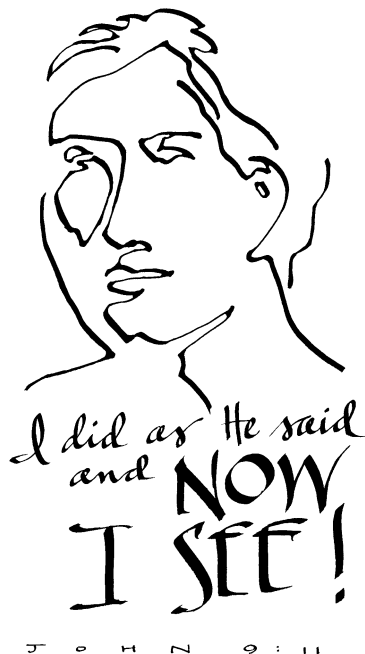


Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com

“Connecting People with Christ through Worship, Relationships & Service”



Fourth Sunday in Lent

March 19, 2023

Senior Pastor: David Bode

(flcpastor@foothillslutheran.com)

Associate Pastor: Eric Moffett

(flcpastoreric@foothillslutheran.com)

DPS: Deaconess Miriam Winstanley

(miriam@foothillslutheran.com)

Office Administrator: Carol Kehler

(office@foothillslutheran.com)

Pastor Emeritus: Eldon Ohlinger

A Prayer Upon Entering: We come before You this day to bask in Your presence ... and to receive something from You. May we find in You forgiveness and strength, cleansing and renewal, and, above all, a better understanding of what You want us to be.

Present and eternal Lord, look upon us in love.

OUR WORSHIP TODAY

ORDER OF SERVICE: Divine Service 3, p. 184

Please note: We omit the Hymn of Praise and the Alleluias during Lent.

HYMNS: 849; 744; 411; 825; 430; 434

FIRST LESSON:..... Isaiah 42:14-21

EPISTLE LESSON: Ephesians 5:8-14

GOSPEL LESSON: John 9:1-41

SERMON: *The Great Ophthalmologist* - John 9:1-41

THE FLOWERS that grace our altar are given to the glory of God by Ingrid Kubke in remembrance of her husband, Edwin.

WELCOME! It is a joy to have you with us today, especially the visitors who have joined us this morning. We gather together this day to be fed with the life-giving word of God. If you are visiting with us today, we hope you will join us again and find the joy, peace and life we have as God's people. We also hope you will sign our guest book at the back of the church.

WE CELEBRATE HOLY COMMUNION TODAY as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

A NOTE ABOUT OUR OFFERINGS: We are blessed through the faithful stewardship of God's people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: financials@foothillslutheran.com.

Offering plates are at the door, both before and after service, for those who want to give their offerings in God's house. These will be brought to the altar during the service.

In all things, let us remember that we give from the bounty that our Lord first bestows upon us. Thanks be to Him for every good and perfect gift!

SERVING IN GOD'S HOUSE TODAY

Organist..... Deaconess Miriam Winstanley
Ushers..... Heather Sommers; Bruce Winstanley
Acolyte..... Emmy Legroulx
Lector Heather Sommers
Coffee Team..... Ingrid Kubke; Robert Kubke

THIS WEEK AT FLC

Monday	7:00 pm	Lenten Leaders Bible Study
Tuesday	10:00 am	LifeLight Bible Study
	7:30 pm	Ladies Bible Study
Wednesday	9:30 am	Circuit Meeting – Trinity, Torrington
	6:30 pm	Lenten Worship/Communion (Pastor Eric)
Thursday	1:30 pm	Ladies Bible Study
Friday	7:00 pm	Youth
Sunday	9:00 am	Education Hour
	10:15 am	Worship
	11:45 am	Faith at Home - Forgiveness in the Family

IN OUR PRAYERS THIS WEEK:

In Hospital:

Homebound:

For Special Intercession:

Family Focus:

SUNDAY SCHOOL: Today, students will study “Betrayed and Arrested.” Knowing His final hours are drawing close, Jesus goes with His disciples to Gethsemane. Taking Peter, James, and John deeper into the garden, Jesus goes off alone three times to pray. His prayer reflects His willingness to fulfill the Father’s plan despite the suffering that lies ahead. The armed mob arrives to arrest Jesus, whom Judas betrays with a kiss. Peter bravely tries to defend Jesus with a sword but only manages to injure the high priest’s servant. Jesus allows Himself to be taken by the armed mob to fulfill the Scripture.

OUR LENTEN SERVICES ARE ONLINE! If you can’t be here in person, join us at www.facebook.com/foothillslutheran for our time of Lenten meditation.

THE LUTHERAN HOUR: "Bad Karma vs. Good Creator" Lutheran Speaker: Rev. Dr. Michael Zeigler. When bad things happen, is it "bad karma" or an opportunity for our Good Creator to be doing a greater work? (John 9:3) Hear this inspirational message on CHRB 1140 AM and/or 1060 AM at 8:00 Sunday morning. Streaming audio and podcasts at www.lutheranhour.ca

LAST WEEK AT FLC

Week of:	Sunday	Wednesday	Education Hour
March 12	147	33	26

* Attendance numbers include online participants

OUR STEWARDSHIP OF GOD'S GIFTS

Weekly Offering Needs	\$8,288.46	Our Budget Goal
Envelope Gifts Received Last Week	\$7,501.00	
Envelope Gifts Received to Date	\$83,815.00	+/- YTD
Total Offerings Needed to Date	\$91,173.08	-\$7,358.08

Non-Budget and Miscellaneous Gifts: Plate 20.00; Visitor 180.00; Sunday School 5.00; Lutheran Hour 5.00; LWML 100.00; VBS 50.00.

**MISSION OF THE MONTH
VBS PROGRAMME**

One of the special outreach efforts we have carried out over the years has been our VBS programme. Through the lessons we share from God's Word we have had the opportunity to witness to children from our neighbourhood, as well as to the members of our church.

We are planning to hold an outreach VBS that will be off-site and is aimed at those who do not attend church. Because we are renting a facility there is an additional cost for this programme. Your gifts will help with this effort, and we also hope that we will have the support for our normal summer efforts. May God bless this work and give us a great opportunity to tell children of the Saviour who seeks and saves the lost! (See the note below for more information.)

LENTEN SOUP SUPPERS: It is with sadness that we have made the decision to cancel our soup suppers for this Lenten season. We know that it is taking time to get back into the routine of many of the things we have done in the past. Hopefully we will be able to gather for this time of both fellowship around the table and the spiritual fellowship of worship in the days to come.



PASTOR BODE IS OFFERING A THURSDAY EVENING BIBLE STUDY. The study would be held in Tuscany, at the Bode home. We would follow the LifeLight programme. Are you interested in this? Let Pastor Bode know that you would welcome another bible study opportunity!

ONE DAY VACATION BIBLE SCHOOL – MAY 29TH: We are planning a one-day VBS outreach, entitled “*Treasured by God*”, focusing on the Lost and Found parables of Luke 15. This will take place on Monday, May 29th, which is a non-instructional day for children in public school. We plan to have it offsite, at Capitol Hill Community Centre. Please consider volunteering your time and talents for that day. We will need teachers, helpers, a crafts leader, and games leaders. Our member families are invited to attend, and we encourage your children to bring an unchurched friend. Talk with Deaconess Miriam and Pastor Eric if you are interested and watch the bulletin and newsletter for more information.



EASTER EGG-DECORATING: Come **Saturday, April 8th 10:00 – 11:30 am** with your own hard-boiled eggs. Supplies will be provided for you to decorate your eggs, as well as some eggs for the Easter Breakfast. There will be a special egg hunt for the children, followed by a devotion. Please let Deaconess Miriam know if you plan to attend, so we can have supplies available for everyone.

SPRING SLO-PITCH TEAM: If you're at least 18 and are interested in playing some slo-pitch on a regular basis (before the tournament in Golden on August 11 to 13!), we're hoping to put together a team to play on Monday nights in the Calgary Sport and Social league, starting April 24th for 8 weeks. Cost will depend on how many people sign up. Contact Michelle Heumann (michelleheumann@gmail.com) before March 21 if you're interested!



OUR LENTEN LEADERS BIBLE STUDY continues Monday, **March 20th** at 7:00 pm. We will be looking at our wounded Saviour. This week we look at the wound of denial. The wounds we see in the passion of the Lord came from those close to the Lord, who suffered for us. We hold these studies as times of spiritual refreshment for our leaders, but you are invited to join us. Let one of the pastors know you would like to attend.



JOIN US FOR OUR SPECIAL LENTEN SERVICES as we look at “*Chronicles of the King*”, and through a look at some of the kings who followed in the line of David we will look to the rule of the coming King—the Christ, who will sit on the throne of his father David forever.

We are sharing in a Lenten rotation with St. Matthew’s, Lutheran Church of the Good Shepherd, and Prince of Peace. Pastors will be travelling to each church to share a sermon each week. Our services begin each Wednesday at 6:30 pm. We hope you will join us for these services:

March 22: Pastor Moffett

March 29: Pastor Bode

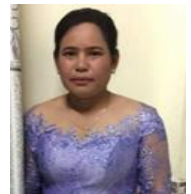
YOUNG ADULT RETREAT: Trinity Lutheran Church is hosting a **Young Adult Retreat** the weekend of **May 5-7** at **Camp Luther** in Mission, BC. We want to invite all young adults ages 18-35 near and far to join us at this event! Registration has just opened for the event using the following link: <https://forms.gle/ex3FEkz2ttiNo3Uv7>. More information can be found here: <https://linktr.ee/yaretreat>

LUTHERAN HOSPITAL MINISTRIES: Given the ongoing computer difficulties with the AHS system, we ask that you contact Lutheran Hospital Ministries directly (lhmsac@gmail.com) if you or someone you know is going into the hospital and desires a visit from one of our dedicated volunteers.

TIME AND TALENTS SURVEY: During the month of February, we focused on what we can give back to our Lord out of thankfulness for all He has given to us. One of the key things that all of us can give back, is our time. Our Lord has gifted each of us with talents that we can use within our congregation and within the community. Our church needs volunteers in all areas to further our outreach to others and to provide Christian care, spiritual strengthening, and fellowship to our members. We ask each member of our congregation to examine your talents and gifts and fill out the “Time and Talents” survey that will soon be on-line and in your mailboxes. We will then use these surveys to match the talents of our members with the various volunteer opportunities in our congregation and within our community. Our congregation cannot survive without active engaged members so we encourage each of you to prayerfully consider how you can use your talents to further God’s work.

COFFEE DURING HOLY WEEK: For the services of Maundy Thursday, Good Friday and Easter Sunday we will not be having coffee service. This is partly due to low volunteer numbers, but also many people have family commitments directly after the service (particularly on Sunday). We hope that you will enjoy this extra time to celebrate the sacrifice and resurrection of our Lord with your family and friends!

MISSION PRAYER: Deaconess Neak Mav (Nee-ak) currently serves as the director of the deaconesses’ ministry of Cambodia Lutheran Church and locally serves Preach Lutheran Church in Kampot Province. **Prayer:** Heavenly Father, since Your Son has saved the world through His holy, innocent, bitter sufferings and death and sent forth His Church to proclaim the Good News of this salvation to the ends of the earth and to distribute His saving gifts of grace, we pray that You would sustain Deaconess Neak by Your Spirit and richly bless her labours for the sake of the Gospel; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now forever. **C: Amen**





Growing FAITH at home

19 March 2023

FOURTH SUNDAY
IN LENT

JESUS IS THE
LIGHT OF
THE WORLD



growministries
LGA CHILD YOUTH & FAMILY MINISTRY



www.growministries.org.au



CONVERSATIONS

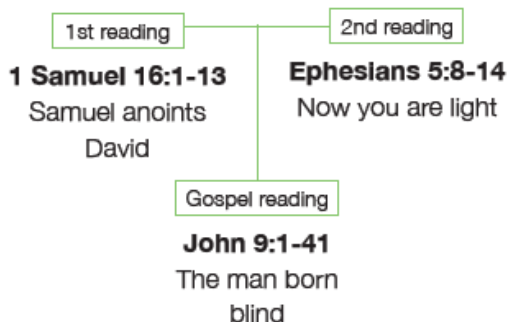
Share your highs and lows, or respond to the following:

1. Imagine you were blind, what would you miss the most?
2. Share about a time when you were in a very dark place. How did you feel?



BIBLE READINGS

Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.



DISCUSS

Jesus said, "I am the light of the world" (John 9:5). In what ways is he a light in your life?



ACTION RESPONSE

Christian Blind Mission International (CBMI) www.cbm.org works to improve the quality of life of persons with disabilities in the poorest countries of the world. CBMI supports more than 1000 programs in Africa, Asia/Pacific, Europe, and Latin America. Almost 17 million people benefit from CBMI's support. Consider making a donation to support their work. Pray for people with disabilities such as blindness this week.



PRAYER

Lord Jesus, we believe. May we worship you today through all we do and say. Amen.



MEALTIME PRAYER

Lord Jesus, you give sight to the blind and food to the hungry. We thank you for your kindness and praise you for your goodness. Amen.



BLESSING

May the Holy Spirit fill you with what is good.

WHILE I AM IN THE WORLD, I AM
THE LIGHT OF THE WORLD.

JOHN 9:5

VERSE OF THE WEEK

