

# Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 [www.foothillslutheran.com](http://www.foothillslutheran.com)

*“Connecting People with Christ through Worship, Relationships & Service”*



*Fifteenth Sunday after Pentecost*  
*September 5, 2021*

**Senior Pastor:** David Bode  
([flcpastor@foothillslutheran.com](mailto:flcpastor@foothillslutheran.com))

**Associate Pastor:** Eric Moffett  
([flcpastoreric@foothillslutheran.com](mailto:flcpastoreric@foothillslutheran.com))

**DPS:** Deaconess Miriam Winstanley  
([miriam@foothillslutheran.com](mailto:miriam@foothillslutheran.com))

**Office Administrator:** Carol Kehler  
([office@foothillslutheran.com](mailto:office@foothillslutheran.com))

**Pastor Emeritus:** Eldon Ohlinger

**A Prayer Upon Entering:** O Lord, forgive us for not always listening to what You have to say to us, and have mercy on us for not always speaking the words You have called us to proclaim. Keep us attentive to Your Word and give us the courage to use our voices to glorify Your name.

*You who make the deaf to hear and the mute to speak,  
keep us open to Your will, O Lord.*

**OUR WORSHIP TODAY**

**ORDER OF SERVICE:** ..... As projected

**HYMNS:** .....844; 737; 797; 781; 622; 657; 822; 924

**FIRST LESSON:**.....Isaiah 35:4-7a

**EPISTLE LESSON:** .....James 2:1-10, 14-18

**GOSPEL LESSON:** ..... Mark 7:31-37

**SERMON:**

**WELCOME:** We gather to rejoice this day in the goodness of the Lord! We invite you to join us in our songs of praise, our words of love, our prayers, and as we listen to the Word of God. May God bless your worship here today and fill your life with His love as you go through this coming week!

**WE CELEBRATE HOLY COMMUNION TODAY,** as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

**To help us with registration, please sign the list on the table and the stand in the narthex. One family member and the number of attending is helpful.**

**SERVING IN GOD'S HOUSE TODAY:**

Organist..... Deaconess Miriam Winstanley  
Ushers..... Ellen Wagner; Bruce Winstanley



**THE FLOWERS WHICH GRACE OUR ALTAR** this month are from the Heumann family in loving memory of Christine's mother, Dorothy Graham, who is missed and fondly remembered.

The large vase is given to the glory of God by the Evans family, in memory of Lorna.

**THIS WEEK AT FLC**

<b>Monday</b>		<b>Labour Day</b> Office Closed
<b>Tuesday</b>	6:30 pm	Elders
	7:00 pm	Confirmation Families Meet
<b>Wednesday</b>	6:30 pm	Midweek Worship
<b>Friday</b>	7:00 pm	Youth IMPACT . . . but shorter
<b>Saturday</b>	9:00 am	Men's Bible Study
<b>Sunday</b>		<b>Rally Sunday</b>
	9:00 am	Sunday School
	10:15 am	Morning Worship
		Bible Presentation
	12:00 pm	Faith @ Home "My Bible"

**THE LUTHERAN HOUR: "Living, Mighty, Active Faith"** Speaker: Rev. Dr. Michael Zeigler. An elephant is a living, mighty, active thing. So is the faith of Jesus. (Isaiah 35:4-7). Hear this inspirational message on CHR 1140 AM at 8:00 am Sunday morning. Streaming audio and podcasts at [www.lutheranhour.ca](http://www.lutheranhour.ca)

**LAST WEEK AT FLC**

<b>Week of</b>	<b>Attendance/ Communion</b>	<b>Wednesday/ Communion</b>
August 29	105/92	20/17

*Attendance numbers include online participants*

**IN OUR PRAYERS THIS WEEK:**

***In Hospital:***

***Homebound:***

***For Special Intercession:***

***Family Focus:***

**OUR STEWARDSHIP OF GOD'S GIFTS**

Weekly Offering Needs	\$8,784.62	<b>Our Budget Goal</b>
Envelope Gifts Received Last Week	\$4,590.00	
Envelope Gifts Received to Date	\$244,928.00	<b>+/- YTD</b>
<b>Total Offerings Needed to Date</b>	\$307,461.54	<b>-\$62,533.54</b>

**Miscellaneous Offerings:** Visitor 125.00; Facility Rental 405.00; FLSR 2,500.00; Parking Revenue 400.00; Benevolence 50.00; Organ Fund 50.00.

**MISSION OF THE MONTH**  
**CONCORDIA LUTHERAN MISSION SOCIETY**

The Gospel is for all people in all sorts of circumstances. The Concordia Lutheran Mission society, formed by mission minded LCC individuals, seeks to encourage and expand the mission work beyond that which the Synod can do at present.

**SEEKING SUNDAY SCHOOL TEACHERS:** We are planning for in-person Sunday School and are looking to round out our teaching team with a few more faithful people who love God's Word, love His children, and have an interest in teaching. We provide materials, training and ongoing support, and our teachers generally team-teach, which means that they are able to work out a schedule that suits their needs. Please contact Deaconess Miriam to discuss how you can help!

**NEXT SUNDAY IS RALLY DAY,** our celebration of Christian education and nurture. In many ways this marks the beginning of our fall programmes. Our Sunday School begins the fall season with a look at the life and work of Moses. Confirmation will resume next Sunday, too. Watch for other bible study and growth opportunities.



The Board of Education has some simple “individual” treats planned for our families that morning. Please pray for our teachers, that God may equip them to share that good news with students of all ages. Pray that we may all continue to grow in His Word of Life! We can never say it enough—be in the Word! Read, mark, learn and take it to heart, for it is a treasure beyond anything this world can give.

**IT'S BEEN SOME TIME** since we have been able to have coffee following service, but we are planning to begin hosting simple coffee times on non-Communion Sundays. We will offer coffee and tea, served from the kitchen, and possibly an individually wrapped snack. We seek to act with the greatest care out of Christian love for one another.

After our long hiatus, we need to rebuild and reorganize our coffee teams. We would love to have your help! Speak to Sarah Knudtson if we can include you in our scheduling.

**CHOIR IS POSTPONED (NOT CANCELLED!!) INDEFINITELY:** There is still much hesitation around gatherings and the spreading of the virus and its variant, that in the best interests of everyone involved, we will gather the choir together at a later date to be announced. In the meantime - stay well everyone!

**VOTERS' MEETING:** Please mark **September 19<sup>th</sup>** in your calendars and plan to attend our next Voters' meeting. We will meet following the service that day. Voters' packets will be available on the Welcome Desk next week.



**SERVICE OPPORTUNITIES:** From ushering to hosting coffee; serving as greeters or as counters/financial stewards, there are many ways of serving the Lord and His people as we use our gifts together. **The altar guild** is looking for helpers for the set-up and clean-up of Holy Communion. Sunday School will soon begin again, and there are opportunities to serve through this ministry to children. God has given each and every one of us a gift to be used, as St. Paul says, “for the common good.” (1 Corinthians 12:7, ESV) How is God calling you to serve?

**A CONFIRMATION MEETING** for all new and returning students and their parents will be held Tuesday, September 7<sup>th</sup> at 7:00 pm. Letters should arrive soon for the families we know should be enrolled. If you did not receive a letter, or think your child should be in Confirmation, please speak to the pastors.

**MISSION PRAYER: Rev. Douglas Eugenio Aguilar M. Casado** serves Cordero de Dios Lutheran Church in the city of Chichigalpa, Nicaragua. **Prayer:** Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Rev. Casado asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**



**PASTOR BODE** and Brenda are on vacation for a few days. Pastor Bode will be back in the office Tuesday. In spiritual need, please contact Pastor Eric.

**AS STUDENTS MOVE AWAY FOR SCHOOL**, or move to Calgary for their studies, we want to encourage them in their spiritual life. If you, or someone you know, is moving to another city for study, please share that with Pastor Eric. We'll try to get them connected with a local church. If you know a student moving to Calgary, let Pastor know that, too, so we can reach out to them and invite them to join us.

**OUR STUDENT RESIDENCE IS OCCUPIED AGAIN**, after being “empty” for the past year. We welcome the students living among us this year. We hope that you will get to know them, and we pray that God would bless them in their studies. Our residents are: Rachel Glessing (Coldstream, BC), Celeste Olson (Ochaton, AB), and Jessica Tonn (LaRonge, SK)

**ARE YOU PARTICIPATING IN OUR MEMORY VERSE CHALLENGE?** We know the value and importance of simply committing to memory the words of Scripture. We memorize to hold these words in our hearts so that they may be a vital part of our life.

**How do we memorize?** For each verse take two minutes every night and say it through twice, together, or once in the morning and once in the evening.” Do this as a family at mealtimes. Do it every day of the week. Repetition is important. One of the great advantages of our liturgy is that it leads us to memorize many verses of Scripture. We want to add to that list.

Hymns also help us to know and take to heart the Scriptures. When we sing, the words are reinforced in our minds. May those hymns help us take God’s Word to heart!

If you don’t have the bulletin, you can access the memory verse challenge at <https://www.lcms.org/memoryverse> at <https://www.facebook.com/TheLCMS>.

*This week’s verse: Acts 16:31*

And they said, “Believe in the Lord Jesus, and you will be saved, you and your household.”

REVERENDFUN.COM COPYRIGHT BIBLE GATEWAY



Thanks to Alvin Hammond

06-08-2012

PARDON ME SIR ... WE ARE JUST A FEW MINUTES OUT FROM THE BENEDICTION AND I NEED YOU TO RETURN YOUR PEW TO ITS FULL, UPRIGHT POSITION



# Growing FAITH at home

5 September 2021

FIFTEENTH  
SUNDAY AFTER  
PENTECOST

## Caring Conversations

Share your highs and lows of the day, or respond to the following questions:

1

Share about a time when you were in need. Who helped you?

2

The apostle James reminds us that having faith means that we are concerned with the needs of others (James 2:14-17). Can you see any needs in the people around you? (What are they?)

3

How are you involved in helping to provide for the needs of others? (Look at the service idea this week).

## Devotions



### Daily Bible Readings

<b>S</b>	Mark 7:24-37	Jesus heals the Gentiles
<b>M</b>	Isaiah 35:4-7a	The return of the exiled
<b>T</b>	James 2:1-17	Faith without works is dead
<b>W</b>	Luke 18:1-8	The widow and the unjust judge
<b>T</b>	Hosea 12:2-6	Return to your God
<b>F</b>	Mark 9:14-29	Jesus gives a boy speech
<b>S</b>	Psalm 146	Praise for God's help
<b>S</b>	Mark 8:27-38	Taking up the cross

Discuss the bible reading. What word or phrase was important to you as you read these verses?

## Rituals and Traditions



### PRAYER

Dear God, thank you for your Son, our Lord Jesus Christ, who comes to bring mercy and healing for our daily lives. Amen.

### BLESSING

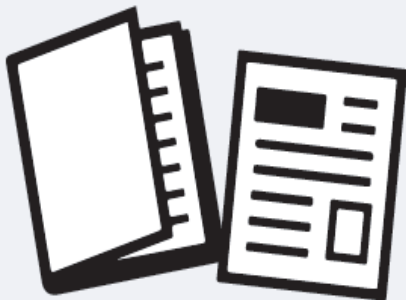
May the Lord lift you up, watch over you, and uphold you now and always.

God cares for the needy.

## Creative Response

Gather stories from the newspaper, magazines or the internet which describe people in need.

Place them on a poster, pinboard or in your family prayer book. Pray for these situations and people in need as you gather together this week. Close by praying the Lord's Prayer.



### mealttime prayer

Lord, as we thank you for all that you give us, bless those who have little. Give us hearts that care and hands that share. Amen.

verse for the week

say to those  
who hearts  
are afraid, 'Be  
strong. Do not  
fear. Your God  
will come!'

ISAIAH 35:4

## Service



create a permanent  
category on your  
shopping list entitled  
'items for those  
in need'.

Whenever you shop for groceries, purchase non-perishable items, toiletries etc to contribute to your church community outreach food box.

Involve different people in your household to choose items for purchase.

Pray together for God to bless those who will receive your donations.



growministries  
LIFE AND MINISTRY IN A HOLY SPIRIT





## HELPING HANDS MISSION

There comes a time in almost everyone's life when they need a helping hand – whether it's childcare help, shovelling a sidewalk, providing a meal, or just being a listening ear.

This "Helping Hands Mission" is to assist individuals and families who are dealing with other issues in their life and may not have the time or resources to cook for themselves. This may include people struggling with the death of a loved one, spending time away from their home to care for someone else, mothers with newborn babies, or others who are struggling with job loss and possibly not able to make ends meet.

The **HELPING HANDS MISSION** is a "cooking day" on **October 16, 2021** from 9:00 am to 2:00 pm, when we will gather and assemble meals to be put in our church freezer. This is also a fellowship day of fun, conversation and sharing stories.

As this day consists of volunteers, I ask you to prayerfully consider how you might be a part of this project. **There are many ways you can participate:**

- 1) **Sign up to volunteer** on October 16<sup>th</sup>, whether it's for 2 hours or all day – we're flexible (if you're here over lunch – WE'LL FEED YOU !);
- 2) **Sign up to volunteer and bring one (or more) items on our list of food needed** for the meals we make (PLEASE ensure you mark your contribution on the "Product Requirement Sheet on the Human Care Ministry bulletin board AND take your reminder card for your fridge);
- 3) **Donate food items** that are on the list (please mark on the sheet what you will donate). There are reminder cards for what you have signed up to donate. There will be a box in the kitchen marked "HHK". **PLEASE ENSURE ALL PERISHABLES ARE PUT IN THE CHURCH FRIDGE BY FRIDAY, OCT. 15<sup>th</sup>**
- 4) Monetary donations to help us buy the fresh items we need, and
- 5) Always pray for the individuals who are considering assisting in this project and for the many mouths that we can feed.

Please check out the sign-up on the Human Care Ministry board. Please help us make this mission a reality for those in need.

**If you know of any person or family that could benefit from these meals, please contact me.**

Prayerfully submitted by

Christine Heumann

Chair, Human Care Ministry

Email: [christineheumanncg@gmail.com](mailto:christineheumanncg@gmail.com) / Phone: 403-710-8347

**"HELPING HANDS KITCHEN" PURCHASING LIST FOR  
OCTOBER 16, 2021**

If you wish to purchase something from this list, please deliver it to the church on or before October 15, 2021.  
PLEASE REMEMBER TO INDICATE YOUR PURCHASE ON THE BULLETIN BOARD SIGN UP  
There will be a box on the kitchen cupboard marked "HHK" for all purchases  
Perishables should be put in the fridge no later than Friday, October 15th.

Quantity	product	Best Source OR WHEREVER YOU SHOP	Approx. Cost
1 pkg of 6	Garifalo Organic Pasta	Costco	12.69 EACH
2 pkgs	Rice Ramen noodles	Costco -(24 pieces in each)	approx \$12.00 each
2 lg cans	cans tomato paste	Superstore	2.08 each
1 x 2.84 litre	can crushed tomatoes (sauce)	Costco	\$4.79
2 x 2.84 litre	cans diced tomatoes	Costco	\$4.79 each
5	cans kidney beans	Superstore	of 4/ lower \$1.28
10 lbs.	carrots	Costco	\$6.59
24	no green	Costco	6 / 5.99
	no green		
1 x 1.36kg	jar crushed garlic	Costco	\$5.99
1 x 2.5 kg	frozen corn	Costco	\$8.99
15 lbs.	onions	Costco	\$6.99
2 large knobs	whole ginger		
	Rice Ramen noodles	Costco -(24 pieces in each)	approx \$12.00 each
	Rice Ramen noodles		
1 litre	Canola Oil		
1 small box	cornstarch	Superstore	\$1.98
2 x 2.5 kg	(or a max of 10 lbs.)frozen peas	Costco	9.99 each
	(or a max of 10 lbs.)frozen peas		
	jar chicken bouillon paste	Costco	\$8.49
1 lg bottle	low-sodium soy sauce (2 cups)	Superstore	\$1.88
4 litres	pineapple juice	Superstore	\$1.49 - \$1.78 each
1 x 2.84 litre	can pizza-cut pineapple chunks	Wholesale Club	\$6.49
6	green bell peppers		
1 bottle	rice vinegar	Superstore	\$4.18
2 kg bag	brown sugar	Superstore	\$2.98
2 x 454 gm	jar chicken bouillon paste	Costco	\$8.49
	jar chicken bouillon paste		
1 small jar	sesame oil	Superstore	\$3.28
6 kg.	white rice - BULK IS OKAY		
	white rice - BULK IS OKAY		
3 lbs.	butter	Costco or wherever you shop	4.29 each
1 bag	brown sugar	Superstore	\$2.78
3 lbs.	all-purpose flour	Any supermarket	
2 bags	rolled oats	Any supermarket	
3 x 2 kg. bag	Mixed berry frozen fruit	Costco	11.99 each
	Mixed berry frozen fruit		
4 cans	evaporated milk		
3 cups	white sugar - BULK IS OKAY		
12 eggs	large		
2 cups	raisins - BULK IS OKAY		
1 box	panko breadcrumbs		
40 oz. or 5 cups	dry macaroni pasta - BULK IS OKAY		
1 lb.	unsalted butter		
4 litres	2% milk		
10 cups	grated cheese - any kind		