

Foothills Lutheran Church

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“Connecting People with Christ through Worship, Relationships & Service”

WORSHIP
THE LORD
YOUR GOD
AND SERVE
ONLY HIM

L U K E 4 : 8

First Sunday in Lent

March 6, 2022

Senior Pastor: David Bode

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DPS: Deaconess Miriam Winstanley

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Pastor Emeritus: Eldon Ohlinger

A Prayer Upon Entering: O Lord, help us to learn from You how to resist and overcome the devil's evil plans. May we gain strength by reading Your Word. May we gain courage by knowing that You are with us. And may we gain insight by being filled with Your Holy Spirit. In every way, may we make it clear to the devil that we will follow You.

Our Savior from temptation, thank you for providing us with a way out.

OUR WORSHIP TODAY

ORDER OF SERVICE: Divine Service Setting Three, p. 184

Note: We omit the Gloria in Excelsis and the Alleluias during Lent

HYMNS: 505; 571; 718; 877; 628; 594

FIRST LESSON:..... Deuteronomy 26:1-11

EPISTLE LESSON: Romans 10:8b-13

GOSPEL LESSON: Luke 4:1-13

SERMON: *Why Bother?* Deuteronomy 26:1-11

WELCOME: We gather to rejoice this day in the goodness of the Lord! We invite you to join us in our songs of praise, our words of love, our prayers, and as we listen to the Word of God. May God bless your worship here today and fill your life with His love as you go through this coming week!

WE CELEBRATE HOLY COMMUNION TODAY as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

SERVING IN GOD'S HOUSE TODAY:

- Music..... Deaconess Miriam Winstanley
- Ushers.....Elfrieda Heiden; Lorne Rosenau
- Acolyte..... Eliza Voss



THE FLOWERS that grace the Lord's altar today are given to the glory of God by Ingrid Kubke in loving memory of Edwin Kubke.

SUNDAY SCHOOL: Today, we will study “Consuming Fire.” Elijah challenges the people to stop “limping” between Baal and the true God. Gathering the 450 prophets of Baal, Elijah proposes a test to determine the truth: each side will butcher a bull for sacrifice and call on their god to send down fire. The prophets of Baal call upon their god, even cutting themselves to appease it, but nothing happens. Elijah drenches his offering with water, completely filling the trench around it. Then Elijah offers a simple prayer to the true God, who sends down fire from heaven to consume the offering, the wood, and even the water in the trench.

THIS WEEK AT FLC

Monday	7:00 pm	Lenten Leaders’ Bible Study
Tuesday	10:00 am	LifeLight Bible Study
	7:30 pm	Ladies Bible Study
Wednesday	6:30 pm	Lenten Worship
Thursday	1:30 pm	Ladies Bible Study
Sunday		Daylight Savings Time Begins
	9:00 am	Confirmation / Bible Study
	10:15 am	Sunday Worship
		Coffee Fellowship

LAST WEEK AT FLC

Week of:	Attendance	Ash Wednesday/Communion
February 27	111	45/33

* Attendance numbers include online participants

IN OUR PRAYERS THIS WEEK:

In Hospital: No one at the moment. Praise the Lord!

Homebound:

For Special Intercession:

Family Focus:

THE LUTHERAN HOUR: "One Thing Needful" Speaker: Rev. Dr. Michael Zeigler. The Bible is not a Magic 8-ball; it's a portal into a new world. (Luke 10: 38-42). Hear this inspirational message on CHR 1140 AM at 8:00 am Sunday morning. Streaming audio and podcasts at www.lutheranhour.ca

OUR STEWARDSHIP OF GOD’S GIFTS

Weekly Offering Needs	\$8,288.46	Our Budget Goal
Envelope Gifts Received Last Week	\$4,070.00	
Envelope Gifts Received to Date	\$66,012.00	+/- YTD
Total Offerings Needed to Date	\$74,596.15	-\$8,584.15

Non-Budget and Miscellaneous Gifts: Plate 25.00; Visitor 1,000.00; Parking Revenue 225.00; Lutheran Hour Ministries 60.00; Organ Fund 90.00.

MISSION OF THE MONTH: LUTHERAN CHURCH-CANADA NATIONAL YOUTH GATHERING

The 12th LCC NYG will be July 15-19, 2022, in Winnipeg, and the theme is "IN NOT OF," based on Philippians 3:20. The NYG's mission statement is: "Providing opportunities for Lutheran youth to grow in faith and relationship with others as the body of Christ," which is accomplished by providing opportunities for youth, leaders, and volunteers to join in corporate worship, study God's Word, be equipped through large and small group sessions, reach out to the community through servant events, and engage in fellowship and fun. For more info about the NYG, visit www.lccnyg.ca.

The Foothills youth group is well provided for; the \$495 registration fee and travel costs have been taken care of through fundraising and donations for all our youth. However, the registration fee has been \$495 since 2007, even though it actually costs closer to \$700 per person, and that difference is subsidized by donations to the NYG budget, which is managed through Synod office. This funding helps all the youth groups in the Synod be able to attend.

You can donate by marking your offering envelope for "the Synod NYG fund".

To donate directly to Synod office with a credit card, go to <https://lccnyg.ca/support-the-nyg/> and click on "Donate via the Lutheran Church-Canada website," or mail a cheque to Lutheran Church-Canada with "NYG donation" on the memo line.

If you have questions about the NYG, Michelle Heumann and Pastor Eric are on the planning committee!



LENTEN DEVOTIONS in regular and large print are available on the Welcome Desk. In *Suffering Servant*, we encounter Jesus the Man sent to redeem a lost world. Born in the flesh, Jesus became like us. Taking the form of a Servant, He emptied Himself. Bearing our sins to the cross, He gives us newness of life through His victory over death won for us by His resurrection from the dead.



LENT: A TIME FOR RENEWAL is the focus of our special Lenten midweek services. This week we look at *Lent: A Time for Renewal of Obedience*. Services begin at 6:30 pm. A calendar listing all of our Lenten and Easter observances is available on the Welcome Desk.

OUR LENTEN LEADERS' BIBLE STUDY: We are once again encouraging our leaders and all who are interested to join us for a special time of spiritual encouragement in the Word of the Lord. This year we will focus on **Prayer: We Speak to God**, building on our recent look at the Lord's Prayer in worship. We offer this in person, beginning **Monday, March 7th**, from 7:00 pm – 8:30 pm. We will also offer an online presentation of the study at the same time. The pastors will rotate back and forth between one week online and one week in person. To register for the online study, please speak to the pastors, or use our registration site: <https://rsvp.church/r/aTJSxeNQ>



AN UPDATE ON OUR COFFEE FELLOWSHIP:

Thank you to all who took the time to fill out the fellowship survey. The clear majority of congregants favor opening up again for coffee and treats with safety precautions, working towards getting back to normal again. *Starting on non-Communion Sundays (March 13 & 27 this month)*, we will be serving coffee and prepackaged treats to those who would like to fellowship after church. Coffee time may look a little different for a while as we strive to keep our members safe. Coffee will be poured for you and individual creamers and sugar packets will be available. Please note that there is no pressure to attend, but to only come if you are comfortable and are feeling well. We pray that God will bless us through mutual encouragement during our times of fellowship!

As a side note, if you are interested in helping with coffee in the future, please contact Sarah Knudtson or Heather Sommers!

SAVE THE DATE FOR VACATION BIBLE SCHOOL! This year's program, "Jesus, Our Lifeguard" will run **July 4-8** in person, God willing! Through the week we will be looking at water rescues in the Bible, and the rescue from sin, death and the devil that we have through Jesus. Watch for registration availability mid to late March. We are also looking for volunteer teachers, helpers, and games and craft leaders. If you are interested and available, please contact Deaconess Miriam or Pastor Eric.



DAYLIGHT SAVINGS TIME begins March 13th. Please keep that in mind, as we "spring ahead" with our clocks one hour. You won't want to be late for church!

SPRING CLEANING ANYONE? Dress For Success is now accepting donations for spring and summer. As always, they accept suits, dresses, blazers, skirts, pants (all sizes, but especially sizes 0-2 and 14 and up), career-appropriate shoes (especially sizes 9 and above), seasonal boots, new undergarments & hosiery, handbags & totes, jewellery, belts, and scarves. They also accept winter coats and boots, unopened cosmetics and toiletries with an expiration date of at

least six months in the future and packaged and unopened fragrances. Please remember that they do NOT accept sweatshirts, sweatpants, running shoes, bathrobes and sleepwear.

The Mustard Seed will accept clothing, winter and spring coats, boots, shoes, warm sweaters and all other clothing items as you do your spring cleaning. All donations may be placed in the buckets by the washrooms. I thank you for your donations to both of these programs as we reach out to those in need. ~ Christine Heumann

OUR MEMORY VERSE CHALLENGE

How do we memorize? For each verse take two minutes every night and say it through twice, together, or once in the morning and once in the evening.” Do this as a family at mealtimes. Do it every day of the week. Repetition is important.

This week’s verse: Isaiah 40:1

Comfort, comfort my people, says your God.

MISSION PRAYER: Rev. Heng Kim Hai is pastor of Hope Lutheran Church in Kampong, Cambodia. He also serves as an instructor of the faith for Garuna Christian school.

Prayer: Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Rev. Kim Hai, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**



OUR COMMUNION PREPARATION

By celebrating Holy Communion, I give witness that:

- I believe that Jesus Christ is my Saviour and Lord.
- I have examined my life in the light of God’s Word and have confessed my sinfulness to God.
- I believe that Christ’s body and blood are truly present in, with and under the bread and wine.
- I believe that in this Sacrament God gives me the forgiveness of my sins.
- I believe that God the Holy Spirit strengthens my faith and renews my life.
- I resolve, in the power of the Holy Spirit, to amend my sinful ways.



Growing FAITH at home

6th March 2022

FIRST SUNDAY IN LENT

Overcoming Temptation

Caring Conversations



SHARE

Share your highs and lows of the day, or respond to the following questions:

1

Share about a time when you felt tempted. What happened?

2

How did the devil tempt Jesus? How did Jesus respond?

3

What can we learn from the way Jesus responded?



Devotions



READ Daily Bible Readings

S	Luke 4:1-13	The temptation of Jesus
M	Deuteronomy 26:1-11	First fruits and tithes
T	Romans 10:8b-13	Jesus is Lord
W	Luke 22:39-46	Jesus on the Mount of Olives
T	James 1:2-18	Trials and temptations
F	Genesis 39	Joseph resists temptation
S	Psalms 91:1-2, 9-16	He is my refuge and my fortress
S	Luke 13:31-35	Jesus' sorrow over Jerusalem



TALK

Talk about the Bible verse. What word or phrase was important to you as you read these verses?

Rituals and Traditions



PRAY

Lord, make us strong when we are tempted to do wrong. Help us to do what is right and good. Amen.



BLESS

May God bless you with his love and may God rescue and protect you.

Lent

Lent is a time when we re-orientate our lives towards God. We follow Jesus in his journey towards the cross. PURPLE is the colour for Lent and represents the royalty of Jesus and the call to turn back to God.

Creative Response

Lent is a season of the church year when we give particular focus to prayer.

As a household, pray for specific things each day of the week over Lent.

Here are some ideas:

Sunday – for pastors and other church workers, and for the ministry of your congregation. (Ask them if they have needs you could specifically pray for.)

Monday – for missions and missionaries.

Tuesday – for friends and neighbours, and for those who don't know Christ.

Wednesday – for political leaders and world peace.

Thursday – for colleagues at work or school.

Friday – for your relatives.

Saturday – for personal needs or concerns.

You may want to print or write up your chosen schedule and post it where all household members can see.

mealttime prayer

Thank you God for our bread that feeds us and for your word that fills our hearts. Amen.

verse for the week

Jesus replied,
"The scriptures
say, 'You must
worship the LORD
your God and serve
only him.'"

LUKE 4:8

Service



As a household, consider giving up a treat food or activity for Lent.

Each week put into a tin the amount of money saved through this sacrifice. Decide on a charitable cause to donate the money to at the end of Lent.

