

Foothills Lutheran Church

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“Connecting People with Christ through Worship, Relationships & Service”



I AM
The Bread of Life

J O H N 6 : 3 5

Eleventh Sunday after Pentecost

August 4, 2024

Senior Pastor: David Bode (flcpastor@foothillslutheran.com)	DPS: Deaconess Miriam Winstanley (miriam@foothillslutheran.com)
Associate Pastor: Eric Moffett (flcpastoreric@foothillslutheran.com)	Office Administrator: Carol Kehler (office@foothillslutheran.com)
Pastor Emeritus: Eldon Ohlinger	

A Prayer Upon Entering: O Christ, our Bread of Life, nourish us and fulfill us with Your Word. Satisfy our desire to be near You by gracing us with Your presence. And enrich us through Your holy sacrament of bread and wine, which are Your body and blood.

Life-giving Savior, fill us with Your goodness.

OUR WORSHIP TODAY

ORDER OF SERVICE:As projected
HYMNS:814; 642; 786; 641; 628; 699; 918
FIRST LESSON:.....Exodus 16:2-15
EPISTLE LESSON:.....Ephesians 4:1-16
GOSPEL LESSON: John 6:22-35
SERMON:

WELCOME: If you come as a visitor today, we hope you will leave as a friend. Whether you are a newcomer to the community or to our church, we are honoured to have you here. If you are a member of this congregation, please be sure to extend a warm greeting and a friendly welcome to our sisters and brothers in Christ. Speak to someone you don't know before you speak to someone you know.

WE CELEBRATE HOLY COMMUNION TODAY as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

A NOTE ABOUT OUR OFFERINGS: We are blessed through the faithful stewardship of God’s people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: financials@foothillslutheran.com.

SERVING IN GOD'S HOUSE TODAY

Music.....Deaconess Miriam
Ushers..... Robert Kubke; Ellen Wagner
Lector Carl Berdahl
AV Operator.....Brenda Bode
Communion Assistant Brian Kehler

THIS WEEK AT FLC

Monday		<i>Office Closed</i>
Wednesday	6:30 pm	Midweek Worship
Thursday - Sunday		West Region Ball Tournament
Sunday	9:00 am	Adult Bible Study
	10:15 am	Worship

IN OUR PRAYERS THIS WEEK:

In Hospital:

Homebound:

For Special Intercession:

Family Focus:

LAST WEEK AT FLC

Week of	Sunday	Education Hour	Wednesday/ Communion
July 28	129	6	10/10

**Attendance includes online participation*

OUR STEWARDSHIP OF GOD'S GIFTS

Weekly Offering Needs	\$7,404.00	Our Budget Goal
Envelope Gifts Received Last Week	\$4,410.00	
Envelope Gifts Received to Date	\$204,240.00	+/- YTD
Total Offerings Needed to Date	\$222,115.38	-\$17,875.38

Non-Budget/Miscellaneous Gifts: Plate 65.00; Visitor 480.00; Canadian Lutheran Bible Translators 20.00; Benevolence 50.00; Youth 18.15; VBS 843.64; Board of Fellowship 20.00.



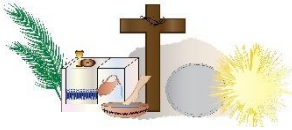
WEST REGION BALL TOURNAMENT: August 9-11 in Revelstoke, BC! If you want to come and play slo-pitch for a fun weekend, please sign up on the board outside of Pastor Eric's office. No prior experience necessary. If you are coming, please book your own accommodations!

PLEASE NOTE: Deaconess Miriam will be on vacation from August 7th – 13th. We pray that she has a restful and safe time on her hiking/camping trip!

MISSION OF THE MONTH

MUSTARD SEED

The Mustard Seed is a Christian non-profit organization that has been caring for individuals experiencing homelessness and poverty since 1984. Operating in five cities across Alberta and British Columbia, The Mustard Seed is a supportive haven where people can have their physical, mental, and spiritual needs met and grow toward greater health and independence. We have served dinners in the past, but your gift always offers care to someone in need.



VACATION BIBLE SCHOOL: Our VBS, “*A Week with Jesus*”, ran July 22 - 26. A total of 70 children were in attendance, supported by nearly 40 volunteers. We give thanks for the many hands that made VBS possible again this year, and ask, you to

please pray that the seeds of faith planted would take root and grow as children remember that Jesus is the Way, and the Truth and the Life! Would you like to see some pictures? Check out the monitors in the narthex!

PLEASE JOIN US IN CELEBRATION after service on Sunday, **August 18th** for coffee and cake as we congratulate Tim and Tracy Roth on 50 years of marriage. May God continue to bless them with many more years to come.

OUR REFUGEE SPONSORSHIP EFFORT: As we did several years ago, we are working to sponsor a family—in this case, one with ties to our congregation. Some of the needs for this have changed, and we need to have funds on deposit with Canadian Lutheran World Relief before this work can begin. We are looking for your support as we seek to show Christian love and care for this family. You can make your gift by simply marking it, “Refugee Sponsorship”.

SUNDAY OR WEDNESDAY—YOU CAN WORSHIP IN GOD’S HOUSE!

We come together to worship and praise our God and to be fed through His Word. Join us Wednesdays at 6:30 pm or Sundays at 10:15 am—or both! You will also find us online at: www.facebook.com/foothillslutheran

RALLY DAY - SEPTEMBER 8TH - VOLUNTEERS NEEDED!!

We are planning our annual outdoor service on September 8th (Rally Day) and are looking for volunteers to help out. Please see the sign-up sheet on the Fellowship Board. For questions, please contact Sarah Knudtson or Heather Sommers and don't forget to invite your friends and family.



MISSION PRAYER: This week, we pray for **Rev. Seungwoo “Sam” Choi** who serves as pastor of Korean Lutheran Church in Toronto, Ontario. **Prayer:** Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Pastor Choi, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**



HAVE YOU RETURNED YOUR SILVER SAINTS SURVEY? At the beginning of the summer, we distributed surveys, looking to restart our Silver Saints. Many of those surveys have been returned, but you still have time to get it into the office. We will tabulate the results in the coming weeks and share some of the plans that come out of this. May God bless our ongoing efforts to provide for all our members and their fellowship together!

OUR “LIFE WITH GOD” ADULT INFORMATION CLASS was scheduled to begin today, but due to a change in Pastor Bode’s schedule (he is away in Didsbury today), we are going to meet on August 11th and 25th this month, from 11:45-1:15 pm. We will have an opportunity to talk more about the schedule that day.

We have had a good response to this opportunity to be in the Word, and you can still be part of it! We want to help you know and understand what God says to us in the chief teachings or doctrines of Scripture. This course provides all of us an opportunity to study what our church believes, teaches, and confesses from the Word of God. It is an opportunity to gather with other believers as we seek to learn more from God’s Word, and to be strengthened in our lives as His people. For those who are new inquirers, this course would serve as membership class.

We will look at our “Life with God” under the following topics:

- **Wonderful Words Of Life**
- **The Creator And Preserver Of Life**
- **The Loss Of Life**
- **Christ, Our Only Life**
- **The Lord And Giver Of Life**
- **The Sacraments Of Life – Baptism**
- **The Sacraments Of Life - The Lord's Supper**
- **The New Life In Christ**
- **Life Expressed In Brotherly Love**
- **Our Church Life**
- **The Devotional Life**
- **A Life Which Never Ends**

A CHANGE IN OUR AUGUST WORSHIP SCHEDULE: Pastor Eric will be at the West Region baseball tournament on August 11th and at a National Youth Gathering meeting on the 25th of August. We will “reverse” some Sundays, with Pastor Bode going to Didsbury the 1st and 3rd Sundays and leading worship on the 2nd and 4th. We will also move our “blended” service to the 18th and have our ‘traditional’ service on the 25th. Of course, the wonderful gift is that we have the privilege of worshipping the God of our salvation together and sharing in the blessings we enjoy as one family in Christ. Join us each week!

WE’LL SOON BE PLANNING OUR FALL CONFIRMATION PROGRAM, preparing to welcome those students who will begin their time of deeper study into the Scriptures and the Catechism. We all are to be students of the Word, that we may know and rejoice in the blessings God gives us as His people. If you believe your child should be in Confirmation, speak to the pastors or Deaconess Miriam.



THE SUMMER GOES BY SO QUICKLY! Before we know it, we will be back to our regular fall schedule.

Various Bible studies will begin, as will Sunday School. Our Tuesday morning LifeLight study will begin, and our men’s breakfast study will be on the first Saturday of September. Of course, Sunday School, Youth Bible Study, and Confirmation begin Sunday, September 8th! Sunday School begins at 9:00 am with opening being held downstairs. Watch your bulletin and newsletter for more information on classes, meetings and the ‘regular’ activities of our congregation.

Our Lutheran Worship: The Proper Preface

The Proper Preface adds a seasonal focus to our thanksgiving for God’s grace in the Sacrament. It concludes with the words, “with angels and archangels and all the company of heaven.” We give thanks and praise, therefore, with all the hosts of heaven. And what do these angels and saints who died before us sing? They sing the song of heaven, the “Holy, Holy, Holy” (Sanctus; Isaiah 6:1-7 and Revelation 4:1-11). By singing the song of heaven here, we acknowledge God’s unique presence in the Sacrament as we approach it with all reverence and fear. What a joy it is to know that the saints on earth and saints above join in praising the God who has brought forgiveness, life and salvation to His people!



Growing FAITH at home

PROPER 13

YEAR B

Jesus is the
bread of life.



growministries
LCA CHILD YOUTH & FAMILY MINISTRY



www.growministries.org.au

Sunday between
July 31 and August 6



CONVERSATIONS

Share your highs and lows, or respond to the following:

1. Talk about a time you were really hungry.
2. Jesus called himself the bread of life. He said that those who come to him will never go hungry. What do you think he meant?
3. Without food, hunger is something that can happen to us every day. How are you fed by Jesus, the bread of life, so you do not experience spiritual hunger?



BIBLE READINGS

*Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.*

S	John 6:24-35	Jesus is the bread of life
M	Exodus 16:2-4, 9-15	Bread from heaven
T	Ephesians 4:1-16	Unity in the body of Christ
W	Matthew 6:9-13	The Lord's Prayer
T	Deuteronomy 8:1-10	You do not live by bread alone
F	Isaiah 55:1-11	The abundant life
S	Psalms 78:23-29	God feeds the people

VERSE OF THE WEEK

Jesus said to them, "I am the bread of life.
Whoever comes to me will never be hungry, and
whoever believes in me will never be thirsty."

JOHN 6:35





CREATIVE RESPONSE

Fasting is a tradition found in many religions.

For Christians, one reason for fasting is to be aware of how dependent we are on food and on God to stay alive. Fasting and prayer go together.

There are many ways to fast, from avoiding all foods to restricting one's diet for a specific period of time.

Choose a fast that works for you.

When you end your fast enjoy some food while reading John 6:24-35.

Reflect on the presence of your Lord Jesus Christ, the bread of life.

Conclude the time by praying the prayer from this week's Growing Faith at Home.



ACTION RESPONSE

As Jesus feeds us spiritually and physically, he invites us to feed others.

Gather some grocery items to donate to a local food pantry that serves the needy in your community.

Pray for the people that will receive these gifts.



MEALTIME PRAYER

Jesus, bread of life,
feed us, body and
soul. Jesus, bread
from heaven, come
and make us whole.
Amen.



PRAYER

Lord Jesus, we
come to you to be
fed. Fill us that we
may do the work
of God by believing
in you. Amen.



BLESSING

May Jesus, the
bread of life, fill you
with faith, hope,
and love now and
always.