His Church to proclaim the Good News of this salvation to the ends of the earth and to distribute His saving



gifts of grace, we pray that You would sustain Deaconess Urey by Your Spirit and richly bless her labours for the sake of the Gospel; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now forever. **C: Amen.**

WHEN MOSES REVIEWED with the people of Israel the covenant God had made with them and commandments God had given to them, he told them:

These commandments that I give you today are to be upon your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates. (Deut. 6:6-9)

The people of Israel took these words very literally through their use of phylacteries. But they also took the words to heart as they learned them through memorization. In this way, they kept the covenant commands of God before their eyes and in their hearts as they memorized them.

We know the value and importance of simply committing to memory the words of Scripture. We memorize to hold these words in our hearts so that they may be a vital part of our life.

We never know when persecution may come, when technology or even access to Bibles and churches may go away. Christians throughout the centuries and in bible times found themselves in need of the comfort of God's Word, but that Word was not accessible, except that which was memorized. So, it drives home the point that we need to have Scripture ... on our hearts and our minds."

How do we memorize?

For each verse take two minutes every night and say it through twice, together, or once in the morning and once in the evening." Do this as a family at mealtimes. Do it every day of the week. Repetition is important. One of the great advantages of our liturgy is that it leads us to memorize many verses of Scripture. We want to add to that list.

Hymns also help us to know and take to heart the Scriptures. When we sing, the words are reinforced in our minds. May those hymns help us take God's Word to heart!

If you don't have the bulletin, you can access the memory verse challenge at https://www.lcms.org/memoryverse at https://www.facebook.com/TheLCMS.

This week's verse: Numbers 6:24–26 The LORD bless you and keep you;

the LORD make his face to shine upon you and be gracious to you; the LORD lift up his countenance upon you and give you peace.



29 August 2021

FOURTEENTH SUNDAY AFTER PENTECOST

Share your highs and lows of the day, or respond to the following questions:

Imagine life without words or speech. What would it be like?

Caring Conversations



The apostle James (Tuesday's reading) says that if we think we are following God but don't keep our tongues from speaking bad things, we are fooling ourselves. Why is it so important to control our tongues?



James also says we should be 'quick to listen, slow to speak and slow to become angry' Why is this good advice? How can hearing God's word help us to control our words? Where else in the Bible does God speak of this?

Devotions -



Dally Bible Readings

S	Mark 7:1-8, 14-15, 21-23	Authentic faith
М	Deuteronomy 4:1-2, 6-9	God commands obedience
Т	James 1:17-27	Hearing and doing the word
W	Micah 6:6-8	What God requires
Т	Matthew 15:1-20	Tradition of the elders
F	Amos 5:21-24	The importance of justice
S	Psalm 15	Who worships the Lord?
S	Mark 7:24-37	Jesus heals the Gentiles

Discuss the bible reading. What word or phrase was important to you as you read these verses?

Rituals and Traditions



PRAYER

Lord, please make us clean from the inside out, so that what we think, say and do pleases you. Amen.

BLESSING

(Name) – God chose to give you a new birth through the message of truth, may you know every good and perfect gift is from him.

Putting God's Word Into practice.

Creative Response

our tongues are powerful instruments.

They can do great good, but they can also do great harm. We must all be conscious of using our tongues in kind ways to bless each other. Discuss and list as a family or household the ways you can use your tongue for good.

Here's some ideas to get you started...

- · Pray for each other daily
- Be lavish with your praise and encouragement. Look for opportunities to build each other up, even the little things are worthy of compliments
- Make your home a 'no put-down zone'
- Develop a culture of sharing mistakes and asking for forgiveness.

mealtime prayer

Plates of food, gifts from above, signs of our God's gracious love. Amen.



JAMES 1:22

Service

Read James 1:17-27.
Being "doers of the Word" implies a meekness that is not prideful.
Instead, it acts with mercy that includes caring for "orphans and Widows in their distress" (v. 27).

Orphans and widows represented those who were vulnerable and did not have a social safety net to keep them fed, sheltered and safe. Think of those locally and around the world who lack security of food and shelter and think of ways you can be 'doers' of God's word to help them.

