

# Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com

*“Connecting People with Christ through Worship, Relationships & Service”*

**FRUIT**  
LOVE · JOY OF GENEROSITY  
PEACE OF FAITHFULNESS  
PATIENCE THE GENTLENESS  
KINDNESS SELF CONTROL  
**SPIRIT**

G A L A T I O N S 5 : 2 2 - 2 3



*Third Sunday after Pentecost*

*June 26, 2022*

**Senior Pastor:** David Bode

(flcpastor@foothillslutheran.com)

**Associate Pastor:** Eric Moffett

(flcpastoreric@foothillslutheran.com)

**DPS:** Deaconess Miriam Winstanley

(miriam@foothillslutheran.com)

**Office Administrator:** Carol Kehler

(office@foothillslutheran.com)

**Pastor Emeritus:** Eldon Ohlinger

**A Prayer Upon Entering:** O Lord of the Resurrection, You raise Your children up to new life. Raise us up to live a life that is pleasing to You. Raise us up to serve the people around us. Raise us up at the Last Day to everlasting life.

*O Giver of Life, renew our life this day.*

**OUR WORSHIP TODAY**

**ORDER OF SERVICE:** .....As projected

**HYMNS:** 706; Heaven’s Gates; 688; Amazing Grace, My Chains Are Gone; 721

**FIRST LESSON:**..... 1 Kings 19:9b-21

**EPISTLE LESSON:** .....Galatians 5:1, 13-25

**GOSPEL LESSON:** .....Luke 9:51-62

**SERMON:** *Free? Indeed!* (Galatians 5:1, 13-25)

**WELCOME TO YOU ALL!** We are so glad that you have joined us on this special day, as we rejoice in the good news of the resurrection of Jesus, our Saviour. May this good news give you new and living hope for your life in Him. If it is your first time with us, help us to get to know you by signing our guest book, and introduce yourself to the Pastor. We hope that you will join us again as we worship and praise God for His goodness to us in Christ Jesus, our Saviour.

**WE CELEBRATE HOLY COMMUNION WEDNESDAY** as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

**SERVING IN GOD'S HOUSE TODAY:**

Music.....Contemporary Musicians; Deaconess Miriam Winstanley

Ushers..... Heather Sommers; Ellen Wagner

**THE LUTHERAN HOUR: "Nurse Logs"** Speaker: Rev. Dr. Michael Zeigler. An unusual art project inspires Dr. Michael Zeigler's thoughts about life as God intended it. (Ecclesiastes 3:12). Hear this inspirational message on CHRB 1140 AM and/or 1060 AM at 8:00 Sunday morning. Streaming audio and podcasts at [www.lutheranhour.ca](http://www.lutheranhour.ca)

**THIS WEEK AT FLC**

<b>Today</b>	1:30 pm	<b>Voter's Meeting</b>
<b>Tuesday</b>	7:15 pm	Ladies Bible Study
<b>Wednesday</b>	6:30 pm	Midweek Worship with Communion
<b>Friday</b>		<i>Canada Day – Office Closed</i>
<b>Sunday</b>	10:15 am	Worship with Communion

**IN OUR PRAYERS THIS WEEK:**

*In Hospital:*

*Homebound:*

*For Special Intercession:*

*Family Focus:*

**OUR STEWARDSHIP OF GOD'S GIFTS**

Weekly Offering Needs	\$8,288.46	<b>Our Budget Goal</b>
Envelope Gifts Received Last Week	\$6,295.00	
Envelope Gifts Received to Date	\$211,531.68	<b>+/- YTD</b>
<b>Total Offerings Needed to Date</b>	\$207,211.54	-\$4,320.14

*Non-Budget and Miscellaneous Gifts:* Visitor 45.00; Facility Rent 195.00; FLSR Rent 500.00; Benevolence 500.00; Organ Fund 505.00.

**LAST WEEK AT FLC**

<b>Week of:</b>	<b>Sunday/Communion</b>	<b>Wednesday</b>	<b>Education Hour</b>
June 19	128/113	22	12

\* Attendance numbers include online participants

**SUNDAY SCHOOL** is now on a break until the fall. Classes will resume Sunday, September 11<sup>th</sup>. We look forward to seeing you in worship and wish you a blessed summer!

**VACATION BIBLE SCHOOL: Jesus, Our Lifeguard** begins Monday, July 4<sup>th</sup> and runs 8:50 – 11:45 through that week. Our VBS workers are installed today, and we give thanks to God for their willing hearts and hands! Please pray for them, and for the children who will be attending.

**NAME TAGS:** We encourage you to wear your name tag each Sunday. If your tag is MIA, please let the office know and a new one will be placed in your mailbox.

**MISSION OF THE MONTH**  
**LUTHERAN CHURCH CANADA (“LCC”)**

From preparing church workers and caring for them, to reaching out through mission work at home and abroad, LCC helps us work together as congregations to accomplish more together than we could do on our own. We have active work in Ukraine, in Nicaragua and in Central America. We have congregations “from sea to shining sea”. We support military chaplains and their ministry to those in the armed forces. We also work together with the International Lutheran Council to encourage the work of confessional biblical teaching throughout the world. Your gift helps carry out this great work!



**THE FLOWERS** which beautify our altar today are given to the glory of God by Charlotte Rentz in loving memory of her son, David Jr.

**LOOKING FOR RAFFLE BASKET DONATIONS:** The Stampede Breakfast would benefit from a couple of prize baskets for a raffle draw. If you are part of a Bible Study, Interest group or Board, or just a group of friends who would like to put a basket together, that would be fantastic. Please contact Sarah Knudtson if you would like to help! ([knudtson.sarah@gmail.com](mailto:knudtson.sarah@gmail.com))

**VOTERS MEETING TODAY AT 1:30 PM:** We will gather to receive the Annual Report and to elect officers. As we are not yet serving food, we encourage you to either bring a bag lunch or consider going out for a quick bite before the meeting. Pick up your copy of the Annual Report from the Welcome Desk.

**TODAY WE INSTALL OUR VBS STAFF,** as we look forward to sharing God’s Word with the children who come to join us for a week looking at **Jesus, Our Lifeguard**. As we ask for God’s blessing on our teachers, helpers and staff, we also ask you to keep them in prayer.



**WE ALSO OFFER PRAYERS FOR OUR YOUTH AND LEADERS** who will be attending the National Youth Gathering in Winnipeg July 15-19. May God grant that this time will be an encouragement and spiritual blessing to our youth and to their lives within God’s Church.

**BABY BOTTLE CAMPAIGN:** Today is the last day to bring in your filled baby bottles, or simply write a cheque or donate online. If everyone makes a small donation, together we will make a significant difference and build healthy families in our community.

**SLO-PITCH TOURNAMENT: August 6-7** in Revelstoke, BC is the annual Regional Ball Tourney. We are looking for players of all skill levels. If you have friends or family members who would be interested to play invite them. This is a great way to play ball, get together in fellowship, and come together for a time of worship. Sign up outside of Pastor Eric's office or email him. You are also more than welcome to come and cheer us on if playing is not your interest.



**WE ARE LOOKING FOR FIRST AID CERTIFIED MEMBERS:** While we truly hope we never need such help it is good to know who is available in case of need. Please let the office know if you are certified in first aid.

**SINGING MEN!!!** Men love to sing too!! I am forming a small men's group to sing a short song on July 24<sup>th</sup>. Since the tune is very familiar, we will have 2 practices - June 29<sup>th</sup> & July 13<sup>th</sup> and a short warm-up on the 24<sup>th</sup> before service. I'm looking for at least 4 tenors and 4 bass voices - please consider singing with us. Come to the choir loft at 7:30 on June 29<sup>th</sup> & July 13<sup>th</sup> after the Wednesday night service and let us raise our voices to our Lord! Please talk to me or email me if you're interested!!! [ChristineHeumanncg@gmail.com](mailto:ChristineHeumanncg@gmail.com)

**WHEN ARE WE "BACK TO NORMAL"?** Throughout the COVID days, several parts of our worship have been different. One of them is the gathering of offerings. The other is our celebration of Holy Communion.

- ❖ The Elders have determined that our best practice for offerings will be to leave the plates at the back of the church and ask people to leave their envelopes in the plates as they enter or leave the church. With many of our members having switched to online e-transfers or pre-authorized debits, many would not have an offering to put "on the plate" on Sunday. We do encourage your faithful stewardship of gifts, especially as we enter the summer months. The plates will be brought forward during the service, but one will also be available to you, should you forget to leave it as you enter.
- ❖ Beginning the 3<sup>rd</sup> Sunday in September, we will again commune as tables at the altar. We will also be returning to the Common Cup at that time. You are encouraged to either kneel or stand, as you are comfortable. We will continue to practice the best sanitary conditions, as we always have done. We also remind you to fill out a Communion registration card each time you commune.
- ❖ Things such as greeters each week or the pastors greeting at the door will also wait until September.

Wednesdays will continue as they have. We're getting through all of this. Thanks be to God, for His delivering care!



**LUTHERAN CHURCH—CANADA** publishes a weekly *InfoDigest* to keep the people of our church informed of news in the Synod and of upcoming events in congregations, circuit and the regions. Information can be submitted to [communications@lutheranchurch.ca](mailto:communications@lutheranchurch.ca) You can also subscribe to InfoDigest by going to: <http://.com/dEQESP>.

**OUR WEDNESDAY EVENING SERVICES** will have a special focus in these summer months, as our sermons will focus on the books of the minor prophets. As Pastor Eric noted in his sermon last Sunday, they are minor, not in terms of their importance, but in terms of their size. We did a similar look at the prison epistles and other epistles of Paul during the early days of COVID. We will begin with Jonah on July 6<sup>th</sup>. We invite you to join us for this study of God's Word.

**TRAVELLING ON THE WEEKENDS?** Remember the importance of time in God's house, gathered around His Word. Our midweek service is a great way of being fed with God's life-giving Word.

**We also hope you will remember** that our bills and ministry costs continue in these days. When you are away, please set aside your regular gift for the Lord's Work. Let's stay on top of our budget needs! We've been falling behind this year; let's get back on track, remembering God's faithfulness in first giving to us.



**CANADA DAY:** As we celebrate Canada Day next weekend, we pause to give thanks to God for His blessings. This is a good land, and we are blessed to live here. It is also a land that needs the blessings that only God can provide, so we ask that His Spirit, at work in His Word, would lead many to know and honour Him as Lord of All Lands. In all you do, give thanks, and be safe next weekend.

**COFFEE HELPERS NEEDED:** We still need to have a couple more people who are willing to help with coffee teams. Coffee teams serve an average of twice every three months. Please consider signing up on the Fellowship Board today!

**STAMPEDE BREAKFAST:** Our Stampede Breakfast will be held July 17<sup>th</sup> from 8:00 to 10:00. There will be some differences, as we look at this as a way of bringing our congregation back together. We won't be advertising the same way; food will be served in the parish hall, and the service will be in the sanctuary. The Stampede Breakfast team leaders and volunteers will be here bright and early Sunday morning July 17 to make it all happen. Of course, you can join them as we join in fellowship around the Word and service to others. We look forward to seeing you!



# Growing FAITH at home

26th June 2022

THIRD SUNDAY AFTER PENTECOST –  
PROPER 8

Following Jesus

## Caring Conversations



SHARE

Share your highs and lows of the day, or respond to the following questions:

1

What is something that you have put off doing? Why?

2

Jesus asked people to follow him, but sometimes they put it off, saying "I need to do this or that first" (Luke 9:59-61). Is it hard for you to follow Jesus sometimes? If so, in what ways?

3

If Jesus asked you to move somewhere else to do his will, what would be hardest for you to leave behind?

## Devotions



READ Daily Bible Readings

<b>S</b>	Luke 9:51-62	The cost of following Jesus
<b>M</b>	Luke 9:21-27	Following Jesus
<b>T</b>	Luke 14:25-34	Considering the cost
<b>W</b>	Luke 5:27-31	Levi follows Christ
<b>T</b>	Matthew 13:1-8	A crop is produced
<b>F</b>	Galatians 5: 13-25	Living by the Spirit's power
<b>S</b>	Psalm 16	What a wonderful inheritance!
<b>S</b>	Luke 10:1-11,16-20	Jesus sends out the seventy-two



TALK

Talk about the Bible verse. What word or phrase was important to you as you read these verses?

## Rituals and Traditions



PRAY

Lord Jesus, we want to work for you. Please help us to let go of things that hold us back. Amen.



BLESS

May God's love enable you to follow Jesus.

## Sundays after Pentecost

**GREEN** is a sign of life and nature and as such represents growth, life and hope.

## Creative Response

- Share any opportunities you had for witnessing about Christ during the week at school, at work, in the neighbourhood or at home.
- Start a prayer list of the names of three people you would like to come to have a faith in Jesus. Pray for the Holy Spirit to show you ways that you could share the gospel with them.
- Invite your neighbours for a meal at your home. Get to know them and their needs.
- Make your home a welcoming place for your children's friends.
- Encourage your children to invite their friends to your church youth events, to Sunday morning worship or to a church youth or kids camp.

### mealt ime prayer

Thank you, Lord, for potatoes and meat. We love being your hands and feet. Amen.

verse for the week

Then he said to them all: "Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me."

LUKE 9:23

## Service



Some followers of Jesus today still give up 'home, family, and means of income' to share him with others. Do you know of anyone who has done this (e.g. missionaries in other countries)? Ask your pastor or church friends to suggest someone to you. Find their address and write a note of encouragement and thanks to them. Pray for them this week. Find out more about mission in the LCA (Lutheran Church of Australia) here: <http://www.lca.org.au/board-for-mission.html>