

# Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com

*“Connecting People with Christ through Worship, Relationships & Service”*



*Second Sunday after Pentecost*

*June 2, 2024*

|  |   |
|--|---|
| <b>Senior Pastor:</b> David Bode<br>(flcpastor@foothillslutheran.com)          | <b>DPS:</b> Deaconess Miriam Winstanley<br>(miriam@foothillslutheran.com)   |
| <b>Associate Pastor:</b> Eric Moffett<br>(flcpastoreric@foothillslutheran.com) | <b>Office Administrator:</b> Carol Kehler<br>(office@foothillslutheran.com) |
| <b>Pastor Emeritus:</b> Eldon Ohlinger   |   |

**A Prayer Upon Entering:** You rested on the seventh day of creation, O God, and You call us now to rest and reflect and revere Your name on the Sabbath day. May what we say and do on this day bring glory to You.

*O Giver of all our days, bless us this day with Your presence.*

### **OUR WORSHIP TODAY**

**ORDER OF SERVICE:** ..... Divine Service 1, p. 11

**HYMNS:** .....911; 906; 903; 891; 621; 807; 804

**FIRST LESSON:**.....Deuteronomy 5:12-15

**EPISTLE LESSON:**..... 2 Corinthians 4:5-12

**GOSPEL LESSON:** ..... Mark 2:23—3:6

**SERMON:** *It's Good For You!* - Deuteronomy 5:12-15

**WELCOME:** If you come as a visitor today, we hope you will leave as a friend. Whether you are a newcomer to the community or to our church, we are honoured to have you here. If you are a member of this congregation, please be sure to extend a warm greeting and a friendly welcome to our sisters and brothers in Christ. Speak to someone you don't know before you speak to someone you know.

**WE CELEBRATE HOLY COMMUNION TODAY** as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

**A NOTE ABOUT OUR OFFERINGS:** We are blessed through the faithful stewardship of God's people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: [financials@foothillslutheran.com](mailto:financials@foothillslutheran.com).

### **SERVING IN GOD'S HOUSE TODAY**

Organist..... Deaconess Miriam Winstanley

Ushers..... Heather Sommers; Tobi Stene

Lector ..... Christine Heumann

AV Operators .....Derek Kiefer; Sacha Kiefer

**SILVER SAINTS:** We invite our 65+ members to gather Wednesday **June 19<sup>th</sup>** at 1:30 pm for a devotion and some time together to discuss re-starting our Silver Saints group. Coffee and tea (and maybe even some snacks) will be served!

## ***THIS WEEK AT FLC***

|                  |          |                       |
|------------------|----------|-----------------------|
| <b>Monday</b>    | 7:00 pm  | PPC                   |
| <b>Tuesday</b>   | 10:00 am | LifeLight Bible Study |
|                  | 7:30 pm  | Ladies Bible Study    |
| <b>Wednesday</b> | 6:30 pm  | Midweek Worship       |
| <b>Thursday</b>  | 1:30 pm  | Ladies Bible Study    |
| <b>Sunday</b>    | 9:00 am  | Education Hour        |
|                  | 10:15 am | Worship               |

### ***IN OUR PRAYERS THIS WEEK:***

***In Hospital:***

***Homebound:***

***For Special Intercession:***

***Family Focus:***



*In Sympathy*

***WE EXTEND OUR CHRISTIAN SYMPATHY*** and the glorious hope of the resurrection to Reiner Welz and family at death our sister in Christ, Susan. Susan's Christian funeral will be here at Foothills on Tuesday, June 11<sup>th</sup> at 11:00 am.

We also pray for comfort for Hannah Edel and her family at the loss of Hannah's grandfather, Gerhardt (Garry) Edel. We pray that God would comfort these families with His everlasting love and peace.

## ***LAST WEEK AT FLC***

| <b>Week of</b> | <b>Sunday</b> | <b>Education Hour</b> | <b>Wednesday/Communion</b> |
|----------------|---------------|-----------------------|----------------------------|
| May 26         | 141           | 30                    | 11/9                       |

*\*Attendance includes online participation.*

## ***OUR STEWARDSHIP OF GOD'S GIFTS***

|                                       |                     |                        |
|---------------------------------------|---------------------|------------------------|
| Weekly Offering Needs                 | \$7,404.00          | <b>Our Budget Goal</b> |
| Envelope Gifts Received Last Week     | \$6,380.00          |                        |
| Envelope Gifts Received to Date       | \$154,919.00        | <b>+/- YTD</b>         |
| <b>Total Offerings Needed to Date</b> | <b>\$155,480.77</b> | <b>-\$561.77</b>       |

***Non-Budget/Miscellaneous Gifts:*** Plate 25.00; Visitor 165.00; Lutheran Hour 2.05; LWMLC 10.00; Youth Gathering Fund 10.00.

***SUNDAY SCHOOL:*** In our Christian education time this week, we study the account of Daniel in "A Trap and a Release." Daniel's promotion to a high leadership role in Babylon causes political jealousy among other leaders. King Darius decrees that everyone must worship only him, but Daniel remains faithful to the one true God, praying three times daily. The king condemns Daniel to the lions' den, but God's angel shuts the lions' mouths so Daniel remains unharmed. Discuss how God protects His people from danger today.

**VACATION BIBLE SCHOOL:** Registration is now open for "A Week with Jesus", our summer Vacation Bible School, running the mornings of July 22-26. Complete a copy of the registration (available on the Welcome Desk) or register online at <https://www.foothillslutheran.com/ministries/christian-education/vbs2024/>,

**MISSION OF THE MONTH**  
**HOPE MISSION**

Hope Mission exists to serve, strengthen and uplift men, women, youth and children through the life-changing gospel of Jesus Christ. Working in the Forest Lawn area of Calgary, they provide meals and care to people in need. Much of the effort provides for children. Your gifts help them help others in need.

**THE LUTHERAN HOUR: "Lit Up"** Lutheran Hour Speaker: Rev. Dr. Michael Zeigler. The Law and Gospel light of Jesus is both an exposing searchlight that reveals our shortcomings and a warm glow light that nurtures us. (Acts 11:24) Hear this inspirational message on CHRB 1140 AM at 8:00 and/or CJLI-The Light-700 AM at 9:30 Sunday mornings. Streaming audio and podcasts are available at [www.lutheranhour.ca](http://www.lutheranhour.ca).

**BABY BOTTLE  
CAMPAIGN**

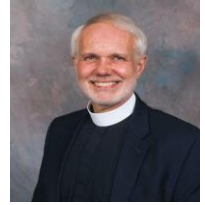
The Calgary Pregnancy Care Center is a Christian charity that started almost 40 years ago to address the needs of young women experiencing an unplanned pregnancy. Over the years, the Center has expanded with school sex education and responsibilities programs, counselling for single fathers and providing for families seeking support. They also opened locations in Strathmore and Airdrie. The Calgary Pregnancy Care center is being renamed as Mainsprings Pregnancy and Family Support to better reflect their expanded vision of "Everyone matters and deserves support."

You can share your Christian love with others through the annual baby bottle campaign which started on May 12<sup>th</sup> (Mother's Day) and ends on June 16<sup>th</sup> (Father's Day). Fill your bottle with change or make an online donation at [pregcare.com/ccC2024/](http://pregcare.com/ccC2024/). If you have any questions, please contact Heather Sommers (403) 829-2366. Your change actually changes lives!

**PASTOR ERIC ON HEALTH LEAVE:** Pastor Eric will be away until the end of June. We ask you to pray for him and his family, that God would provide healing and strength. If you wish to contact him to provide encouragement, please do so with a written card in the mail to his home address or placed in his church mail slot, or via email. Please do not phone or text him or his family at either personal or work contacts, to respect their need to have some private time to refresh and heal. If you are not sure who is covering any of Pastor Eric's

duties, please ask any of the Elders, Pastor Bode, Deaconess Miriam, or Carol in the Church office. If you have any questions about the leave, please ask any of the Elders. Please also pray for God's guidance and strength for those who are covering for Pastor Eric and working to help progress the healing process.

**MISSION PRAYER:** This week, we pray for **Rev. Dr. David Somers** who serves as the Missionary-at-Large for LCC's French Ministries in Quebec, as well as pastor of the Evangelical Lutheran Church of the Ascension in Montreal, Quebec. **Prayer:** Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Pastor Somers, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**



**DUE TO OUR KITCHEN AND FLOORING RENOVATIONS**, there will be some disruptions to our fellowship times after service in the month of May. Please keep in mind:

- No snack donations are being accepted at this time.
- Check the door of the fellowship hall to see if we have refreshments after service.

Stay tuned for updates. Thank you all for your patience and flexibility!



**NOMINATION PROCESS!** We're actually a bit behind, but we need your help as we prepare for our elections meeting. Your nominations help us in our efforts. God has blessed us with differing gifts and abilities, so that we can come together to accomplish great things with His grace and strength. If you are asked to serve, we hope and pray

that you will see this as a privilege and a blessing, as we serve the Lord together in joy. Nomination forms are on the Welcome Desk and once completed can be left in the mailbox by the administrative office door.

**WE EXTEND A THANK YOU** to Trevor Heumann for installing our new soundboard and for training people in the use of it. There is a bit of a learning curve here, so please be patient. This new system should help improve the sound—both in the sanctuary and online.



**VOTERS MEETING—Sunday, June 16<sup>th</sup> at 1:00 pm.** We will gather to receive the Annual Report and to elect officers. Please set aside the date and join us as we work together in the Lord's Kingdom. Copies of the 2023 Annual Report and the June 16<sup>th</sup> Voter's package are available on the Welcome Desk.

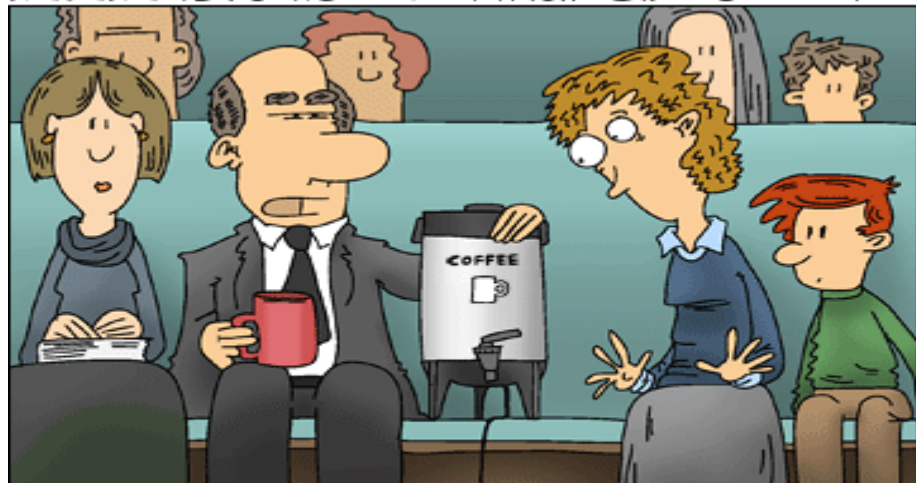
**A VBS REQUEST:** We are looking for those stretchy bags that you get oranges, onions, shallots, avocados, etc. packaged in. Please leave them in my mailbox and thank you for your help!!! ~ Christine Heumann

***Our Lutheran Worship: The Offering and Offertory***

Having received the blessings that God brings us through His Word, we respond with thanksgiving in Offering and praise (Offertory). We return a portion of what God has given to us. This small portion supports the continuing proclamation of the Gospel—among our church family, to others in the community and to people around the world.

The offertory can be sung either before or during the offering. In Divine Service 3, we use the words of Psalm 51, asking God to work through the Word just preached to cleanse and purify the heart as God's people gather their sacrificial offerings and partake of His Supper. In other services we respond to that Word and ask God to lead us in our lives.

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I DECIDED TO BE PREPARED EVER SINCE THAT  
ONE WENT ALMOST AN HOUR OVER



## Growing FAITH at home

PROPER 4

YEAR B

### The Son of Man is Lord even of the Sabbath



growministries  
LCA CHILD YOUTH & FAMILY MINISTRY



[www.growministries.org.au](http://www.growministries.org.au)

Sunday between  
May 29 and June 4  
(if after Trinity Sunday)



### CONVERSATIONS

*Share your highs and lows, or respond to the following:*

1. The Sabbath in the Bible was the first day of the week and people were to rest from their work. How do you like to spend a time of rest?
2. As Christians, resting also means spending time with God? Do you find time to rest with God regularly? What do you do?



### BIBLE READINGS

*Read the following Bible readings throughout this week.  
Talk about what words or phrases stand out for you.*

|          |                             |                              |
|----------|-----------------------------|------------------------------|
| <b>S</b> | <b>Mark 2:23-3:6</b>        | Jesus is Lord of the Sabbath |
| <b>M</b> | <b>1 Samuel 3:1-10</b>      | The Lord calls Samuel        |
| <b>T</b> | <b>1 Samuel 3:11-20</b>     | Here I am Lord               |
| <b>W</b> | <b>Deuteronomy 5:12-15</b>  | Sabbath commemorations       |
| <b>T</b> | <b>2 Corinthians 4:5-12</b> | Jesus acts with compassion   |
| <b>F</b> | <b>Exodus 13:17-22</b>      | Crossing the sea             |
| <b>S</b> | <b>Psalms 81:1-10</b>       | Sing for joy to God          |

### VERSE OF THE WEEK

We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body.

2 CORINTHIANS 4:8-10





## CREATIVE RESPONSE

Think of a place that you like to visit when you have some free time. Discuss as a family how you might be able to bring God into this time together. It might just be by being thankful to God for what you see or you might like to have a picnic and read your favourite Bible story.



## MEALTIME PRAYER

Our hands we fold,  
our heads we bow.  
For food and drink,  
we thank God now.  
Amen.



## ACTION RESPONSE

Most of us enjoy our weekends or holidays as a time of rest from our work or study. Think of the people who don't get much time to rest, those who care for others, or their job requires working on weekends or evenings.

Pray for these people. If you know someone in this situation, maybe you could make a meal for them or offer to help them in some way.



## PRAYER

We thank you,  
heavenly Father, that  
all good gifts come  
from you. Help us to  
be compassionate  
like Jesus and always  
ready to help others  
in need. Amen.



## BLESSING

Lord, help us  
to find our rest  
in you.