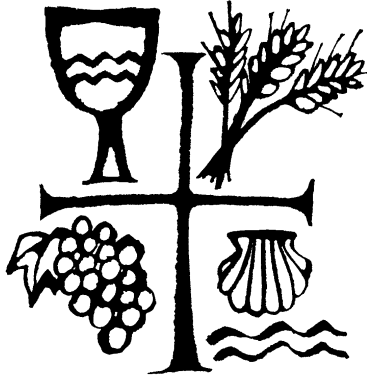


Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com

“Connecting People with Christ through Worship, Relationships & Service”



E P H E S I A N S 2 : 1 0

IT IS GOD HIMSELF
WHO MADE US
WHAT WE ARE
AND GIVEN US
NEW LIVES FROM
J-E-S-U-S C-H-R-I-S-T

Fourth Sunday in Lent

March 10, 2024

Senior Pastor: David Bode (flcpastor@foothillslutheran.com)	DPS: Deaconess Miriam Winstanley (miriam@foothillslutheran.com)
Associate Pastor: Eric Moffett (flcpastoreric@foothillslutheran.com)	Office Administrator: Carol Kehler (office@foothillslutheran.com)
Pastor Emeritus: Eldon Ohlinger	

A Prayer Upon Entering: We look to You, O Lord, so that we might live. We view Your victory on the cross so that we might know Your love. We witness Your sacrifice for our sake, so that we may be a witness to others about Your salvation. Keep our eyes fixed on You.

Lord lifted up on the cross, we lift our heads to see Your face.

OUR WORSHIP TODAY

ORDER OF SERVICE:As projected
HYMNS: Cornerstone; Amazing Love; My Lighthouse; Offering; Lord of Hosts
FIRST LESSON:..... Numbers 21:4-9
EPISTLE LESSON:Ephesians 2:1-10
GOSPEL LESSON: John 3:14-21
SERMON:

WELCOME! It is a joy to have you with us today, especially the visitors who have joined us this morning. We gather together this day to be fed with the life-giving word of God. If you are visiting with us today, we hope you will join us again and find the joy, peace and life we have as God's people. We also hope you will sign our guest book at the back of the church.

WE CELEBRATE HOLY COMMUNION WEDNESDAY as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

A NOTE ABOUT OUR OFFERINGS: We are blessed through the faithful stewardship of God's people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: financials@foothillslutheran.com.



THE FLOWERS: Flowers which beautify God's altar today are given to the glory of God by Ingrid Kubke in memory of her husband, Edwin Kubke.

WE EXTEND OUR CHRISTIAN SYMPATHY and the glorious hope of the resurrection to Brian and Barb Vincent at the loss of Brian's mother, Jean. We pray that God would comfort the Vincent family with His everlasting love and comfort.

SERVING IN GOD'S HOUSE TODAY

Music..... Contemporary Musicians
Ushers..... Anne Marie Kothari; Tobi Stene
Acolyte..... Maliyah Chan
Lector Christine Heumann
Coffee Team..... Knudtson Family
AV Operators Derek and Sacha Kiefer

THIS WEEK AT FLC

Monday	7:00 pm	Lenten Bible Study
Tuesday	10:00 am	LifeLight Bible Study
	7:30 pm	Ladies Bible Study
Wednesday	6:30 pm	Lenten Service with Pastor Eric
Thursday	1:30 pm	Ladies Bible Study
Friday	2:00 pm	LWMLC St. Patrick's Tea @ Manor
Sunday	9:00 am	Education Hour
	10:15 am	Worship/Communion
	12:00 pm	Faith @ Home

IN OUR PRAYERS THIS WEEK:

In Hospital:

Homebound:

For Special Intercession:

Family Focus:

MISSION OF THE MONTH:

LAMP

Lutheran Association of Missionaries and Pilots has been providing spiritual witness and nurturing faith in communities in remote areas of northern Canada, most accessible only by plane, since 1970. Through the ministry of pastor/missionary pilots and short and long-term volunteers in mission, various programs bring the Gospel to these isolated areas. Each year over 5000 children, youth and adults are impacted by the ministry of LAMP. Your gifts help in this Gospel outreach.

THE LUTHERAN HOUR: "All Bets Are Off" Lutheran Hour Speaker: Rev. Dr. Michael Zeigler. Jesus engages his opponents in a battle of wits and wins—for us. (Mark 12:13-34). Hear this inspirational message on CHRB 1140 AM at 8:00 and/or CJLI-The Light-700 AM at 9:30 Sunday mornings. Streaming audio and podcasts are available at www.lutheranhour.ca.

LAST WEEK AT FLC

Week of	Sunday/Communion	Education Hour	Wednesday
March 3	120/63	29	36

**Attendance includes online participation.*

OUR STEWARDSHIP OF GOD'S GIFTS

Weekly Offering Needs	\$7,404.00	Our Budget Goal
Envelope Gifts Received Last Week	\$9,437.00	
Envelope Gifts Received to Date	\$71,103.00	+/- YTD
Total Offerings Needed to Date	\$66,634.62	\$4,468.38

Non-Budget/Miscellaneous Gifts: Plate 77.00; Visitor 35.00; FLSR 1,000.00; CLWR 80.00; Concordia Seminary 105.00; LWMLC 75.00; Youth 20.00; Other 20.00.

SUNDAY SCHOOL: Today's lesson, "The Egypt Exit," tells of ten terrible plagues and how Pharaoh relents and releases the Israelites to worship in the wilderness. Realizing the Israelites have no intention of returning, Pharaoh's army pursues the runaways. Caught between Pharaoh's charioteers and the waters of the Red Sea, the people cry out to God. Moses stretches his hand over the sea as God parts the waters, enabling the people to pass through the sea on dry ground. As Egypt's army attempts to follow, the sea closes in over them, so not one survives. As a family, talk about the ways God protects us from our enemies today.

FELLOWSHIP SQUARE DANCE EVENT: Hey Y'all! Mosey on down for a



fun event at the church on **Friday, April 26th** from 7:30-9:00 where we will all learn to square dance with the help of a dance caller!

This is a great dance that is good for a large variety of ages and ability levels. Every step gets called out, so learning is easy and fun. Bringing a dance partner is not necessary, but if you have one, that's ok too 😊. This will be a great social event so come dance with your friends, family, or just come to watch the fun! Donations will be accepted at the event to help cover the cost of the hired caller. Stay tuned for an introductory video and watch for a sign up.



VACATION BIBLE SCHOOL: Thank you to everyone who responded to our questions about volunteering at VBS. We will run for one week, **July 22-26**, with the theme of "**A Week with Jesus**". Save-the-date notices have been sent out to our previous attendees, and registration will be available the beginning of

March. If you haven't indicated your interest in helping out, or would like more information, please contact Deaconess Miriam or Pastor Eric.

MISSION PRAYER: This week, we pray for **Rev. Cesar Augusto Galeano** who serves as pastor for the Church Luterna Jesus Our Savior in Santa Patricia, Nicaragua. **Prayer:** Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Pastor Galeano, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**



JOIN US WEDNESDAYS for our special services during this Lenten season to remember and give thanks for all that our Saviour has done for us in His death and resurrection.

Our theme is *Coming Home from Exile: The Exoduses of the Scriptures*. and we will see how God brings the lost, wandering and exiled sinners back to His promised land. The pastors of our circuit will join us to share a sermon each week. Our services begin each Wednesday at 6:30 pm. We hope you will join us for these services:

March 13 Jacob the Heel Comes Home, Genesis 28:10–17 – Pastor Moffett

March 20 Exile and Return from Our Babylons, Ezra 1:1–4 – Pastor Bode

OUR LENTEN SERVICES ARE ONLINE! If you can't be here in person, join us at www.facebook.com/foothillslutheran for our time of Lenten meditation.

JOIN US FOR OUR LENTEN BIBLE STUDY, a special time to be in God's Word in these Lenten days. Join us at 7:00 pm each Monday through March 25th. You will learn how the inspired letters of Paul speak to you today as powerfully as they did to their first audience. Everyone is invited to attend, and we particularly encourage the leaders of our congregation to participate.

HAVE YOU FILLED IN YOUR TIME AND TALENT SURVEY? Our Lord has gifted each of us with talents that we can use within our congregation and within the community. We ask each member of our congregation to examine your talents and gifts and fill out the "Time and Talents" survey. Copies are on the Welcome Desk or online at: <https://www.surveymonkey.com/r/QFH9HNL>



EASTER IS A GREAT TIME TO INVITE OTHERS to come and see the wonders of God's love and grace. Invite a friend to join you, as we remember all that our Saviour has done for us and thank God for the victory we have through Jesus Christ. Invite them to breakfast, too! Our special services of Easter and Holy Week:

March 28th Maundy Thursday Communion Service at 6:30 pm

March 29th Good Friday Worship at 10:15 am

March 31st Easter Sunrise Service with Communion at 7:30 am

Breakfast from 8:30 – 9:45 am

Easter Resurrection Celebration with Communion 10:15 am

Let us remember all that our Saviour has done for us, and to thank God for the victory we have through Jesus Christ, and share this great and glorious news of the Living Lord with our friends and family.

CHEST FREEZER: Would anyone be interested in the chest freezer currently in the kitchen? As part of the kitchen renovation, the island will be enlarged with pot drawers being installed where the chest freezer is. If you are interested, contact Heather Sommers at (403) 829-2366.

God Serves His People:

Our Lutheran Way of Worship: Confession and Absolution

The psalmist asks: ***“Who shall ascend the hill of the Lord? And who shall stand in his holy place? He who has clean hands and a pure heart, who does not lift up his soul to what is false and does not swear deceitfully.***

(Psalm 24:3-4 - ESV) We know that we have turned from God to follow our own desires. That is why it is important that we come before our God openly and honestly, with hearts, confessing our unworthiness and sinfulness, and asking for His forgiveness. And God has heard our prayer as we hear the message of forgiveness proclaimed in the absolution by the Lord's called servant.

We are so blessed to find this grace of God. It is the heart of our worship. In the Large Catechism, Martin Luther writes: ***“Everything, therefore, in the Christian Church is ordered toward this goal: we shall daily receive in the Church nothing but the forgiveness of sin through the Word and signs (that is, the Sacraments), to comfort and encourage our consciences as long as we live here.”*** (SC II, 55)



Growing FAITH at home

FOURTH
SUNDAY
IN LENT

YEAR B

Lent is a time
to reflect on
God's saving
love.



Grow Ministries
LCA CHILD YOUTH & FAMILY MINISTRY



www.growministries.org.au



CONVERSATIONS

Share your highs and lows, or respond to the following:

1. Share about a time when you felt really loved. What happened to make you feel that way?
2. The Bible tells us that God is love. How has God shown his love for the world?



BIBLE READINGS

Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.

S	John 3:14-21	God so loved the world
M	Numbers 21:4-9	The serpent of bronze
T	Ephesians 2:1-10	Faith is a gift from God
W	1 John 4:7-21	God is love
T	Isaiah 12:1-6	Thanks to God, our Saviour
F	Galatians 2:15-21	Saved through faith in Christ
S	Psalms 107:1-3, 17-22	Thanksgiving for deliverance

VERSE OF THE WEEK

For God so loved the world that he gave his one and only son that whoever believes in him shall not perish but have eternal life. For God did not send his son into the world to condemn the world but to save the world through him.

JOHN 3:16-17





CREATIVE RESPONSE

To help you think about God's love this week, draw and cut out a large heart shape from a sheet of poster paper.

Attach a piece of ribbon or string so that the heart can be strung up on a wall of your home.

As you go through the week spend time answering this question:

"Today God showed me his love by ..."

Write all your household responses on the heart and watch as it fills up with signs of God's care for you!



ACTION RESPONSE

Make this "SHMILY" Week in your home.

SHMILY stands for "See-How-Much-I-Love-You".

Make 10 smiley-face paper "buttons" for each family member. Challenge each household member to give away their SHMILYs through performing ten acts of loving service to others in your household during the week e.g. giving a special hug or back rub, doing a chore without being asked, giving a special compliment.



MEALTIME PRAYER

Lord Jesus, thank you for all the blessings you give us, especially this meal before us.
Amen.



PRAYER

Lord God, thank you for loving us and giving us your Son. Help us to place our faith in him. Amen.



BLESSING

May you always know how much God loves you, and have life with him forever.