

# Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 [www.foothillslutheran.com](http://www.foothillslutheran.com)

**Office Hours: Monday – Thursday 9:30 am-1:00 pm**

*“Connecting People with Christ through Worship, Relationships & Service”*



To be fair and just and,  
merciful and to walk  
humbly  
with your God.

*Fourth Sunday after the Epiphany  
February 1, 2026*

Education Hour.....	9:00 am
Morning Worship.....	10:15 am

**Pastor Emeritus & Vacancy Pastor:** David Bode – [flcpastor@foothillslutheran.com](mailto:flcpastor@foothillslutheran.com)

**DPS:** Deaconess Miriam Winstanley – [miriam@foothillslutheran.com](mailto:miriam@foothillslutheran.com)

**Interim Office Administrator:** Carol Kehler – [office@foothillslutheran.com](mailto:office@foothillslutheran.com)

**Pastor Emeritus:** Rev. Eldon Ohlinger

**A Prayer Upon Entering:** Blessed Lord, we know what You desire of us, yet we still fall short. Forgive us for those times when we have not been the merciful, pure-hearted, peace-making people You want us to be. And help us to live more and more as members of Your kingdom and givers of Your love.

*O Great Teacher of us all, may we learn more and more from You.*

### **OUR WORSHIP TODAY**

**ORDER OF SERVICE:** ..... Divine Service 3, p. 184

**HYMNS:** ..... 894; 932; 842; 394; 621; 620; 810

**CHOIR** ..... Praise We Sing to Thee

**FIRST LESSON:** ..... Micah 6:1-8

**EPISTLE LESSON:** ..... 1 Corinthians 1:18-31

**GOSPEL LESSON:** ..... Matthew 5:1-12

**SERMON:** ..... *Worldly Happiness or Divine Blessing? - Matthew 5:1-12*

**A JOYOUS WELCOME** to all who worship here this morning. May you find forgiveness and strengthening through God's Word and promise. If you are visiting, please honour us by signing our guest book at the back of the church. If there is any way we can be of service to you, please speak to the pastor or one of the elders. If you have no church home of your own, please consider making Foothills your church.

**WE CELEBRATE HOLY COMMUNION TODAY** as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

**A NOTE ABOUT OUR OFFERINGS:** We are blessed through the faithful stewardship of God's people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: [financials@foothillslutheran.com](mailto:financials@foothillslutheran.com).

**CALL EXTENDED:** On January 18<sup>th</sup>, the congregation met and reviewed 3 pastoral nominees for the Divine Call to FLC. Pastor Glenn Worcester, currently serving at Peace Lutheran Church in Winnipeg, MB was selected. The Call Committee and church leadership have contacted Pastor Worcester and have provided him with the official Call package. Please pray for Pastor Worcester and his congregation as he deliberates this call.

***SERVING IN GOD'S HOUSE TODAY***

**ORGANISTS** ..... Hannah Edel; Deaconess Miriam Winstanley  
**USHERS** ..... Tobi Stene; Barb Vincent  
**ACOLYTE** ..... Aneila Dueck  
**COMMUNION ASSISTANTS** ..... Rob Kaut; Lorne Rosenau  
**LECTOR** ..... Stacey Bablitz  
**AV OPERATOR** ..... Evan Stene  
**COFFEE TEAM** ..... Ingrid Kubke; Robert Kubke

***THIS WEEK AT FLC***

<b>Tuesday</b>	10:00 am	LifeLight Bible Study Group
	11:30 am	Everyone His Witness Bible Study
	7:00 pm	Ladies Bible Study
<b>Thursday</b>	1:30 pm	Ladies Bible Study
	6:00 pm	Children's Choir
	7:00 pm	Adult Choir Rehearsal
<b>Saturday</b>	9:00 am	Men's Breakfast & Bible Study
<b>Sunday</b>	9:00 am	Education Hour
	10:15 am	Sunday Worship

***IN OUR PRAYERS THIS WEEK:***

*In Hospital:*

*In Hospice:*

*Homebound:*

*For Special Intercession:*

*Family Focus:*

**ADULT CHOIR:** The choir is looking for new members to increase our numbers. No experience or musical training necessary, just a desire to join us in praise and song. All are welcome (especially men!). Talk to Richard Harding or just show up to a rehearsal **Thursday at 7 pm.**

**LAST WEEK AT FLC***(Includes online participation)*

Week of:	Worship	Education Hour
January 25	149	31

***OUR STEWARDSHIP OF GOD'S GIFTS***

Weekly Offering Needs	\$7,596.15	<b>Our Budget Goal</b> \$395,000.00
Envelope Gifts Received Last Week	\$6,806.45	
Envelope Gifts Received to Date	\$37,389.45	+/- YTD
<b>Total Offerings Needed to Date</b>	<b>\$30,384.62</b>	<b>\$7,004.83</b>

**Non-Budget/Miscellaneous Gifts:** Plate Offering 25.00; Visitor Offering 150.00; Sunday School 7.00; Parking Revenue 400.00; FLSR 80.00; LWMLC 5.00; Youth Gathering Fund 1157.20; Board of Ed Recovery 20.00; Other Recoveries 50.00.

**THE LUTHERAN HOUR:** (Feb 8) "Type C" Lutheran Hour Speaker: Rev. Dr. Michael Zeigler. In the Bible, the Holy Spirit meets us, gives us the mind of Christ, and leads us back into the world as children of God. 1 Corinthians 2:12. Hear this inspirational message on CHRB 1140 AM at 8:00 or CJLI-The Light-700 AM at 9:30 am Sunday mornings, at [www.lutheranhour.ca](http://www.lutheranhour.ca), or download the Lutheran Hour app.

**OUR DEAR BROTHERS AND SISTERS IN CHRIST:** Once again you have shown your love and care for us in your generous gifts this Christmas time. We are blessed through your thoughtfulness and are grateful for the kindness you have shown. In the joy we share as we serve together in the Lord's Kingdom, we say, thank you all! We also give thanks to God for you and your participation in the Gospel. In His Service, Pastor Bode, Deaconess Miriam and all our staff.

**SUNDAY SCHOOL:** In today's lesson, "The Unlikely Ally," the Israelites prepare to enter the Promised Land. Joshua sends two spies to explore Jericho. Rahab, a prostitute, first hides the spies from the authorities, and later she helps them escape out her window in the city wall. Because of her faithfulness, the spies promise to spare Rahab and her family when the Israelites come to occupy the city.

**MUSICIANS NEEDED:** Do you have musical skills or talents? We need you for our contemporary worship team! Of particular need are pianists, guitarists and drummer, but if you have other musical talents, talk to Sarah because we very likely can find a place for you!

## **MISSION OF THE MONTH:** **LUTHERAN HOUR MINISTRIES**

Lutheran Hour Ministries is a trusted resource in global media that equips and engages a vibrant volunteer base to passionately proclaim the Gospel with people around the world more than 195 million times each week. Through its North American headquarters and ministry centers on six continents, LHM reaches into more than 60 countries, often bringing Christ to places where no other Christian evangelistic organizations are present. LHM's flagship ministry, **The Lutheran Hour®**, airs weekly on more than 1,800 radio stations and the American Forces Network.

**LENTEN BIBLE STUDY:** Preparations are underway for our Lenten Bible study entitled “*Every One His Witness*” **beginning on Monday, February 23<sup>rd</sup>** at 7pm in the Fellowship Hall. This study will continue for 6 sessions. Workbooks will be provided for the study but we ask that people sign up early to ensure that we have enough material. A sign-up sheet is on the bulletin board next to Deaconess Miriam’s office or you can email the Board or call the office if you would like to put your name on the list. A freewill offering will be accepted to cover the cost of the workbook but it is not required. We invite everyone from our congregation to attend, and we hope to have you join us.

**YOUTH BOTTLE DRIVE THANK YOU, CHURCH FAMILY:** The Youth Group thanks everyone who contributed to our recent bottle drives on January 18 and 25. Our church family generously donated enough refundable beverage containers to add a whopping \$400 to our travel fund! The funds from your recyclables and cash donations will go toward the IMPACT Youth Gathering at the end of June 2026 in Grand Forks, BC. Thank you to the Youth who made announcements, as well as hauled bags and boxes despite the frigid temperatures. Most of all, thanks be to God for all the giving hearts and hands in support of the FLC Youth Group!

**LOVE POT BLESSING - FEBRUARY 15:** The Beatles sing All You Need is Love. God provides us with 4 very special types of love in the scriptures. Agape (unconditional love), Storge (family love), Philia (friendship love) and Eros (romantic love). Join us after service for a pot blessing to celebrate God's love for us. A sign-up sheet is on the Fellowship Board. Bring your favorite appetizer, main, side, or salad to share with your Foothills family.



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**GOD IS LOVE:** The crafting group invites anyone who would like to have fun decorating "God is Love" cookies for the Pot Blessing lunch after the worship service on Feb. 15 to join us on **Feb. 10** at 1:30. Bring your creativity! Cookies, icing, and decorations will be provided. No previous experience necessary. As always, crafters who wish to bring their own project to engage in while we fellowship, will be there too.

**PERMITS FOR ELEVATOR PROJECT:** At the voters' meeting last Sunday a project was approved to install an elevator in the Narthex. An elevator company will be taking care of all the work required, however, we need a volunteer to deal with applying to the city for permits. If you are familiar with the city's process and can be responsible for this step, please contact Dale Dusterhoft or Michelle Heumann ASAP.



**OUR MEN'S BIBLE STUDY** will gather Saturday, **February 7<sup>th</sup>** at 9:00 am. We invite the men of the congregation to join us. We have breakfast at 9:00 am (free-will offering) and study following. We wrap up at 10:30 am. Come for the fellowship and the food, both earthly and heavenly!

**QUEST COURSE:** Dr. Mike Kuhn (one of our former FLC pastors) is teaching the Concordia Lutheran Seminary Quest course, which is free and open to all. His topic, *Cross Cultural Ministry Tools*, draws from his experience as a missionary in Cameroon. The course, which began last Tuesday, will continue for another three weeks. You can watch the session live Tuesdays at 7:00 pm at <https://youtube.com/live/mbKGKpLwEdE?feature=share>, or contact [admin@concordiasem.ab.ca](mailto:admin@concordiasem.ab.ca) to request a link to watch the recorded sessions.

**GOD ANSWERS PRAYER:** Discussion on federal Bill C-9, which would enable portions of the Bible to be classified as "hate speech" and remove guardrails for religious exemption resulting in possible arrest for sharing God's word, was paused on January 26. There is now additional time for Canadian Christians (as well as those of the Jewish and Islamic faiths) to voice concern to their MP and MP's serving on the Justice Committee. (Over the Christmas break one Christian organization was hoping to organize the sending of 15,000 phone calls. They tripled their target.) Thank God for the current freedom of speech and freedom of religion we enjoy in our country. Please continue to pray that these freedoms would be retained until this bill is no longer being considered.



# Growing FAITH at home

FOURTH  
SUNDAY AFTER  
EPIPHANY

YEAR A

**Jesus teaches  
us about the  
ways of God**



**GrowMinistries**  
LCA CHILD YOUTH & FAMILY MINISTRY



[www.growministries.org.au](http://www.growministries.org.au)



## CONVERSATIONS

*Share your highs and lows, or respond to the following:*

1. Is there a teacher you admire or respect? What have you learnt from them?
2. Jesus said that God blesses those who are humble, those who stand up for what is good and right, those who are forgiving, and those who work for peace. Share some real-life examples of these behaviours with one another.



## BIBLE READINGS

*Read the following Bible readings throughout this week.  
Talk about what words or phrases stand out for you.*

<b>S</b>	<b>Matthew 5:1-12</b>	The sermon on the mount
<b>M</b>	<b>Micah 6:1-8</b>	What God wants from you
<b>T</b>	<b>Isaiah 51:12-16</b>	Our God of comfort
<b>W</b>	<b>Jeremiah 22:1-5,15-16</b>	Do what is just and right
<b>T</b>	<b>Matthew 9:10-13</b>	Jesus speaks of mercy
<b>F</b>	<b>1 Corinthians 1:18-31</b>	God's power and wisdom
<b>S</b>	<b>Psalm 15</b>	Living on God's holy hill

## VERSE OF THE WEEK

The Lord has told you what he wants from you: to do what is right to other people, love being kind to others, and live humbly, obeying your God.

MICAH 6:8





### CREATIVE RESPONSE

Matthew 5:3-11 speaks of blessings. A wonderful ritual to practise regularly in your home is that of blessing one another.

When we bless another person we are calling upon God to show his goodness and kindness to them, as well as demonstrating our own care and concern for them. There are three basic elements to a personal blessing – God's name, words and touch (e.g. a hand on a shoulder, or making the sign of the cross on their forehead or palm). Good times for using blessings in a home are mealtimes, bedtimes and at daily farewells (e.g. when children leave for school or parents leave for work).

*Use this week's blessing for each member of your household and experiment with the practice throughout the week.*



### MEALTIME PRAYER

God, you have blessed us with daily bread. Bless us also with gratitude, generosity and compassion for others. Amen.



### PRAYER

God, help us to live in peace with one another, and to bring peace where there is trouble. Amen.



### ACTION RESPONSE

The prophet Micah told God's people that he wanted them to worship him not only with their words but with their actions – he wanted them to show kindness and mercy to others and to treat them in good and right ways. Decide on a 'Micah' challenge you can take on as a household to bless your community this month.



### BLESSING

May God make your life a great blessing to others.