

HELPING HANDS MISSION

There comes a time in almost everyone's life when they need a helping hand – whether it's childcare help, shovelling a sidewalk, providing a meal, or just being a listening ear.

This "Helping Hands Mission" is to assist individuals and families who are dealing with other issues in their life and may not have the time or resources to cook for themselves. This may include people struggling with the death of a loved one, spending time away from their home to care for someone else, mothers with newborn babies, or others who are struggling with job loss and possibly not able to make ends meet.

The **HELPING HANDS MISSION** is a "cooking day" on **October 16, 2021** from 9:00 am to 2:00 pm, when we will gather and assemble meals to be put in our church freezer. This is also a fellowship day of fun, conversation and sharing stories.

As this day consists of volunteers, I ask you to prayerfully consider how you might be a part of this project. **There are many ways you can participate:**

- 1) **Sign up to volunteer** on October 16st, whether it's for 2 hours or all day – we're flexible (if you're here over lunch – WE'LL FEED YOU !);
- 2) **Sign up to volunteer and bring one (or more) items on our list of food needed** for the meals we make (PLEASE ensure you mark your contribution on the "Product Requirement Sheet on the Human Care Ministry bulletin board AND take your reminder card for your fridge);
- 3) **Donate food items** that are on the list (please mark on the sheet what you will donate). There are reminder cards for what you have signed up to donate. There will be a box in the kitchen marked "HHK".
PLEASE ENSURE ALL PERISHABLES ARE PUT IN THE CHURCH FRIDGE BY FRIDAY, OCT. 15th
- 4) Monetary donations to help us buy the fresh items we need, and
- 5) Always pray for the individuals who are considering assisting in this project and for the many mouths that we can feed.

Please check out the sign-up on the Human Care Ministry board. Please help us make this mission a reality for those in need.

If you know of any person or family that could benefit from these meals, please contact me.

Prayerfully submitted by

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