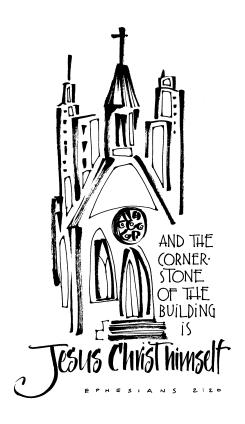
Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com "Connecting People with Christ through Worship, Relationships & Service"



Ninth Sunday after Pentecost July 21, 2024

Senior Pastor: David Bode	DPS: Deaconess Miriam Winstanley
(flcpastor@foothillslutheran.com)	(miriam@foothillslutheran.com)
Associate Pastor: Eric Moffett	Office Administrator: Carol Kehler
(flcpastoreric@foothillslutheran.com)	(office@foothillslutheran.com)
Pastor Emeritus: Eldon Ohlinger	

A Prayer Upon Entering: We thank You, Good Shepherd, for raising up shepherds from among us--pastors, teachers and preachers who lead us and guide us and help us learn more about You. Strengthen and sustain them in their efforts and grant them Your abundant peace and rest.

Great Shepherd of the sheep, show us the way we should go.

OUR WORSHIP TODAY

ORDER OF SERVICE:	As projected
HYMNS: 504; 644; 646; They'll Know We Ar	e Christians By Our Love;
	732; 540; 912
FIRST LESSON:	Jeremiah 23:1-6
EPISTLE LESSON:	Ephesians 2:11-22
GOSPEL LESSON:	Mark 6:30-44
CEDMON, Deeds Calif. Enhaciona 2:10.22	

SERMON: Rock Solid – Ephesians 2:19-22

WELCOME TO ALL OF YOU in the name of our Saviour, especially the visitors who have joined us this morning. If you do not have a church that you call home, we invite you to make Foothills your spiritual home. Amid the trials and tribulations of life it's good that we can come to our Lord for strength through His Word. Please introduce yourself to the Pastors and sign our guest book before leaving today.

WE CELEBRATE HOLY COMMUNION TODAY as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

A NOTE ABOUT OUR OFFERINGS: We are blessed through the faithful stewardship of God's people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: financials@foothillslutheran.com.

SERVING IN GOD'S HOUSE TODAY

Music	Deaconess Miriam
Ushers	John Voss; Ellen Wagner
Lector	
AV Operators	Michelle Funke; Sacha/Derek Kiefer
Communion Assistant	Robert Kubke

THIS WEEK AT FLC

Monday – Friday		VBS
Tuesday	6:30 pm	Elders
Wednesday	6:30 pm	Midweek Worship
Sunday	9:00 am	Adult Bible Study
	10:15 am	Worship

IN OUR PRAYERS THIS WEEK:

In Hospital: Homebound:

For Special Intercession:

Family Focus:



THE FLOWERS are given by Ingrid Kubke to beautify God's altar this morning.

LAST WEEK AT FLC

Week of	Sunday	Education Hour	Wednesday/ Communion
July 14	120	8	10/10

^{*}Attendance includes online participation

OUR STEWARDSHIP OF GOD'S GIFTS

Weekly Offering Needs	\$7,404.00	Our Budget Goal
Envelope Gifts Received Last Week	\$1,905.00	\$385,000
Envelope Gifts Received to Date	\$193,495.00	+/- YTD
Total Offerings Needed to Date	\$207,307.69	-\$13,812.69

Non-Budget/Miscellaneous Gifts: Plate 22.00; Visitor 100.00; Lutheran Bible Translators 75.00; Refugee Sponsorship 1,100.00; Human Care 25.20.

MISSION OF THE MONTH CANADIAN LUTHERAN BIBLE TRANSLATORS

Canadian Lutheran Bible Translators is the agency that provides for the work done by the Kuhns in Cameroon and others like them. While we support the Kuhns, there is a need to provide for the administration of the whole programme.

THE LUTHERAN HOUR: "Unhindered" Lutheran Hour Speaker: Rev. Dr. Michael Zeigler. Dr. Jeff Gibbs and podcaster Jessica Bordeleau join Dr. Michael Zeigler to talk about St. Paul's harrowing journey to Rome. (Acts 27 & 28). Hear this inspirational message on CHRB 1140 AM at 8:00 and/or CJLI-The Light-700 AM at 9:30 Sunday mornings. Streaming audio and podcasts are available at www.lutheranhour.ca.



VACATION BIBLE SCHOOL begins tomorrow! This morning our volunteers are consecrated for their upcoming tasks during our worship service. Please pray for them as they prepare to receive the children God is sending us, and for the children, that they would have ears to hear His Word.

OUR REFUGEE SPONSORSHIP EFFORT: As we did several years ago, we are working to sponsor a family—in this case, one with ties to our congregation. Some of the needs for this have changed, and we need to have funds on deposit with Canadian Lutheran World Relief before this work can begin. We are looking for your support as we seek to show Christian love and care for this family. You can make your gift by simply marking it, "Refugee Sponsorship".

SUNDAY OR WEDNESDAY—YOU CAN WORSHIP IN GOD'S HOUSE! We come together to worship and praise our God and to be fed through His Word. Join us Wednesdays at 6:30 pm or Sundays at 10:15 am—or both! You will also find us online at: www.facebook.com/foothillslutheran

MISSION PRAYER: This week, we pray for Rev. Silvio Modesto Sánchez Osaba who serves as pastor for the Lutheran Church Nueva Jerusalen, Nicaragua in the Villa 15 de Julio community. Prayer: Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Pastor Osaba, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, C: Hear our prayer.





BALL TOURNAMENT: August 9-11 in Revelstoke, BC! If you want to come and play slo-pitch for a fun weekend, please sign up on the board outside of Pastor Eric's office. No prior experience necessary. If you are coming please book your own accommodations!

WE BELIEVE, TEACH AND CONFESS: That is a hallmark of our church, that we seek in all things to believe, teach, and confess what God says to us in His Word. It is the foundation of our Life With God.

Pastor Bode is planning another **Adult Information Class** to help you know and understand what God says to us in the chief teachings or doctrines of Scripture. This course provides all of us an opportunity to study what our church believes, teaches, and confesses from the Word of God. It is an opportunity to gather with other believers as we seek to learn more from God's Word, and to be strengthened in our lives as His people. For those who are new inquirers, this course would serve as membership class. For those "old Lutherans" it is an opportunity to refresh yourself in that wonderful truth from God. It even gives you an opportunity to ask some of the questions that you have been saving for just the right time.

Pastor's plans are to start in August, meeting after service on the 1st and 3rd Sundays (from 11:45-1:15). You may want to bring a lunch. If that seems unworkable, suggest some other times, and let Pastor Bode know that you are interested. See the next page for a list of the topics we will cover.

Topics for Our Adult Information Class

Wonderful Words Of Life: The source of our knowledge of God; the reliability of the Bible; the Christian creeds.

The Creator And Preserver Of Life: Creation vs. Evolution; God's providence; the problem of suffering; guardian angels.

The Loss Of Life: The fall into sin; types of sin; the curse and consequences of sin; the tempter; temptations, repentance, confession, etc.

Christ, Our Only Life: Promises of a Saviour; fulfilment; the two natures and two states of Christ, and why; justification by grace through faith.

The Lord And Giver Of Life: The person and work of the Holy Spirit; the Spirit and the Scriptures; fruits and gifts of the Spirit; the Spirit's intercession.

The Sacraments Of Life – Baptism: Baptism, the "water of life"; its meaning for our lives; infant and adult baptism; sponsors; baptism and confirmation; baptism and Christian living.

The Sacraments Of Life - The Lord's Supper: All about Holy Communion; the Real Presence; close communion; communion as a confession of faith; unworthy reception of the Lord's Supper.

The New Life In Christ: Christian morality as Christ-likeness; do we need laws? What about the commandments of the bible? How binding are they?

Life Expressed In Brotherly Love: What is love? Love and keeping God's commandments; study of the second table of the law for today.

Our Church Life: What is the church? Can we be saved apart from the church? It's unity and disunity; why join a congregation; membership privileges and duties.

The Devotional Life: Prayer life; types of prayer; requirements of prayer; unanswered prayers; prayer problems; public worship - must we attend church?

A Life Which Never Ends: What happens at death? Heaven and hell; the judgment; the resurrection of the body; the immortality of the soul; glorification.

Our Lutheran Worship: The Service of the Word revolves around hearing God's Word read and preached. The Service of the Sacrament revolves around receiving God's Word "in, with and under" bread and wine, that is, the Lord's Supper. A Sacrament is a gift from God that combines His Word with a physical element, in this case bread and wine, and the forgiveness of sins. As Christ comes to us with His body and blood, He reveals His grace to us in a wonderful, special and personal way.

The Preface — "The Lord be with you. And with thy spirit" (see 2 Tim. 4:22) — prepares us to eat this feast. The Preface acknowledges the pastor's authority from God to distribute this meal to God's people (1 Cor. 4:1). While the pastor's task is acknowledged, our attention is directed "to things above." The pastor admonishes the people to "lift up your hearts," echoing the words of Lamentations 3:41 and Colossians 3:1-2. We respond: "We lift them up unto the Lord" (LSB p.194). We then move into the Proper Preface, adding to the daily thanksgiving a seasonal focus. This preface will change according to the Sunday of the Church Year. We will look at this next time.



PROPER 11

YEAR B

Jesus teaches and heals the people





www.growministries.org.au

Sunday between July 17 and July 23



CONVERSATIONS

Share your highs and lows, or respond to the following:

- 1. If you saw Jesus standing in front of you, what would you want from him?
- 2. Read Mark 6:30-34, 53-56. The text says that Jesus taught and healed the people. What has Jesus taught you? What would you want Jesus to teach you now?
- 3. In Mark 6:34 Jesus sees the people as sheep without a shepherd. What does it mean to you to have Jesus as vour shepherd?



BIBLE READINGS

Read the following Bible readings throughout this week. Talk about what words or phrases stand out for you.

S Mark 6:30-34, 53-56 Jesus teaches and heals the people

М	Jeremiah 23:1-6	God promises a righteous king
т	Ephesians 2:11-22	United by Christ
W	Isaiah 40:1-11	God's people are comforted
т	John 10:1-18	Jesus the Good Shepherd
F	2 John	Truth and love
s	Psalm 23	The Lord is my shepherd

VERSE OF THE WEEK

The Lord is my Shepherd, he gives me everything I need.

(This psalm can be of great comfort in your Christian walk. Print or write this out and commit it to memory.)



CREATIVE RESPONSE

Jesus took his disciples away with him to a quiet place (Mark 6:31-32).

Spend some time together in silence as a household this week. Light a candle to represent the presence of Jesus with you.

Focus together on the candle in your silence.

Then share with each other the thoughts that came to you during this time.



ACTION RESPONSE

Many people looked to Jesus for teaching, healing and guidance. His ministry was very busy and demanding.

Those in helping professions - e.g. doctors, pastors, firefighters, police - have many demands placed on them. Their work can be very tiring and sometimes stressful.

Think of a way you can show your appreciation and support to someone in such a profession and plan to do so.



Our Good Shepherd feeds us. Our Good Shepherd leads us. Thanks be to God! Amen



Lord Jesus, lead us today to quiet places where we can rest with you. Amen.



BLESSING

May the Lord touch you with love, show you kindness and bring you healing.