



Dear friends in Christ Jesus, our Lord.

I'm sure you are familiar with the expression, "no news is good news". When someone says that, they are seeking to make someone feel less worried when they have not received information about someone or something. The thought is that if something bad had happened, they would have been told about it: "We haven't heard anything from the hospital today, but I suppose no news is good news."

It is true that there is no sense in worrying about things that haven't happened yet. As Jesus tells us: ***"Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble."*** (Matthew 6:34, ESV) Thinking the worst doesn't mean that the worst has happened or will happen. Of course, we also have to acknowledge that just because we haven't heard something, it doesn't mean that it hasn't happened. No news is exactly that –no news. We shouldn't worry when we haven't heard anything, even as we remember we couldn't change it if we had heard the news, whether good or bad.

Our world longs for good news, but we are more accustomed to the no news, bad news and uncertain news of our world. Thankfully, God gives us some truly good news. Think back to the wonderful message of the angels over Bethlehem: ***"Fear not, for behold, I bring you good news of great joy that will be for all the people. For unto you is born this day in the city of David a Savior, who is Christ the Lord."*** (Luke 2:10–11, ESV) Listen to the words of Jesus on the night before His crucifixion: ***"I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world."*** (John 16:33, ESV) Tie this all together with the words of John the Baptist to his disciples as he points to Jesus: ***"Behold, the Lamb of God, who takes away the sin of the world!"*** (John 1:29, ESV) and the good news of the angels at the tomb on Easter morning: ***"Why do you seek the living among the dead? He is not here, but has risen."*** (Luke 24:5–6, ESV)

Foothills Lutheran Church

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A Letter from the Pastor

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Perhaps you have heard of Schrödinger's Cat. This was a thought experiment devised by the Austrian physicist Erwin Schrödinger. The basic idea is that if you seal a cat in a box with something that can eventually kill it, you won't know if the cat is alive or dead until you open the box. So, until you open the box and observe the cat, the cat is simultaneously dead and alive. You can't know what is until it actually happens. In biblical terms, why worry about the unknown? We have something better. We cling to what we do know.

There is a poem by Margaret Clarkson that says:

I do not know what next may come
Across my pilgrim way;
I do not know tomorrow's road,
Nor see beyond today.
But this I know --my SAVIOR knows
The path I cannot see;
And I can trust His wounded hand
To guide and care for me.

There is much more to the poem, but you get the idea. It's not that no news is good news. It is the good news that we have in Christ that sustains and encourages us, no matter what the news may be. We have hope and confidence for our days, through the Saviour who loved us so much that He suffered, died and rose again to take away our sins and give us life. He ascended into heaven to watch over His church and its people in all things. His news is good news for each and every day and in each and every circumstance. Rejoice in that news, dear people, loved by God!

In His Service,

Peter Hand m/Book

Children & Family Ministry

FAITH AT HOME

As a congregation we are encouraging the families of our congregation to adopt a Faith-at-Home lifestyle, where parents claim their God-given role as primary faith-teachers of their children. Deaconess Miriam has resources for families to help them fill this role at every age and stage. She'd love to talk with you! See pages 4 and 5 for more information on our upcoming sessions.

VACATION BIBLE SCHOOL

Our summer VBS, "*A Week with Jesus*", ran July 22-26 with sixty-nine children attending, including eight Volunteers-in-Training. During VBS we focused on a week in the Bible – Holy Week - where we see just what kind of a King Jesus, our Saviour, is. Every day we sang, learned from the Bible, played games, and did crafts. One-third of the children who attended were unchurched, so it was a great opportunity to introduce them to Jesus, our Saviour.

Each year we collect a daily offering, half of which is sent to a mission. This year we are able to forward \$647.00 to Hope Mission, Calgary, for their children's programs.

We couldn't do VBS each year without the many volunteers who come forward to teach, help in the classroom, and lead activities. Thank you to the 32 people (21 of them youth) who filled these roles. We give thanks to God for you!

LADIES BIBLE STUDY OPPORTUNITIES

Two Ladies' study groups are running, with new members always welcome.

Our Tuesday group meets weekly at 7:30 pm, currently working through the Concordia Lutheran Seminary Quest Course on C.S. Lewis.

Our Thursday afternoon study meets weekly at 1:30 pm for an in-depth study of the readings for the upcoming Sunday.

Both studies take place in person, with the option of participation online via Zoom. Contact Deaconess Miriam for



Children & Family Ministry

SUNDAY SCHOOL

"All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be competent, equipped for every good work." 2 Timothy 3:16-17

God's blessings to all of our Sunday School students, our teachers, and our parents. Our Sunday School year begins on Rally Day, September 8th! We look forward to welcoming all children age 3 through grade 5 to hear and learn about Jesus' love for them. This year we will be spending time on a high level look at the New Testament, beginning with Jesus' birth.

Thank you to our teachers, who meet monthly for study and planning, and who work diligently to prepare their lessons each week.

Our upcoming lessons include:

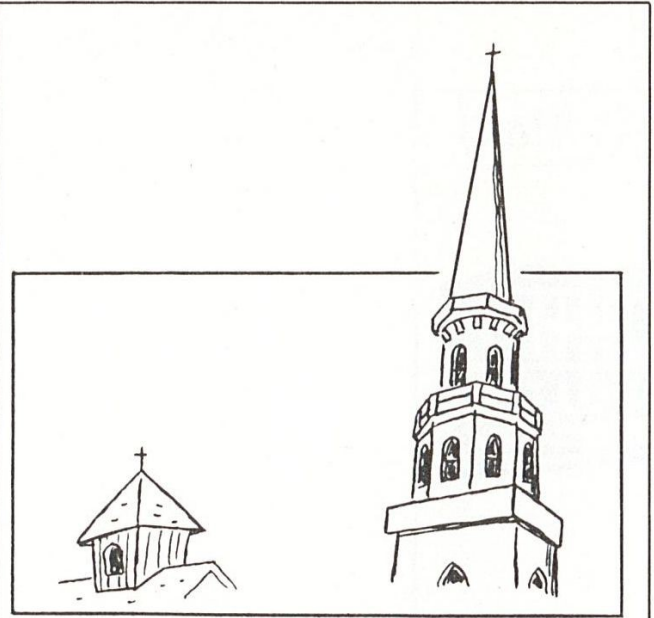
Sep 08	Jesus' Birth	Luke 2:1-20
Sep 15	The Wise Men Worship Jesus	Matthew 2
Sep 22	Jesus' Baptism and Temptation	Luke 3:15-22; 4:1-13
Sep 29	Jesus Calls Disciples	Luke 5:1-11
Oct 06	A Wedding at Cana	John 2:1-11
Oct 13	Thanksgiving No Sunday School Class	
Oct 20	Jesus Preaches on the Mount	Matthew 6:25-34
Oct 27	Jesus Calms a Storm	Mark 4:35-41

CHILDREN'S CHOIR IS BACK!



Children age 4 and up are invited to join us for twice monthly practices where we will learn God's Word through song, learn what we can do with our voices, learn a bit about music, and learn how to sing with others.

If you are interested in having your children participate, please contact Deaconess Miriam at 403-284-1342 or miriam@foothillslutheran.com.



Every Church a Great Church

Beautiful is the large church,
With stately arch and steeple;
Neighorly is the small church,
With groups of friendly people.

Reverent is the old church,
With centuries of grace;
And a wooden church or a stone church
Can hold an altar place.

And whether it be a rich church
Or a poor church anywhere,
Truly it is a great church
If God is worshiped there.
—Author unknown

Family Time in Christ

Worshipping Together as the Family of God

Have you been to a family reunion lately? They are wonderful, welcoming, intergenerational events. Our worship together as the people of God is like a regular family reunion. Believers age 0 – 95+ gather together to receive God's gifts of grace, and to respond with thanksgiving and praise. When we bring our children to worship, we teach them that they are indeed part of the family of God. We rejoice that in our congregation we see children being brought to Jesus' feet in the worship service. We know that it takes commitment and consistency on the part of parents, and those who help them, to bring children into the rhythm of our worship. More importantly, we know also that you are laying a foundation for their future life in the Church. God bless you! Here are some tips for worshipping with children from those who have gone before you:

Give quick reminders of where you are going. Remind them that they are coming to God's house, and that they will be there together with God's family. Talk about the people they will see, and what will happen at Church.

Point out important parts of the service to your children as they happen — This helps keep them focused on why they are there and helps them understand what is going on. Practice simple parts of the liturgy at home and give them notice when a part that they know is coming up in the service.

Point out the items they can see in the Church – Notice banners, candles, altar, cross, etc. and talk about what they tell us.

Introduce your children to people – Let them meet the ushers, those who are sitting around you, the Pastor, the musicians. Your children are important to all of us!

Bring quiet toys and books or grab a busy bag from the back of the Church — Soft photo albums, short books, or a special soft toy can help during those times when a child gets wiggly.

Take a walk if you need to - Use the narthex or the nursery to settle your child or give him or her a short wiggle break if necessary, but bring them back to worship so they don't get too attached there!

Remember that kids will be kids — If they (or you) have a bad morning, don't let that keep you from coming next week. God loves your children, and so do we!

Ask for help if you need it – There are many people in our congregation who are willing to be an extra lap or set of hands during worship. Check in with Deaconess Miriam if you want to be introduced to some of them.

God bless you as your family worships with the family of God!

My Church



Take it Home!

**Sunday, September 29, 2024
11:15 am
at Foothills Lutheran Church**

What is the church? What are all the special things in the church? What happens at church? Why does God want us to be together in church? Come with your child and share a special treasure hunt that will help you to answer these questions!

We will meet in the sanctuary right after service. Bring your whole family!

RSVP TO:

**Foothills Lutheran Church
403-284-1342
miriam@foothillslutheran.com**

Designed for parents and their children born in 2020.

LWMLC

Foothills LWMLC (Lutheran Women's Missionary League Canada) meets from September to May, except December, in the Fellowship Hall at 1:00 pm on the third Monday of the month. The meetings include a Bible study, a brief business meeting, discussions and topics of interest to the group.

The National Convention was held this summer in London, Ontario. Our elected zone delegate, Brenda Bode, will be bringing us information about the new grant initiatives and interesting facts.

As always we are very grateful to the congregation for their support, prayers and encouragement for our events and initiatives. We welcome any ladies who would like to join us.

God's blessings,

Geraldine Chimirri-Russell

President



FLC Anniversaries

Deaconess Miriam – 15th Anniversary

It was the first Sunday in July 2009 when DPS Intern, Miriam Winstanley joined FLC. Then on May 16, 2010, she started her new role as Deaconess Miriam. God has truly blessed Foothills with Miriam as a faithful servant within Foothills' ministry team. We celebrated Miriam's 15th anniversary on the first Sunday of July, 2024 with a beautiful bouquet of flowers.

Brian Vincent – 10th Anniversary

Brian has been keeping both the inside and outside of the Foothills property looking it's best for the past 10 years.

Pastor Eric – 10th Anniversary

Pastor Eric was installed as Vicar at Foothills on August 17, 2014. Then, in August 2015, he was ordained and became Associate Pastor at FLC. We thank Pastor Eric for his 10 years of service to God and celebrated with a fun cake after the service. May God guide and bless him in the years ahead.



My Bible



Sunday, September 8, 2024

**Presentation of Bibles during the worship service
at 10:15 am**

**"My Bible" session following the
September 15 service.**

God's Word is truth, and He gives us His Word in the Bible. Your child is old enough to begin to explore God's truth using his or her very own Bible.

On Sunday, September 8th you will fulfill one of the promises you made at your child's baptism as you place a Bible in his or her hands during the worship service. A copy of the Faith Alive Student Bible will be provided.

Then join us after service on September 15 for a light lunch and time for parents and children to learn together about their Bible and how to use it. Children will have an opportunity to create their own Bible cover.

Younger children are welcome in the session so that mom and dad can come together.

RSVP TO: Foothills Lutheran Church

403-284-1342

miriam@foothillslutheran.com

Designed for children born in 2017 and their parents.

Board of Stewardship

Financial Stewardship: As normal, our giving has fallen off during the summer as many of our members are away. We are about \$20,000 behind our budget so I encourage all members to prayerfully consider increasing their giving during for the rest of the year so we can meet our budget obligations.

Volunteers: A big thank you to all our volunteers who participated in our Vacation Bible School, providing food for the funerals we have had, the kitchen renovation project and the other projects and initiatives we have had this summer. **We cannot do it without you so Thank You!** As we enter the fall, we encourage all members to see where they can help in our church. You will find volunteering in our congregation to be a great way to meet others while giving back to our Lord out of thankfulness out of all he has given to us.

Update on Refugee Sponsorship: At the last voters meeting the congregation asked the PPC to gather more information on what would be the mechanism and requirements to sponsor a family from Afghanistan to come to move to Canada. We discussed working with Canadian Lutheran World Relief (CLWR) as they work with the government and congregations on sponsoring refugees and can provide guidance on what would be required from our congregation. We had a meeting with CLWR and they have told us that they have a quota for refugee sponsorship from the government and the quota has been reached in 2024. They indicated that we would need to apply to sponsor a family in 2025 and that the application process would start this fall. We will be having further meetings with them in September and should be able to provide more guidance to our congregation after those meetings.

In Service to our Lord,

Dale Dusterhoft

Chair – Board of Stewardship

Campus Ministry Presentation

You're invited on **September 11th** at 7:30 pm as Pastor Eric will be taking a look back at 10 years of campus ministry. How it all started, the triumphs, the speed bumps, and what can be learned from the experience.

Mission of the Month

September

Concordia Lutheran Mission Society

There are so many opportunities for mission outreach that God has provided for us. We have various agencies within Lutheran Church—Canada who focus on different areas of mission, such as the LWML. The Concordia Lutheran Mission Society was by mission minded LCC individuals to encourage and expand the mission work beyond that which the Synod can do at present. While some of their efforts dovetail with existing projects, they also look for the needs of the church. Your support helps in these efforts!

October

BC Mission Boat

A group of people living on Vancouver Island, had a vision to build a boat in 1999 and travel to remote parts of the BC Coast to share the love of Jesus Christ with people living in remote communities. Between the years 2000 and 2010, they did this by taking teams in a boat to each community. Since that time the BC Mission Boat Society takes teams using various modes of transportation including car, water taxi and ferry to these communities. Various teams from all over Canada and the USA join us throughout the year to offer kid's club, men's and women's bible studies, family games nights, elder breakfasts and spa nights for the people living in the communities we travel to. Our hope is to encourage believers in the communities and share the love of our Saviour to the people.

Operation Christmas Child

2 Corinthians 4:6. For God who said, Let light shine out of darkness, has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

Yes it is that time of year where we can share our blessings with children in countries racked by political strife, natural disasters and poverty. Your gift, through prayer, will be received with much joy by the child who God has intended. The greatest gift, of course, is the gospel which is titled aptly; The Greatest Journey, a 12 week discipleship course. Boxes and brochures will be out the last week of September. Further announcements will be in the Sunday bulletins. If you have any questions talk to me at church or email me at elkebittmann54@gmail.com.

Board of Elders

God's Blessings from the Board of Elders

God has blessed us with a beautiful summer, and we hope the congregation has been enjoying the sunshine. The Elders have continued to meet over the summer to advance some key initiatives.

In June we had some turnover of Elders with Tim Knudston and Ralf Hinterleitner moving off the board and with Lorne Rosenau joining. With these changes, the current roster of Elders is: Robert Kubke (Elder Director), Rob Kaut, Brian Kehler, Rick Nelson, Lorne Rosenau and Austin Voss.

We are thankful to God for the return of Pastor Eric after his leave in May and June. Please continue to pray for Pastor Eric as he returns to his ministerial duties. In the near future, Pastor Eric will be giving a presentation on Campus Ministry. He has been leading this initiative for the last 10 years and would like to share with the congregation his thoughts about the program.

It has been difficult/slow to make progress on reviewing the congregation direction and visioning process, because attention was needed on Pastor Eric's leave and other matters. Also there is a lack of volunteers for key leadership positions in congregational positions which are crucial for supporting congregational direction. Please encourage those in leadership roles and treat them well, so that people are willing to serve in these roles, joyfully serving our Lord.

We are looking forward to fall as there is still much work to do in the church, and please remember, if anyone has ideas or concerns about the congregation direction, contact an Elder to give your opinions.

On behalf of the Board of Elders.

Austin Voss

Lutheran Bible Translators

PASTOR MIKE AND KARA KUHN and family will be with us on **Sunday, September 22nd**, to share with us their work in Cameroon with Lutheran Bible Translators—Canada. Pastor Kuhn will preach that day and will also be making a presentation during the Christian Education hour that day (9:00 am). You are encouraged to come and hear about their work and to welcome them to our worship that day. May God continue to bless the work that LBTC does in bringing God's Word into the "heart language" of people throughout the world.



Kitchen Grand Opening



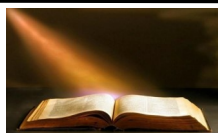
We know some of you have been missing your coffee and treats so it's time to celebrate the completion of the church kitchen renovation project.

Join us on **September 15th** after service for a special lunch. Let us tour you around our improvements.

Heather Sommers



Board of Christian Education



“Teach...that the next generation may set their hope in God” – Psalm 78

September is upon us which means we're extremely excited about starting our education year once again. Your Board of Christian Education is primarily here to ensure that you, and all our fellow congregation members, have access to every opportunity to grow in our faith through the study of God's word, prayer, and being in community together. As such, it's our pleasure as the board to serve you in this way through our many learning opportunities. If you have any questions, please don't hesitate to reach out to any members of the board, the church office, Pastor Bode, Pastor Eric, or Deaconess Miriam. We would love to assist you in finding the right fit for your faith journey.

Be sure to join us for **Rally Sunday on September 8** to learn about the opportunities available to study God's Word with your family at Foothills. We have Sunday School, Bible studies throughout the week, family groups, youth group, and more. There will be more information available on Rally Sunday about the specific programs and how to attend them. We encourage everyone to find something that works for you and join us in studying and worshipping our Saviour together.

If you haven't visited the library lately, please stop by and check out something to aid in your spiritual growth over this coming year. If you have a title or subject you'd like to see added to the library, email us at education@foothillslutheran.com, call in to the office, or speak to the staff. And keep an eye out for the new art work outside the library. It will be put up very soon, if not already.



Have you joined our (private) Facebook group for Foothill members? We post announcements and event reminders to the group, and occasionally share devotions; if you use Facebook more than you read the bulletin, this group might be for you!

www.facebook.com/groups/flcchristianed/

The Board of Christian Education is:

Chair: Trevor Heumann

Staff Members: Pastor David Bode, Pastor Eric Moffett, and Deaconess Miriam Winstanley

Board Members: Michelle Heumann (Secretary), Derek Kiefer, Kayla Moffett, Tobi Stene

Board of Fellowship

COFFEE FELLOWSHIP



Are you interested in assisting on a coffee team or providing treats for Sunday fellowship as we return to our coffee time after Sunday service?

UPCOMING EVENTS

Rally Day BBQ

Invite your friends and family to our BBQ on **September 8th** and explore all the education programs at Foothills. Volunteers are needed for set-up and clean-up.

Ministry Appreciation

Lets show how much we appreciate Deaconess Miriam, Pastors Bode and Eric on **October 20th** with a pie social. Sign up on the Fellowship Board to bring your pie contribution. Remember pumpkin, lemon and gluten free are some of the favorites.

Confirmation Dinner

A dinner will be held for Emmy, Kieran and Quinn and their families as we rejoice in their confirmation

Looking for a Babysitter, or know someone who is? We have in our midst a youth who has completed her babysitting course, helps out with younger siblings, and has volunteered with our youngest class in VBS. If you are interested in connecting with her, please contact the Church office.

Silver Saints Restart

Over the summer, seniors in our congregation shared their suggestions for how a re-started Silver Saints group might look, and the activities they would like to do together. A small committee met in August to plan a first get-together. All seniors are invited to come Tuesday, **September 17th** 1:30 – 3:30 pm. We'll map out a plan for monthly activities through the year, followed by a time of fellowship, fun and some food. Bring your favourite

LifeLight

Our Tuesday LifeLight Bible study will begin a new session on Tuesday, **September 10th** at 10:00 am. We will again be meeting in the parish hall, and we will be looking at a study on *The Life of David*. LifeLight allows you to do some personal study and prep, and then we gather to share and learn together.

Youth Event News

Youth group, or LYF (Lutheran Youth @ Foothills), is for youth in grades 7 to 12, and friends are welcome! We meet every second and fourth Friday, whether it's a long weekend or not, usually from 7 to 10 pm.

Even if we don't specifically ask for an RSVP for an event, it is helpful to know if people are coming or not, so please do let the youth leaders know if you're not going to be able to make it to an event or Bible study!

Starting September 8, Sunday morning youth and young adult Bible study is every week at 9am in the youth room, except for long weekends - there will be no Bible study on Thanksgiving Sunday, which is October 13.

September 13: Evan's Lunch Olympics

We'll be kicking off the new school year with games at the church from 7 to 10pm. Bring a snack and a water bottle, and, as always, feel free to invite a friend!

September 22: Annual Church Slo-Pitch Game

Everyone is invited to our fun annual ball game - all ages, all abilities are welcome! And a cheering section is welcome, too! We'll head to the diamond as quickly as possible after worship and the LBT presentation, with the aim of starting by 1pm, and if you have extra bats and gloves, please bring them to share. The location is Dalton Park on Dalton Drive NW, across from the Dalhousie Canadian Tire.

September 27: Corn Maze

Details TBA - RSVP to Pastor Eric ASAP so we can organize rides and see if we qualify for a group rate.

October 11: Laser Tag

Details of cost and timing to be determined based on our group size - please RSVP to Michelle by September 23.

October 25: Second-Best Olympics

What are the second-best Olympics, you might ask? Well, come and find out! We'll be at the church from 7 to 10pm. As always, bring a snack and a water bottle, and feel free to invite a friend.

Save November 8 and 22 - and parents, please also save November 22 for a special event with Miriam!

Sunday, November 24: NYG Info Lunch

After worship on November 24 we'll be having a lunch meeting to share info about the 2025 NYG! The youth gathering will be in Waterloo, ON, from July 4 to 8. Pastor Eric, Kayla, and Michelle are on the planning committee, so we'll have lots of info to share.

What are your December plans? The second and fourth Fridays are December 13 and 27, so we will switch away from the fourth Friday in this case. Can you commit to being at youth on December 6, 13, and/or 20th? Let us know ASAP!

We will also be planning for a Purdy's fundraiser around Christmas and a bottle drive shortly after Christmas, so watch for details about those events.



West Region Ball Tournament

Revelstoke, BC August 9-11, 2024

