

Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com

“Connecting People with Christ through Worship, Relationships & Service”



Third Sunday in Lent

March 3, 2024

Senior Pastor: David Bode (flcpastor@foothillslutheran.com)	DPS: Deaconess Miriam Winstanley (miriam@foothillslutheran.com)
Associate Pastor: Eric Moffett (flcpastoreric@foothillslutheran.com)	Office Administrator: Carol Kehler (office@foothillslutheran.com)
Pastor Emeritus: Eldon Ohlinger	

A Prayer Upon Entering: God the Father, forgive us for not always treating You and Your house the way that we should. May we come to this church ready to worship and praise You. May we come to meditate and pray, and may we come to respect and honor You and this place.

Builder of the Church, may we always feel at home in Your house.

OUR WORSHIP TODAY

ORDER OF SERVICE:Confession and Absolution, p. 151

.....Service of Prayer and Preaching, p. 260.

HYMNS: 907; 981; 824; 426; 430; 420

FIRST LESSON:.....Exodus 20:1-17

EPISTLE LESSON: 1 Corinthians 1:18-31

GOSPEL LESSON: John 2:13-22

SERMON: *Joy in the Father’s House* – John 2:13-22

WELCOME! It is a joy to have you with us today, especially the visitors who have joined us this morning. We gather together this day to be fed with the life-giving word of God. If you are visiting with us today, we hope you will join us again and find the joy, peace and life we have as God's people. We also hope you will sign our guest book at the back of the church.

WE CELEBRATE HOLY COMMUNION TODAY as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

A NOTE ABOUT OUR OFFERINGS: We are blessed through the faithful stewardship of God’s people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: financials@foothillslutheran.com.



THE FLOWERS that grace our altar today are given to the glory of God by Bill and Erika Schultz in loving memory of Erika’s mother, Lydia Schmidt.

FOOT PRINT for March/April is now available on the Welcome Desk. It is also available on our website, www.foothillslutheran.com, under “About Foothills”.

SERVING IN GOD'S HOUSE TODAY

Organist..... Deaconess Miriam Winstanley
Ushers..... Elfrieda Heiden, Lorne Rosenau
Acolyte..... Emmy Legroulx
Lector Stacey Bablitz
Coffee Team..... Merv & Kareen Borgeson; Heather Sommers
AV Operators Michelle Funke; Tim Knudtson

THIS WEEK AT FLC

Monday	7:00 pm	Lenten Bible Study
Tuesday	10:00 am	LifeLight Bible Study
	7:30 pm	Ladies Bible Study
Wednesday	6:30 pm	Lenten Service with Pastor Dressler
Thursday	1:30 pm	Ladies Bible Study
	6:00 pm	Children's Choir
Friday	7:00 pm	Youth Fort Night
Sunday	2:00 am	Daylight Savings Time Begins
	9:00 am	Education Hour
	10:15 am	Worship

IN OUR PRAYERS THIS WEEK:

In Hospital:

Homebound:

For Special Intercession:

Family Focus:

THE LUTHERAN HOUR: "Included in Such Company" Lutheran Hour Speaker: Rev. Dr. Michael Zeigler. The more you listen to the life of Jesus, the more you admire Him and the more grateful you are to be included in His company (Mark 10:13-45). Hear this inspirational message on CHR 1140 AM at 8:00 and/or CJLI-The Light-700 AM at 9:30 Sunday mornings. Streaming audio and podcasts are available at www.lutheranhour.ca.

WE EXTEND OUR CHRISTIAN SYMPATHY and the glorious hope of the resurrection to Rick Goebel at the death of his wife, Pamela. We pray that God would comfort Rick with His everlasting love and comfort.

LAST WEEK AT FLC

Week of:	Sunday	Education Hour	Wednesday/ Communion
February 25	117	23	25/23

**Attendance includes online participation.*

OUR STEWARDSHIP OF GOD'S GIFTS

Weekly Offering Needs	\$7,404.00	Our Budget Goal
Envelope Gifts Received Last Week	\$3,660.00	
Envelope Gifts Received to Date	\$61,666.00	+/- YTD
Total Offerings Needed to Date	\$59,230.77	\$2,435.23

Non-Budget/Miscellaneous Gifts: Plate 1.00; Visitor 155.00; Sunday School 8.00; Lutheran Hour Ministries 50.00.

**MISSION OF THE MONTH
LAMP**

LAMP missionaries provide spiritual witness and nurture within remote northern Canadian communities, often accessible only by plane. Various programs bring the Gospel to these areas.

SUNDAY SCHOOL: Today, we will study “Fiery Directions.” Miraculously rescued through the waters of the Nile by Pharaoh’s daughter, Moses escapes the condemnation pronounced on the other Hebrew boys. Leaving behind his life of privilege, Moses flees to Midian, where he encounters the living God in a burning bush. Through this encounter, God directs and equips Moses to rescue His chosen people from their slavery in Egypt. Discuss how we are saved through the waters of Baptism.

LIBRARY MURAL: Check out the new mural outside of the library! It was designed and painted by one of our members, Jessica Tonn. We give thanks to God for the gifts He has given her, and to her for sharing them with us. While you are down there, take a peek in our well-stocked library and find a book to check out.



VACATION BIBLE SCHOOL: Thank you to everyone who responded to our questions about volunteering at VBS. We will run for one week, **July 22-26**, with the theme of “*A Week with Jesus*”. Save-the-date notices have been sent out to our previous attendees, and registration will be available the beginning of March. If you haven’t indicated your interest in helping out, or would like more information, please contact Deaconess Miriam or Pastor Eric.

JOIN US FOR OUR LENTEN BIBLE STUDY, a special time to be in God's Word in these Lenten days. We started last week, but you can still join us at 7:00 pm each Monday through though March 25th. The study will explore the life, faith, and ministry of the apostle Paul and teach us about God's plan and purpose for our lives. You will learn how the inspired letters of Paul speak to you today as powerfully as they did to their first audience. Everyone is invited to attend, and we particularly encourage the leaders of our congregation to participate.

MISSION PRAYER: This week, we pray for **Rev. Luis Antonio Dias Turcios** who serves as pastor of Emmanuel Lutheran Church and Lutheran Church Star of Bethlehem in Chinandega, Nicaragua. **Prayer:** Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up Before You, Pastor Turcios, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**



OUR LENTEN SERVICES ARE ONLINE! If you can't be here in person, join us at www.facebook.com/foothillslutheran for our time of Lenten meditation.



JOIN US WEDNESDAYS for our special services during this Lenten season to remember and give thanks for all that our Saviour has done for us in His death and resurrection.

Our theme is *Coming Home from Exile: The Exoduses of the Scriptures*. and we will see how God brings the lost, wandering and exiled sinners back to His promised land. The pastors of our circuit will join us to share a sermon each week. Our services begin each Wednesday at 6:30 pm. We hope you will join us for these services:

- March 6** The Promise of a Cosmopolitan Exodus, Isaiah 11:11–16
Pastor. Dressler – Lutheran Church of the Good Shepherd
- March 13** Jacob the Heel Comes Home, Genesis 28:10–17 – Pastor Moffett
- March 20** Exile and Return from Our Babylons, Ezra 1:1–4 – Pastor Bode

THANK YOU! I express my thanks to our almighty God for 90 years of health and blessings. I also wish to thank my family for the opportunity to celebrate my birthday with my church family after worship last Sunday. Thank you for all the cards, birthday greetings, and reminiscences received from so many friends.

~ *Pastor Emeritus Eldon Ohlinger*

DAYLIGHT SAVINGS TIME: Remember its time to spring ahead. DST starts **March 10th** (at 2:00 am to be exact)!



EASTER IS A GREAT TIME TO INVITE OTHERS to come and see the wonders of God's love and grace. Invite a friend to join you, as we remember all that our Saviour has done for us and thank God for the victory we have through Jesus Christ. Invite them to breakfast, too! Our special services of Easter and Holy Week:

March 28th Maundy Thursday Communion Service at 6:30 pm

March 29th Good Friday Worship at 10:15 am

March 31st Easter Sunrise Service with Communion at 7:30 am
Breakfast from 8:30 – 9:45 am

Easter Resurrection Celebration with Communion 10:15 am

Let us remember all that our Saviour has done for us, and to thank God for the victory we have through Jesus Christ, and share this great and glorious news of the Living Lord with our friends and family.

***God Serves His People:
Our Lutheran Way of Worship: Confession and Absolution***

The psalmist asks: ***“Who shall ascend the hill of the Lord? And who shall stand in his holy place? He who has clean hands and a pure heart, who does not lift up his soul to what is false and does not swear deceitfully.***

(Psalm 24:3-4 - ESV) We know that we have turned from God to follow our own desires. That is why it is important that we come before our God openly and honestly, with hearts, confessing our unworthiness and sinfulness, and asking for His forgiveness. And God has heard our prayer as we hear the message of forgiveness proclaimed in the absolution by the Lord's called servant.

We are so blessed to find this grace of God. It is the heart of our worship. In the Large Catechism, Martin Luther writes: *“Everything, therefore, in the Christian Church is ordered toward this goal: we shall daily receive in the Church nothing but the forgiveness of sin through the Word and signs (that is, the Sacraments), to comfort and encourage our consciences as long as we live here.”* (SC II, 55)

HAVE YOU FILLED IN YOUR TIME AND TALENT SURVEY? Our Lord has gifted each of us with talents that we can use within our congregation and within the community. We ask each member of our congregation to examine your talents and gifts and fill out the “Time and Talents” survey. Copies are on the Welcome Desk or online at: <https://www.surveymonkey.com/r/QFH9HNL>



Growing FAITH at home

THIRD
SUNDAY
IN LENT

YEAR B

Lent is a time
to worship God
from the heart.



Grow Ministries
LCA CHILD YOUTH & FAMILY MINISTRY



www.growministries.org.au



CONVERSATIONS

Share your highs and lows, or respond to the following:

1. Describe what it means to worship God.
2. Jesus became angry when he saw that the temple was being used as a marketplace. Why do you think he felt that way?
3. What stops you from worshipping God? What helps you?



BIBLE READINGS

*Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.*

S	John 2:13-22	Jesus clears the temple
M	Exodus 20:1-17	The Ten Commandments
T	1 Corinthians 1:18-25	Christ crucified
W	Matthew 22:34-40	The greatest commandment
T	Matthew 5:43-48	Love for enemies
F	Romans 13:8-10	Love for one another
S	Psalm 19	God as creator & giver of the law

VERSE OF THE WEEK

You must love the Lord your God with
all your heart, all your soul, and with
all your mind.

MATTHEW 22:37



CREATIVE RESPONSE

Read Exodus 20:1-17. The Ten Commandments tell us how God wants us to live and care for our neighbour. In your home devotional time this week, focus on the Ten Commandments, two at a time. Talk about what each one means, and pray for God's help to keep them. Try to memorise them.

- **Monday** | I am the Lord your God: You shall have no other gods. You shall not take the name of the Lord your God in vain.
- **Tuesday** | Remember the Sabbath day to keep it holy. Honour your father and your mother.
- **Wednesday** | You shall not kill. You shall not commit adultery.
- **Thursday** | You shall not steal. You shall not bear false witness against your neighbour.
- **Friday** | You shall not covet your neighbour's house. You shall not covet your neighbour's wife or his manservant or his maidservant or his cattle or anything that is your neighbour's.



ACTION RESPONSE

The temple was a "sacred place" for God's Old Testament people. Talk together about what are sacred places or items for your household, through which you are reminded of God's presence.

Design a sacred place especially for Lent: decorate an area in your home with a cross, candles and various items, symbols or pictures associated with Lent (you may wish to use lots of purple, the church colour for Lent).



MEALTIME PRAYER

For all we eat and all we wear, for daily bread and loving care, we thank you, God. Amen.



PRAYER

Lord, may the words of our mouths and the thoughts of our hearts please you. Amen.



BLESSING

May God make you wise, so that you believe in Jesus and are saved.