

Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com

“Connecting People with Christ through Worship, Relationships & Service”



Third Sunday after the Epiphany
January 21, 2024

Senior Pastor: David Bode (flcpastor@foothillslutheran.com)	DPS: Deaconess Miriam Winstanley (miriam@foothillslutheran.com)
Associate Pastor: Eric Moffett (flcpastoreric@foothillslutheran.com)	Office Administrator: Carol Kehler (office@foothillslutheran.com)
Pastor Emeritus: Eldon Ohlinger	

A Prayer Upon Entering: Christ of the nations, may we carry Your message of good news from country to country and shore to shore. May more people be compelled to commit their way to You. And wherever Your followers may be, may there be an eagerness to say yes to You.

Gathering Lord, draw more and more people into Your band of believers.

OUR WORSHIP TODAY

ORDER OF SERVICE: As projected
HYMNS: Psalm 46 Lord of Hosts; Holy Is the Lord; Mighty to Save;
..... Hope of the Nations; This Is Amazing Grace
FIRST LESSON: Jonah 3:1-5, 10
EPISTLE LESSON: 1 Corinthians 7: 29-31
GOSPEL LESSON: Mark 1:14-20
SERMON: *Love to the Loveless Shown* - Jonah 3:1-5, 10

WELCOME in the powerful and precious name of Jesus! We invite you to pray with us; sing with us; learn from God's Word with us. We are glad that you have joined us, and we hope you will come again. Please take a moment to sign our guest book at the back of the church. May God richly bless your worship here today!

WE CELEBRATE HOLY COMMUNION TODAY as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

A NOTE ABOUT OUR OFFERINGS: We are blessed through the faithful stewardship of God's people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: financials@foothillslutheran.com.

In all things, let us remember that we give from the bounty that our Lord first bestows upon us. Thanks be to Him for every good and perfect gift!



THE FLOWERS that grace our altar this morning are given to the glory of God by Walter Zwick in loving memory of his wife, Lois.

SERVING IN GOD'S HOUSE TODAY

Music..... Contemporary Musicians
Ushers..... Elfrieda Heiden; Heather Sommers
Acolyte..... Maliyah Chan
Lector Nora Jarowicz
AV Operator..... Evan Stene
Coffee Team..... Vi Dusterhoft; Colleen Judiesch; Anne Marie Kothari

THIS WEEK AT FLC

Monday	1:00 pm	LWMLC Meeting
Tuesday	10:00 am	LifeLight Bible Study
	7:30 pm	Ladies Bible Study
Wednesday	10:00 am	Circuit Winkel at Prince of Peace
	6:30 pm	Midweek Worship
Thursday	1:30 pm	Ladies Bible Study
	6:00 pm	Children’s Choir
Friday	6:45 pm	Youth - Activate
Sunday	9:00 am	Education Hour
	10:15 am	Worship
		Voter’s Meeting

IN OUR PRAYERS THIS WEEK:

In Hospital:

Homebound:

For Special Intercession:

Family Focus:

SUNDAY SCHOOL: Today, we will study “The Fall and a Promise.” The slithery serpent caused Eve to doubt God’s Word with one simple question: “Did God actually say . . .?” (Genesis 3:1). Seeking to gain wisdom, Eve and Adam rebel against their Creator. Suddenly aware of their condition before God, they vainly attempt to hide their sinful exposure. With sin comes punishment that is just; yet our heavenly Father does not leave humankind without hope. Instead, He promises One who will come to rescue His people from the jaws of death and Satan. As a family, discuss the importance of God’s promise of the Savior.

LAST WEEK AT FLC

Week of:	Sunday	Education Hour	Wednesday/ Communion
January 14	105	16	10/9

**Attendance includes online participation.*

OUR STEWARDSHIP OF GOD'S GIFTS

Weekly Offering Needs	\$8,288.46	Our Budget Goal \$431,000.00
Envelope Gifts Received Last Week	\$6,925.00	
Envelope Gifts Received to Date	\$13,800.00	+/- YTD
Total Offerings Needed to Date	\$16,576.92	-\$2,776.92

Non-Budget/Miscellaneous Gifts: Visitor 600.00; Sunday School 12.00; Parking 2200.00; LWML 40.00.

***Please Note:** Our offering numbers/needs will be updated when the new budget for 2024 is adopted.

THE LUTHERAN HOUR: "The Battleground of Forgiveness" Lutheran Hour Speaker Rev. Dr. Michael Zeigler. God's forgiveness covers our sins-but it's not a coverup! (Psalm 32:1). Hear this inspirational message on CHRB 1140 AM at 8:00 and/or CJLI-The Light-700 AM at 9:30 Sunday mornings. Streaming audio and podcasts are available at www.lutheranhour.ca.

MISSION OF THE MONTH

LUTHERAN WOMEN'S MISSIONARY LEAGUE - CANADA

Based on the biblical story of the widow's mite (Luke 21:1-4 KJV), "mites" – offerings above and beyond the support given to the congregation and the synod – are collected by women of Lutheran Church-Canada. Mite contributions amount to thousands of dollars, supporting LWML-Canada district and national grants to mission projects around the world as well as implementing the LWML-Canada program. Mite offerings are gathered at meetings, preferably with prayer or special devotions.

LWMLC SOCIETY MEETING: Monday, January 22, 1:00 – 3:00 p.m. This is an in- person event. We'll begin with Bible Study led by Pastor Bode followed by a short business meeting. The Fellowship Hall will be set up to allow for social distancing and masks are optional. If you would like to socialize beforehand, come at 12:30 and bring your own lunch. Coffee and goodies will be served. All ladies are welcome!

OUR VOTERS WILL BE MEETING to adopt the budget for 2024 on **Sunday, January 28th**. Voter packages are available on the Welcome Desk.

Thank You **OUR DEAR BROTHERS AND SISTERS IN CHRIST:** You have again shown your love for us, the pastors and workers in this church with a gift this Christmas. We are blessed through your thoughtfulness and appreciate your kindness. We truly hope that you know we return that love and appreciation to you. We thank God for you, for your kindness and for your support. May He continue to bless us in our work and service together, to the glory of His name!

A **NEW FLOWER CALENDAR** is posted on the Worship Bulletin Board by Deaconess Miriam's office. We appreciate the gift of fresh flowers to beautify the Lord's altar. Brenda Bode has kindly offered to coordinate this effort.



WHY READ THE BIBLE DAILY? When you are away from home, don't you long for the voice of those you love? We know how important it is to share with family and friends daily (look at the way people use Facebook and other social media!) The Bible is God's Word. It is how He speaks to us. We hear His voice and stay in contact through prayer. Read your Bible! Let God speak to you! We have a variety of reading plans to help you go through the Scriptures. We'll put some on the welcome desk or speak to the pastors to get a copy.



WE ALSO HAVE A VARIETY OF BIBLE STUDIES to help you be in the Word! Tuesday mornings we have our LifeLight study, continuing our look at the epistles of John. We welcome you to join us for this time in the Word. We meet Tuesdays at 10:00 in the Fellowship Hall and finish at 11:30.

There are studies for the ladies on Tuesday evenings at 7:30 pm and Thursday afternoon at 1:30 pm. The men meet once a month (1st Saturday) at 9:00 am for breakfast and bible study. Sundays there are studies for youth and for adults. We can always find room for more! Come and join us, or ask for another opportunity!



THE ANNUAL SHROVE TUESDAY PANCAKE DINNER, hosted by the youth group, will be returning on **February 13**, and pancakes and ham will be served from 5:30 to 6:30 pm (gluten-free pancakes will be available as well). Please sign up on the sheet on the youth bulletin board by Wednesday,

February 7, so we have an idea of how many people to prepare for, although you are welcome to attend even if you don't sign up.

Donations towards our trips to gatherings, like the 2025 Lutheran Church-Canada National Youth Gathering, are appreciated!

Youth, come at 4pm, or as early as possible, to help set up and cook. You'll get to eat dinner, and help clean up, too!

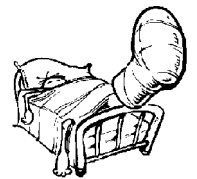
MISSION PRAYER: CAMBODIA: This week, we pray for **Rev. Rochom Binh (Rock-om)** who serves as a missionary pastor for the Jarai community in his village in Ratanakiri. **Prayer:** Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Pastor Binh, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**



TAX RECEIPTS FOR 2023 will be available in your mailbox over the next couple of weeks. We will leave them there until mid-February then if not picked-up, will mail them out. If you would like your receipt mailed sooner, please contact the church office.

VBS **VACATION BIBLE SCHOOL:** In the past (pre-Covid) we ran 2 weeks of VBS at Foothills Lutheran Church, and we would like to go back to 2 weeks again, provided we have the volunteers needed to do so. That's why we are checking with you, our dear members. We will definitely run one week, **July 22-26**. The second week would run **July 29-August 2**. If you would prayerfully consider whether you can help us out, and which weeks would work best for you (or if you would be willing to help both weeks), we would appreciate hearing from you. Please let us know your thoughts by the end of January.

WE HAVE BEEN MADE AWARE that the patient lists at the hospital are not always indicating that people are members of the Lutheran Church. This can have an impact on the visitors with Lutheran Hospital Ministries, who may not be aware of those who are in the hospital. We ask that you do two things: if you are admitted to the hospital, please have someone let the pastors know. We seek to provide ministry to God's people in these times of need, but we cannot do that if you don't let us know of that hospital time.



In the Hospital

When you are going through admission (harder if going through emergency), please indicate that you are a member of the Lutheran Church and that you would appreciate a visit. That should help the Lutheran Hospital Ministry visitors to serve you, too!

Of course, in all our needs, let us remember: *“do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.”* (Philippians 4:6-7, ESV)



Growing FAITH at home

THIRD SUNDAY
AFTER
EPIPHANY

YEAR B

Jesus is
baptised



growministries
LCA CHILD YOUTH & FAMILY MINISTRY



LUTHERAN
CHURCH
OF AUSTRALIA

where love comes to life

www.growministries.org.au



CONVERSATIONS

Share your highs and lows, or respond to the following:

1. What is the difference between being a leader and being a follower? In what ways are you a leader? In what ways are you a follower?
2. What did Simon, Andrew, James and John give up to follow Jesus? How do you think they felt?
3. What does it mean to be a 'fisher of people'?



BIBLE READINGS

Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.

S	Mark 1:14-20	Jesus calls disciples
M	Jonah 3:1-5, 10	Jonah goes to Nineveh
T	1 Corinthians 7:29-31	Live without anxiety in daily life
W	Genesis 12:1-9	God calls Abram
T	Mark 3:13-19	Jesus appoints the twelve
F	1 Corinthians 7:17-24	Live the life assigned to you
S	Psalms 62:5-10	God is powerful and kind

VERSE OF THE WEEK

'Come follow me', Jesus said, "and I will
make you fish for people."

MARK 1:17



CREATIVE RESPONSE

For many centuries the fish has been an important Christian symbol. In the time of the early church, it was dangerous to be known as a Christian in some parts of the Roman Empire; so believers developed a “code language” to reveal their faith to other Christians. A Christian would draw on the ground the upper half of a fish symbol. If the other person was a Christian they would recognise this and add a second curved line to complete the drawing of a fish.

- Make a list of names (perhaps in the shape of a fish!) of people you know who do not know Jesus. Pray for them.
- Go on a “chalk walk” in your local community. Use chalk to draw the fish symbol on footpaths in your neighbourhood. When you do so, pray for the people who work or live nearby, that they may live with faith in Jesus.
- Come up with your own household “code language” to symbolise your faith in Jesus.
- Pray for those who live where it is dangerous to be a Christian.



ACTION RESPONSE

On Australia Day various official honours and awards are given to citizens who serve in their communities and country.

Think of someone in your community or congregation whom you admire for their service to others. Make them a thank you card to show your appreciation.



MEALTIME PRAYER

Come Spirit of God and make this food sweet. Give strength to our hands and guide our feet. Amen.



PRAYER

Lord Jesus, you call us. Thank you for your love that gives us the courage and the faith to follow you. Amen.



BLESSING

May God be your King and help you to follow his Son.