

# Foothills Lutheran Church

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*“Connecting People with Christ through Worship, Relationships & Service”*



*First Sunday in Lent*  
*February 18, 2024*

<b>Senior Pastor:</b> David Bode ( <a href="mailto:flcpastor@foothillslutheran.com">flcpastor@foothillslutheran.com</a> )	<b>DPS:</b> Deaconess Miriam Winstanley ( <a href="mailto:miriam@foothillslutheran.com">miriam@foothillslutheran.com</a> )
<b>Associate Pastor:</b> Eric Moffett ( <a href="mailto:flcpastoreric@foothillslutheran.com">flcpastoreric@foothillslutheran.com</a> )	<b>Office Administrator:</b> Carol Kehler ( <a href="mailto:office@foothillslutheran.com">office@foothillslutheran.com</a> )
<b>Pastor Emeritus:</b> Eldon Ohlinger	

**A Prayer Upon Entering:** During these 40 days of Lent, O Lord, we are reminded of the way You saved Noah and the way You saved us by Your death on the cross. May these reminders of Your salvation now carry us through our trials and temptations, and lead us to repentance and renewal.

*Savior from sin, reveal to us Your plan for our survival.*

**OUR WORSHIP TODAY**

**ORDER OF SERVICE:** ..... Divine Service 3, p. 184

*Please Note: We omit the Gloria in Excelsis and the Alleluias during Lent.*

**HYMNS:** ..... 418; 656; 547; 718; 602; 424

**FIRST LESSON:** ..... Genesis 22:1-18

**EPISTLE LESSON:** ..... James 1:12-18

**GOSPEL LESSON:** ..... Mark 1:9-15

**SERMON:** *Expect the Unexpected with God!* - Genesis 22:1-18

**WELCOME!** It is a joy to have you with us today, especially the visitors who have joined us this morning. We gather together this day to be fed with the life-giving word of God. If you are visiting with us today, we hope you will join us again and find the joy, peace and life we have as God's people. We also hope you will sign our guest book at the back of the church.

**WE CELEBRATE HOLY COMMUNION TODAY** as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

**A NOTE ABOUT OUR OFFERINGS:** We are blessed through the faithful stewardship of God's people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: [financials@foothillslutheran.com](mailto:financials@foothillslutheran.com).

In all things, let us remember that we give from the bounty that our Lord first bestows upon us. Thanks be to Him for every good and perfect gift!

**THE FLOWERS** that grace our altar for February are given to the glory of God in remembrance of Rick Bennetts (Michelle Heumann's father) and Iain Graham (Christine Heumann's father).

## **SERVING IN GOD'S HOUSE TODAY**

Organist..... Deaconess Miriam Winstanley  
Ushers..... Elfrieda Heiden; Ellen Wagner  
Lector ..... Pastors  
Coffee Team..... Jutta Colhoun; Vi Dusterhoft; Colleen Judiesch  
AV Operators ..... Brian & Barb Vincent

### ***THIS WEEK AT FLC***

<b>Monday</b>		Family Day – Office Closed
<b>Tuesday</b>	10:00 am	LifeLight Bible Study
	7:30 pm	Ladies Bible Study
<b>Wednesday</b>	6:30 pm	Lenten Service with Pastor Rekken
<b>Thursday</b>	1:30 pm	Ladies Bible Study
	6:00 pm	Children's Choir
<b>Friday</b>		Youth
<b>Sunday</b>	9:00 am	Education Hour
	10:15 am	Worship

### ***IN OUR PRAYERS THIS WEEK:***

***In Hospital:***

***Homebound:***

***For Special Intercession:***

***Family Focus:.***



***YOU ARE INVITED TO A SPECIAL COFFEE HOUR NEXT SUNDAY***, as we join the whole Ohlinger family in celebrating the 90<sup>th</sup> birthday of our Pastor Emeritus, Rev. Eldon Ohlinger. Come for some cake, some coffee and for a chance to greet Pastor Ohlinger on this special day.

***THE LUTHERAN HOUR: "Redeeming DIY"*** Lutheran Hour Speaker Dr. Michael Zeigler talks about spiritual growth in the season of Lent and dying to self in a "do-it-yourself" world. (Mark 1:12-13). Hear this inspirational message on CHRB 1140 AM at 8:00 and/or CJLI-The Light-700 AM at 9:30 Sunday mornings. Streaming audio and podcasts are available at [www.lutheranhour.ca](http://www.lutheranhour.ca).

**SUNDAY SCHOOL:** There were no Sunday School classes this morning, as it is Family Day. May God bless and keep all of our families in His tender care, and grant that they would grow in faith and unity in Him as they share His Word in their homes. Sunday School resumes next week, February 25<sup>th</sup>.



**WE EXTEND OUR CHRISTIAN SYMPATHY** and the glorious hope of the resurrection to Austin and Melanie Voss and family at the death of Austin’s father, Gary. We pray that God would comfort this family with His everlasting love and comfort.

**LAST WEEK AT FLC**

<b>Week of:</b>	<b>Sunday</b>	<b>Education Hour</b>	<b>Ash Wednesday/ Communion</b>
February 11	137	24	44/44

*\*Attendance includes online participation.*

**OUR STEWARDSHIP OF GOD’S GIFTS**

Weekly Offering Needs	\$7,404.00	<b>Our Budget Goal</b> \$385,000
Envelope Gifts Received Last Week	\$5,425.00	
Envelope Gifts Received to Date	\$40,676.00	<b>+/- YTD</b>
<b>Total Offerings Needed to Date</b>	<b>\$44,423.08</b>	<b>-\$3,747.08</b>

**Non-Budget/Miscellaneous Gifts:** Plate 8.75; Visitor 110.00; Sunday School 10.00; Facility Rentals 1,560.00; CLWR 80.00; Concordia Seminary 80.00; Lutheran Hour Ministries 215.00; LWML 50.00; Youth 110.00.

**MISSION OF THE MONTH  
LUTHERAN HOUR MINISTRIES**

Lutheran Hour Ministries is a trusted resource in global media that equips and engages a vibrant volunteer base to passionately proclaim the Gospel with people around the world more than 195 million times each week. Through its North American headquarters and ministry centers on six continents, LHM reaches into more than 60 countries, often bringing Christ to places where no other Christian evangelistic organizations are present. LHM’s flagship ministry, **The Lutheran Hour®**, airs weekly on more than 1,800 radio stations and the American Forces Network.

**LWMLC SOCIETY MEETING: Monday, February 26,** 1:00 – 3:00 p.m. This is an in- person event. We’ll begin with Bible Study led by Pastor Bode followed by a short business meeting. The Fellowship Hall will be set up to allow for social distancing and masks are optional. If you would like to socialize beforehand, come at 12:30 and bring your own lunch. Coffee and goodies will be served. All ladies are welcome!





**VACATION BIBLE SCHOOL:** Thank you to everyone who responded to our questions about volunteering at VBS. We will run for one week, **July 22-26**, with the theme of **“A Week with Jesus”**. Save-the-date notices have been sent out to our previous attendees, and registration will be available the beginning of

March. If you haven't indicated your interest in helping out, or would like more information, please contact Deaconess Miriam or Pastor Eric.

**SQUARE DANCING:** The Fellowship Board welcomes you to join us in some early Stampede



fun and learn some square dance steps on **Friday, April 26<sup>th</sup>**. Watch out for further details as the date gets closer.

**LENTEN BIBLE STUDY:** The Board of Christian Education will be holding our annual Lenten Bible study starting on **Monday, February 26**, at 7 pm for five Mondays, though March 25. The study will examine the apostle Paul, who is perhaps the most popular letter-writer of all time. This study explores the life, faith, and ministry of the apostle Paul and teaches readers about God's plan and purpose for our lives. You will learn how the inspired letters of Paul speak to you today as powerfully as they did to their first audience. Everyone is invited to attend, and we particularly encourage the leaders of our congregation to participate. If you're interested in coming, please let Trevor Heumann ([education@foothillslutheran.com](mailto:education@foothillslutheran.com)) know.

**MISSION PRAYER:** This week, we pray for **Rev. Frank Morgret** who serves as Resident Pastoral Advisor of the Evangelical Lutheran Church of the Holy Trinity in Sainte-Foy (Quebec City). **Prayer:** Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Pastor Morgret, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**



**THANK YOU** to everyone who came out for the Shrove Tuesday pancake dinner! Everyone enjoyed the food and fellowship, and donated several hundred dollars towards the youth gathering fund. We'll know the exact amount once we've finalized the cost of the supplies, but it looks like it will be almost enough to cover one youth's registration fees for the next National Youth Gathering! Also thank you to the youth and parents who helped shop, cook, and clean up. It was a great turnout!



**ONCE AGAIN, AS WE ENTER THE SACRED SEASON OF LENT**, we will hold special services to lead us to the cross and a deeper appreciation of all that our Saviour has done for us in His death and resurrection.

Our theme is *Coming Home from Exile: The Exoduses of the Scriptures*. and we will see how God brings the lost, wandering and exiled sinners back to His promised land. The pastors from St. Matthew's, Lutheran Church of the Good Shepherd, and Prince of Peace will be travelling to each church to share a sermon each week. Our services begin each Wednesday at 6:30 pm. Unfortunately, we are unable to host our soup suppers, as we have not had the volunteers needed for this. We hope you will join us for these services:

- February 21** "Out of Egypt I Have Called My Son," Exodus 14  
Pastor Rekken – Prince of Peace
- February 28** Abram's Exodus before the Exodus, Genesis 12:10–20  
Pastor Zeuch – St. Matthew
- March 6** The Promise of a Cosmopolitan Exodus, Isaiah 11:11–16  
Pastor. Dressler – Lutheran Church of the Good Shepherd
- March 13** Jacob the Heel Comes Home, Genesis 28:10–17 – Pastor Moffett
- March 20** Exile and Return from Our Babylons, Ezra 1:1–4 – Pastor Bode

**GOD HAS BLESSED US WITH A PRECIOUS GIFT.** That gift is given to us as our God serves us in our worship. Our heritage in worship is often forgotten or misunderstood. To help us find greater joy in our worship we will review some of the terms and the reasons why we worship as we do.

The first thing for us to remember is that we do not gather to do something for God. We don't worship to stroke God's ego or come before a king who expects us to wait on Him as obedient slaves. It is actually the opposite. God knows the reality of our sinfulness, but He has loved us so much that He has come to take our sin into Himself as He bears our punishment on the cross. Now, in our worship, our God comes to bring us the blessings of that forgiveness. As He serves us through His Word, we see heaven touch the earth, as God delivers us that forgiveness and renews and strengthens our faith.

God serves us through His Word. That Word calls us to repentance and assures us of His forgiveness. The Word guides us as we live under His grace in this world. We speak to Him through the Word He has made known to us. We hear that Word, as it read and as the pastor preaches from that Word. Again and again, God assures us of His love, His mercy and His grace. What a joy it is to have this worship, or as we more properly say, this Divine Service, as God comes to us in love.

We will look at the elements of our worship in the coming weeks, and rejoice that God comes to feed us, guide us and strengthen our faith.



## Growing FAITH at home

FIRST  
SUNDAY  
IN LENT

YEAR B

Lent is a time  
to say “No” to  
sin and “Yes”  
to Jesus



growministries  
LCA CHILD YOUTH & FAMILY MINISTRY



LUTHERAN  
CHURCH  
OF AUSTRALIA

where love comes to life

[www.growministries.org.au](http://www.growministries.org.au)



## CONVERSATIONS

Share your highs and lows, or respond to the following:

1. What is temptation? Share about a time when you felt tempted.
2. Jesus spent 40 days in the desert, where he was tempted by Satan. What do you think it was like for Jesus to spend that time alone in the desert?
3. How did Jesus fight Satan's temptations? How does God help us when we are tempted?



## BIBLE READINGS

Read the following Bible readings throughout this week.  
Talk about what words or phrases stand out for you.

<b>S</b>	<b>Mark 1:9-15</b>	The temptation of Jesus
<b>M</b>	<b>Genesis 9:8-17</b>	God's promise to Noah
<b>T</b>	<b>1 Peter 3:18-22</b>	Suffering for doing right
<b>W</b>	<b>Matthew 4:1-11</b>	Jesus' temptation
<b>T</b>	<b>Jeremiah 31:31-34</b>	A new covenant
<b>F</b>	<b>1 Corinthians 10:1-13</b>	God will provide a way out
<b>S</b>	<b>Psalms 25:1-10</b>	Prayer for guidance

## VERSE OF THE WEEK

The kingdom of God is near! Repent of  
your sins and believe the Good News!

MARK 1:16





## CREATIVE RESPONSE

Lent is a time to simplify our lives as a way to enjoy God's steadfast love and faithfulness. Prayer, fasting, and almsgiving are traditional Lenten practices. Consider some of the following faith practices to become part of your daily routine:

- Pray daily and include the Lord's Prayer.
- Read the Bible regularly.
- Sit in silence for prayer and meditation.
- Eat meals with others and include a mealtime prayer.
- Fast by eating smaller portions or simpler foods.
- Nurture relationships by spending time together.
- Listen to others as you engage in conversations.
- Give a donation of time and/or money to a service organisation.
- Commit to daily acts of kindness.



## ACTION RESPONSE

Make a "crown of thorns wreath" to serve as a home devotional feature. Make or purchase a grapevine wreath to use as the base. Insert six purple candles, one for each remaining week of Lent, and a white candle to represent Christ. Light one candle for this next week, two candles for the week after, and so on. Begin Holy Week (on Palm Sunday) with all of the candles lit, then extinguish one candle each night thereafter. Light the Christ candle as you celebrate Jesus' resurrection on Easter Sunday.



## MEALTIME PRAYER

For food in a world where many walk in hunger; for faith in a world where many walk in fear; for friends in a world where many walk alone - we give you thanks, O Lord. Amen.



## PRAYER

Lord, please give  
Lord, we worship  
you; God, we trust  
in you. We put our  
hope in you all day  
long. Amen.



## BLESSING

May God help  
you when you are  
tempted, and lead you  
along his good path.