

FOOT PRINT



A Letter from the Board of Elders

by Lorne Rosenau

The Board of Elders would like to thank two outgoing elders for their work and dedicated service to FLC; Robert Kubke and Austin Voss. Robert's leadership skills for the past two years and especially in the last six months of change, was greatly appreciated. Austin Voss worked diligently and gave generously of his time over the past two years and is now the vice-president alongside president Dale Dusterhoft.

The Elders met one time during the summer to ensure that the seven of us were "on the same page" and moving FLC forward in this time of vacancy and change. Vacancy Pastor Bode was also in attendance at the meeting. While our congregation is in a state of pastoral vacancy, the Elders are rotating through a schedule of leading the worship services when vacancy Pastor Bode is unavailable. One Elder leads the liturgy and another Elder delivers the sermon prepared by Pastor Bode. The Elders thank the congregation for their patience and understanding as the Elder lead worship services may not be as edifying nor as engaging as when lead by a pastor.

If any member of our congregation would like to speak with an Elder, please feel free to approach any one of us on a Sunday.

Continued...

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miriam@foothillslutheran.com

Eldon Ohlinger, Pastor Emeritus

Refer to the latest church directory or contact the church office and Amber Myers or Deaconess Miriam can give you a telephone number or email address of one of the Elders.

The Board of Elders would like to welcome three Elders to the board for the next two years; Tim Hohm and Trevor Heumann first time elders, and Hans Dueck returning after a two year hiatus.

The board is made up of the following: Rick Nelson, Rob Kaut, Kellen Rosenau, Lorne Rosenau (chair), Tim Hohm, Trevor Heumann, and Hans Dueck.

In the service of our Lord,
Lorne Rosenau

A Letter from the Pastor

by Rev. David Bode

“But I trust in you, O LORD; I say, “You are my God.” My times are in your hand.”

Psalms 31:14–15

Dear friends in Christ:

This year marks the 60th anniversary of the wonderful musical, The Sound of Music. I have always enjoyed the movie and its music. I have used the song, Do, Re, Mi to help teach my children musical basics. And who can't love Julie Andrews, the novice nun who serves as nanny for the Von Trapp family and becomes the mother to that large family of children.

There is a real Von Trapp family, and the movie is based (somewhat loosely) on their story. It was originally published as The Story of the Trapp Family Singers, an autobiography of Maria's life and her relationship with the Baron, leading to their marriage and the fame of the family as a singing act. (I have a CD of the Trapp family singing German Christmas carols).

I purchased a Life magazine anniversary edition on The Sound of Music. It made me nostalgic for the movie.

With those thoughts in my head as I started to think about the coming fall season, I was drawn to the song that Maria sings as she leaves the convent to take up the position as governess to the Trapp family children. The song is entitled, *I Have Confidence*. It is these lyrics that caught my attention:

What will this day be like? I wonder.

What will my future be? I wonder.


Isn't that the way we often feel? As we look ahead, we often wonder what lies before us. We wonder; we start to worry. There are still some rather unsettled days before us as a congregation. What will the future be?

Of course, in the movie, Maria finds confidence, but in the song she has confidence in sunshine, in rain, in spring and in herself. Not really the best things to give us confidence! Thankfully, we have something so much better! We have the confidence of the Lord who loves us, who gave Himself for us, who lives for us and has promised to care for us. The psalmist had a better confidence than we see in the movie as he says, ***“But I trust in you, O LORD; I say, “You are my God.” My times are in your hand.”***

The Lord who holds us in His hand is the God who knows how to guide us through the coming days. The Lord of the church knows His plans and purposes for us. He will always work to accomplish the very best for us and for His church.

Many of our members are anxiously waiting for news on the call we extended this summer. We may know the answer to that call by the time this is published. We may wonder what will happen with all the fall plans; with our new PPC members and Elders. “What will this day be like?”, we wonder. We can think, we can plan, but we ultimately want to leave it all in the hands of the One who gives us the confidence for our days, and that is our gracious Lord. In Him it will come together for the best.

Confident of His help and strength,



The President's Report

by Dale Dusterhoft

At the last voters' meeting, the congregation approved several initiatives including the long-range plan for Foothills. These initiatives included the following:

- Establishment of an investment committee. This committee will consist of three members of our congregation, and they will be responsible for managing Foothills investments and potentially hiring an investment manager. They will bring their recommendations back to the Voters at the next meeting on October 5th.
- The voters approved spending up to \$40,000.00 to make much needed repairs to the student residence. These repairs are currently underway.
- Approval to explore donating up to \$500,000.00 to the Oromo church from our church savings for them to build or buy their own church building. The terms of the agreement and the final approval of the donation will be brought back to the voters at an upcoming meeting.

Approval of the long-range plan. The key elements of the long-range plan have been communicated to the congregation before and include the following goals.

- Improve connections of our members to each other through a renewed focus on small group ministry. Key to this initiative will be to recruit a volunteer to coordinate and establish additional small groups in the congregation.
- To increase engagement of Foothills members in their church. The key goal will be to initiate a large scale Bible study program that the whole congregation can participate in.
- Be a welcoming church to visitors and new members, integrating them into our congregation as they continue to attend our church. A key goal will be to re-establish before service greeters to welcome visitors to our congregation.
- To provide a variety of worship styles to our congregation. Recommendation to the Elders to explore a 50/50 split between contemporary and traditional services.
- Increase community outreach. Key to this initiative will be to use our facility to reach out to the community and to explore expanding our facility with a half gymnasium that would be used to reach out to the community around the church.
- Reduce administrative burden of ministry staff which will free up time for them to focus on ministry initiatives. Put together a job description, budget and proposal to hire a part time business administrator to handle all non ministry aspects of the church and bring back to the congregation for approval by year end.
- Establish a short-term committee to determine how much money should be allocated to the various initiative the congregation will be pursuing, how much to ensure our building is in good repair, and how much should be retained as savings.

Reach out to the church office or myself if you require more detail on any of the above information.

In service to our Lord,
Dale Dusterhoft, President

Children and Family Ministry

by Deaconess Miriam Winstanley

SUNDAY SCHOOL

“But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings, which are able to make you wise for salvation through faith in Christ Jesus.”

2 Timothy 3:14-15

God’s blessings to all of our Sunday School students, our teachers, and our parents. We pray that you had a restful summer, and that your preparations for the return to school are going well. Sunday School will also begin soon! Our Sunday School year begins on Rally Day, September 7th! We look forward to welcoming all children age 3 through grade 5 to hear and learn about Jesus’ love for them. We begin Sunday mornings at 9:00 am with an opening in the Fireside Room (parents are welcome to join us), and then children go to their classes. This fall we will be spending time on a more detailed look at the Old Testament, beginning with the patriarchs, Abraham, Isaac and Jacob, and then moving to Joseph’s time in Egypt, and God’s rescue for His people through Moses. Every lesson will point us to God’s ultimate plan of salvation through His Son, Jesus Christ.

Our upcoming lessons include:

Sept. 7	Isaac and Rebekah	Genesis 24:1-4, 10-28, 50-67
Sept. 14	Esau and Jacob	Genesis 25:19-34; 27:1-45
Sept. 21	Jacob’s Family	Genesis 29:1-30
Sept. 28	God Works Good for Joseph	Genesis 29:20-23; 41:9-49
Oct. 5	God Helps Joseph Forgive	Genesis 42:1-28; 43:11-30; 45:1-15
Oct. 12	Thanksgiving Sunday	No Sunday School classes
Oct. 19	Moses is Born	Exodus 1:1-2:10
Oct. 26	Moses and the Plagues	Exodus 7

LADIES BIBLE STUDY OPPORTUNITIES

Two Ladies’ study groups are running, with new members always welcome.

Our Tuesday group meets weekly at Deaconess Miriam’s home. This September we will begin a new study looking at God’s promises in Joshua in a resource entitled “Strong and Courageous.”

Our Thursday afternoon study group will continue its practice of meeting weekly at 1:30 pm for an in-depth study of the readings for the upcoming Sunday. We meet in rooms 4-5 in the lower level of the church.

Both studies take place in person, with the option of participation online via Zoom. Contact Deaconess Miriam for more information!

CHILDREN’S CHOIR

Children’s Choir is back! Children age 4 and up are invited to join us for twice monthly practices where we will learn God’s Word through song, learn what we can do with our voices, learn a bit about music, and learn how to sing with others. We will start on Thursday, September 11 with a parent meeting and a short introduction to choir. If you are interested in having your children participate, please contact Deaconess Miriam for more information.



FAITH AT HOME

As a congregation we are encouraging the families of our congregation to adopt a Faith-at-Home lifestyle, where parents claim their God-given role as primary faith-teachers of their children. Deaconess Miriam has resources for families to help them fill this role at every age and stage. She'd love to talk with you! See below for more information on our upcoming sessions.

My Bible



Sunday, September 7, 2025
Presentation of Bibles during the
worship service at 10:15 am
"My Bible" session following the
September 14 service.

God's Word is truth, and He gives us His Word in the Bible. Your child is old enough to begin to explore God's truth using his or her very own Bible.

On Sunday, September 8th you will fulfill one of the promises you made at your child's baptism as you place a Bible in his or her hands during the worship service. A copy of the Faith Alive Student Bible will be provided.

Then join us after service on September 15 for a light lunch and time for parents and children to learn together about their Bible and how to use it. Children will have an opportunity to create their own Bible cover.

Younger children are welcome in the session so that mom and dad can come together.

RSVP TO: Foothills Lutheran Church
403-284-1342
miriam@foothillslutheran.com

Designed for children born in 2018 and
their parents.

My Church



Take it Home!

Sunday, September 28, 2025
11:15 am

What is the church? What are all the special things in the church? What happens at church? Why does God want us to be together in church? Come with your child and share a special treasure hunt that will help you to answer these questions!

We will meet in the sanctuary right after service. Bring your whole family!

RSVP TO: Foothills Lutheran Church
3104 - 34 Avenue NW
403-284-1342
miriam@foothillslutheran.com

Designed for parents and their children
born in 2021.

FAMILY TIME IN CHRIST

Sharing, Praying and Blessing

It's nearly September, and families are preparing for the return to school. Schedules will change again, and extra-curricular activities will become part of many families' daily and weekly routines. It can be difficult, but don't let busy schedules push out your family time together in Christ.

Bedtime presents a wonderful opportunity for a faith conversation. Gather the family together at the earliest bedtime and share highs and lows of the day with each other. Talk about the blessings and joys of the day, and the frustrations and concerns. Then pray with and for each other, taking your cues from what has been shared. Finish with a blessing for each child from Scripture – Numbers 6:24-26 provides a familiar blessing, and one that can send your child to bed knowing that God is with them, and has put His name on them!

As your children get older, the time of day you choose to do this sharing might change, but you will notice that the depth of what is shared will increase, and so will your bond of love in Christ!

*“The Lord bless you and keep you;
the Lord make his face to shine upon
you and be gracious to you;
the Lord lift up his countenance upon
you and give you peace.”*

Numbers 6:24-26



SUMMER VACATION BIBLE SCHOOL GOD'S PROMISES FOR ME!

Our summer VBS, “God’s Promises for Me”, ran July 21-25 with seventy-three children attending, including nine Volunteers-in-Training. Each day we looked at an Old Testament promise from God to His people, and saw how that promise was fulfilled in Jesus, His Son. Every day we sang, learned from the Bible, played games, did crafts, and sang. About half of the children who attended were unchurched, so it was a great opportunity to introduce them to Jesus, our Saviour.

Each year we collect a daily offering, half of which is sent to a mission. This year we are able to forward \$274.00 to Hope Mission, Calgary, for their children’s programs.

We couldn’t do VBS each year without the many volunteers who come forward to teach, help in the classroom, and lead activities. Thank you to the 42 people (including our volunteers in training) who filled these roles. We give thanks to God for you!



Board of Christian Education Update

by Tobi Stene



*“Teach...that the next generation
may set their hope in God”
Psalm 78*

September is here and the summer is slipping by. It is the time of year where many of us return to a more structured routine and the Board of Christian Education is excited to see some of those weekly study and learning opportunities return to the calendar.

Rally Sunday is coming up on September 7th. Sunday School, Youth Bible Study and Confirmation classes will all resume that morning. Adult Bible study has been ongoing throughout the summer and we are thankful to those who have led that. Following worship service there will be time for visiting with coffee accompanied with a summer treat.

The National Youth Gathering was held July 4-8th in Waterloo, Ontario. There were seven of our youth from Foothills that attended along with four adults. “UNBREAKABLE with the whole armor of God” was the theme for this year’s gathering. It was a time where our young people from various parts of Canada gathered together and were offered the opportunity to grow in their faith, form new friendships, participate in large and small group sessions along with various servant events and to share fellowship and fun. Thank you to the organizers and volunteers that worked so hard preparing for NYG, those who volunteered at the event and to our congregation as well for supporting the work that the volunteers do and the youth that attended.

Vacation Bible School was held shortly after on July 21-25 at Foothills. There were 73 children that attended along with 33 volunteers, 12 of whom were youth. The theme for the week was “God’s Promises for Me”. It was a week that was filled with excitement and fun. Again, thank you to the staff and volunteers who worked so hard to make it a successful week.

Don’t forget to stop in and visit the library or check out the brochure rack in the Narthex. You will find a variety of booklets on a wide range of topics that are interesting and very helpful. There have been some new resources added so please help yourself to those that are of interest to you. You can email the board at education@foothillslutheran.com if there are other topics you would like to learn about.

Join the private Facebook group:
www.facebook.com/groups/flcchristianed/

Operation Christmas Child

*"Let the little children come to me ... for of such
is the Kingdom of God" Luke 18:16*

Walking in a Winter Wonderland" Okay, it's not Christmas quite yet but OCC is just around the corner. I'm hoping to have boxes and brochures out by the first or second week of October and it will run to the 3rd week of November. I will put an insert in the bulletin listing the types of items that you can put in your shoeboxes. OCC is a mission project of Samaritans Purse. They provide shoeboxes filled with school, hygiene items and toys to children around the world who are living in poverty, war or natural disasters. This small gift may be the only gift they have ever received. But that is not the most important gift they receive. It is the gift only found in Jesus and His promise of eternal life. A small brochure is placed in every box sharing the good news of Jesus. All children are invited to attend a discipleship program of 12 weeks about Jesus. Please contact me if you have any questions. elkebittmann54@gmail.com

Human Care Ministry

by Christine Heumann

Thank you to everyone who stayed after service on August 24th to hear about all the programs that The Mustard Seed coordinates. Mr. James Gardiner gave a very informative outline of their programs and how all of us can help this worthwhile cause in one way or another. Don't forget - if you're cleaning out your closets this fall, to remember to bring your donations to the church.

REMINDER! Our CRAFT-TEA fellowship will be resuming on Tuesday, September 9th from 1:30-3:00. Bring something you're working on – OR – just come for tea and fellowship. Do you have a favourite recipe you'd like to share? Bring it with you!

NEEDED FOR 2026 – MEALS ON WHEELS DRIVERS. If you can spare a few hours on a Thursday morning to help deliver meals, please contact me for more information. We deliver to approximately 2-5 residences and only for the months of January to June of each year.

The Church Workers Conference will be held at Foothills this year from Sept. 29 – Oct. 2. Your help would be greatly appreciated if you are willing to assist for a few hours preparing and serving meals for this group. Times needed will be Monday to Wednesday mornings to prep for lunch, and those afternoons to prep for supper. Thursday morning we will be preparing bag lunches for the group as they leave. A timeline for prep will be available soon – just let me know if you can spare some time.

Do you know of someone who may be sick or homebound and in need of a meal delivered? Please let me know either by phone or email.

Email: christineheumanncg@yahoo.com

Phone: (403) 710-8347

Board of Fellowship

by Heather Sommers

COFFEE TEAMS

Are you interested in joining a coffee team? Pop into the kitchen for an orientation session. If you have any questions, talk to Heather Sommers.

RALLY DAY - Sept. 7th

Share an ice cream treat after you check out all the education opportunities starting in September.

MINISTRY APPRECIATION PIE SOCIAL - Oct. 19th

Even though we appreciate our ministry staff all year long, October is a special time to show them our love for all they do for the congregation. We will hold a pie social after service. A sign up sheet will be posted on the fellowship board.

FLC Youth Group

Youth in grades 7-12 are invited to participate in our monthly youth activities - here is what is coming up. Please contact Evan Stene or the church office to connect!

Sept 21 12:00 - 4:00 pm Downhill Go-Karting

Oct 17 7:00 - 10:00 pm Corn Maze

Nov 14 7:00 - 10:00 pm Escape Room

Dec 12 7:00 - 10:00 pm Christmas Party

Jan 16 7:00 - 10:00 pm Downhill Tubing

Feb 8 1:30 - 4:30 pm Swimming

Mar 13 7:00 - 10:00 pm Activate

Apr 18 12:00 - 2:00 pm Paintball

May 24 1:00 - 4:00 pm Laser Tag

By Geraldine Chimirri-Russell

After a summer's break of occasionally soaking up the sun and, more often, soaking up excess rain water from plant pots and the garden, we await our harvest of vegetables and more importantly the harvest from the mission work we have been engaged in. The mites we donate from our group and the generosity of our congregation are being used to support many wonderful projects here in Canada and abroad.

We had a successful Southern Alberta Zone Meeting in May. The Zone has a vacancy for a president. If there are any ladies who are, or have been members of LWMLC, and think they would be interested in such a position, let me, or any current member of LWMLC know, and we will provide you with an outline of the not very onerous duties.

This coming year we will continue to work on our Memory Book project. We have enjoyed producing these books and those who have received one have enjoyed them too.

Our meetings are held on the fourth Monday in the month, from 12:30 pm. We usually have a social time, a Bible Study and a brief planning and business meeting. Our next meeting will be on Monday September 22, 2025. As always we are so pleased to welcome any new members.

September

Mission of the Month

Concordia Lutheran Mission Society

Concordia Lutheran Mission Society is a group of volunteers who give their time, talents and money to raise financial support for Christian mission activities around the world. CLMS is an auxiliary of Lutheran Church-Canada.

Empowered by God's own mission to save the world, the mission of Concordia Lutheran Mission Society, is to enlist the prayers, gifts, and energies of God's people in Lutheran Church-Canada to share the Gospel of Jesus Christ wherever God provides opportunity.

October

Mission of the Month

LAMP

LAMP is a cross-cultural ministry sharing Jesus Christ with God's people in remote areas of Canada.

Their volunteers and staff from Canada and the United States share the love of Jesus to Indigenous people in communities in remote northern Ontario, Manitoba, Saskatchewan, and British Columbia through Christ-centered Bible studies and other outreach projects.

They are celebrating 55 years in ministry.

*Here is our combined FLC and
Didsbury Redeemer Slo-pitch Team
at the ABC Tournament in Golden,
BC in August.*



The Regional Mission and Ministry Council needs you!

by Michelle Heumann

I've been the lay person representing the Calgary circuit on LCC's Regional Mission and Ministry Council (RMMC) since 2018, when it was formed, so for two terms as of Convention in 2026. My time on the RMMC has been well-spent, but after eight years, it is time for someone else from the Calgary circuit to share their voice, perspective, and energy with the council, and, through that, with the Synod – our church body – at large.

If you're not familiar with the RMMC, it is made up of one pastor and one lay person from each of the West Region's 12 circuits, plus the Regional Pastor. The RMMC represents the congregations and circuits to the Synod Board of Directors, and to share and exchange information amongst themselves and with the Board of Directors and the President's Ministry Council. Another key task of the RMMC is to oversee the mission funding and grants.

The RMMC has been meeting in person once a year, and online once or twice. I will miss the in-person meetings – they have been my favourite part of serving on the RMMC, as everyone comes together to share news and ideas; and to worship and eat together as well.

I would very much like to see someone from Foothills (an active, communicant member) to potentially be the next lay representative from Calgary – the slate of names will be voted on at Synod convention in June by the voting delegates from each congregation – and I am encouraging all the other congregations to submit a name as well, so that we have a good show of interest for this important position.

You can read more about the structure of LCC here: <https://www.lutheranchurchcanada.ca/who-we-are/leadership/structure/>

You can read more about the RMMCs here: <https://www.lutheranchurchcanada.ca/missions/domestic/rmmc/>

You can read more about Synod convention and the nomination process here:
<https://www.lutheranchurchcanada.ca/synod-convention-2026/>

Even though June feels far away right now, nominations are requested by September 12, and the final nomination deadline is October 12, so time is limited! And there are many more positions beyond just the RMMC as well, so if you are unfamiliar with the many ways you could consider supporting our church body with your time and talents, please do take some time to review the Synod Convention site.

If you have questions, please send me an email – I would love to chat more: michelleheumann@gmail.com.

CALL UPDATE

Pastor Pearce has declined the call to Foothills, though he said he enjoyed the warmth of his meetings with us in July.

A call meeting is scheduled for Sunday, September 14 following the service. Members who wish to submit nominations should do so by September 7. Nomination forms are available on the welcome desk, and completed forms may be put in Austin Voss' mailbox or sent through the office.

REFORMATION DAY - OCT. 31

Luther was raised by God-fearing parents who sacrificed to give their son an education. Planning to become a lawyer, Martin Luther entered the University of Erfurt. (His courses in grammar, logic and rhetoric provided the tools Luther later used to study and interpret Scripture.) Law was a profession that was not only respected but would also ensure his ability to care for his parents in their later years. One day Luther was caught in a violent thunderstorm. He prayed to St. Anne, promising to become a monk if his life was spared. This was not a promise he took lightly. Much to the disappointment of his father, Luther shed his worldly life to enter the Augustinian monastery.

It was here that Luther fasted and prayed, constantly seeking to live a perfect and holy life for God's approval. This attempt to live a holy life included visiting and revering holy relics. There were relics that were reputed to be a splinter from the cross, or a branch from the burning bush, the hair of this saint or a piece of cloth from that one. Even Luther's trip to Rome, a city filled with more relics than any other in Europe, could not put his soul at ease. He could never be good enough for this righteous God. Despair set in. Luther's vicar (or priest), Johann von Staupitz, brought him to Wittenberg where he could mentor Luther more closely.

Luther began an in-depth study of the Bible while

teaching at the University of Wittenberg. He continued this study after finishing his doctorate, believing that the Bible was more important than the teachings of the Church Fathers. In 1514, while studying Paul's letter to the Romans in his tower room, he finally saw the pure Gospel. He realized that sinners are saved not through good works but by the gift of God through faith. This insight into the Gospel and the assurance of his salvation gave him the confidence to overcome the challenges he would soon face.

The challenges began in the form of a man named Johann Tetzel. Tetzel was sent to Wittenberg to sell indulgences. After penitents confessed their sins, a priest might assign works of satisfaction as part of absolving sins. At first, indulgences were granted to Crusaders willing to sacrifice all in defense of the Church. Those who could not go could support the effort financially and also receive an indulgence, or pardon from sin.

This was so lucrative that the practice was soon used to raise funds for churches and hospitals, even infrastructure. Frederick the Wise would display his relics on All Saints Day, Nov. 1. The faithful could pay homage to the relics, pay money to Frederick and everyone would be happy at the end of the day; sins forgiven, revenues up. The three parts to penance changed from contrition, confession and absolution to contrition, confession and contribution.

Luther's concern was that there would no longer be any sense of true contrition. If sinners could receive pardon from all sins, then they could spend the rest of their lives not worrying about the statuses of their souls. He must protect his flock from this dangerous practice.

On Oct. 31, 1517, Luther posted his 95 Theses on the Castle Church doors, seeking a scholarly debate on the sale of indulgences. Although he wrote them in Latin, they were surreptitiously translated into German and distributed throughout the land, sparking the events that began the Reformation.

THE LUTHERAN CHURCH—MISSOURI SYNOD

ConcordiaHistoricalInstitute.org

LutheranReformation.org

FACES OF THE REFORMATIONM

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