

# Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 [www.foothillslutheran.com](http://www.foothillslutheran.com)

Office Hours: Monday – Thursday 9:30 am-1:00 pm

*“Connecting People with Christ through Worship, Relationships & Service”*



*Fifth Sunday after the Epiphany*  
*February 8, 2026*

Education Hour.....9:00 am  
Morning Worship.....10:15 am

**Pastor Emeritus & Vacancy Pastor:** David Bode – [flcpastor@foothillslutheran.com](mailto:flcpastor@foothillslutheran.com)  
**DPS:** Deaconess Miriam Winstanley – [miriam@foothillslutheran.com](mailto:miriam@foothillslutheran.com)  
**Interim Office Administrator:** Carol Kehler – [office@foothillslutheran.com](mailto:office@foothillslutheran.com)  
**Pastor Emeritus:** Rev. Eldon Ohlinger

**A Prayer Upon Entering:** Jesus, our King, may we live as the salt of the earth and the light of the world. May we add flavor and brilliance to what can be a dull and dark world. And may You be the source of all that makes our lives rich and enlightening.

*Blessed Kingdom Lord, may we share Your life with all the world.*

**OUR WORSHIP TODAY**

**ORDER OF SERVICE:** ..... As projected  
**HYMNS:** ..... 593; By Faith; How Deep the Father’s Love For Us;  
..... In the Cross Alone I Glory; Hope of the Nations  
**FIRST LESSON:**..... Isaiah 58:3-9a  
**EPISTLE LESSON:**..... 1 Corinthians 2:1-12  
**GOSPEL LESSON:**.....Matthew 5:1-12  
**SERMON:**..... "Cross Central" 1 Corinthians 2:2

**A JOYOUS WELCOME** to all who worship here this morning. May you find forgiveness and strengthening through God's Word and promise. If you are visiting, please honour us by signing our guest book at the back of the church. If there is any way we can be of service to you, please speak to the pastor or one of the elders. If you have no church home of your own, please consider making Foothills your church.

**WE CELEBRATE HOLY COMMUNION NEXT SUNDAY** as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

**A NOTE ABOUT OUR OFFERINGS:** We are blessed through the faithful stewardship of God’s people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: [financials@foothillslutheran.com](mailto:financials@foothillslutheran.com).



**TODAY WE WARMLY WELCOME** guest pastor, Rev. Russ Howard, recently retired, who will be leading us in worship today. We thank him for bringing God’s Word to us both in Bible Study this morning, and in the worship service.

SERVING IN GOD'S HOUSE TODAY

MUSIC.....Contemporary Musicians  
USHERS..... Tim Roth; John Voss  
ACOLYTE..... Adam Hohm  
LECTOR..... Nora Jarowicz  
AV OPERATOR ..... Eden/Paxton Knudtson; Evan Stene  
COFFEE TEAM .....Michelle Funke; Ellen Wagner

THIS WEEK AT FLC

Today	1:30 pm	Youth - Swimming
Tuesday	10:00 am	LifeLight Bible Study Group
	11:30 am	Everyone His Witness Bible Study
	1:00 pm	Craft Tea
	7:00 pm	Ladies Bible Study
Thursday	1:30 pm	Ladies Bible Study
	7:00 pm	Adult Choir Rehearsal
Sunday	9:00 am	Education Hour
	10:15 am	Sunday Worship with Holy Communion

IN OUR PRAYERS THIS WEEK:

In Hospital:  
In Hospice:  
Homebound:  
For Special Intercession:  
Family Focus:



THE FLOWERS which beautify our altar today are given in memory of Rick Bennetts (Michelle Heumann's father) and Iain Graham (Christine Heumann's father).

**TAX RECEIPTS FOR 2025** are in your mailbox. We will leave them there until February 23<sup>rd</sup> then if not picked up, will mail them out. If you need your receipt mailed sooner, please contact the church office.

**LAST WEEK AT FLC**

*(Includes online participation)*

Week of:	Worship/Communion	Education Hour
February 1	195/107	22

**OUR STEWARDSHIP OF GOD’S GIFTS**

Weekly Offering Needs	\$7,596.15	<b>Our Budget Goal</b> \$395,000.00
Envelope Gifts Received Last Week	\$6,198.00	
Envelope Gifts Received to Date	\$43,587.45	+/- YTD
<b>Total Offerings Needed to Date</b>	<b>\$37,980.77</b>	<b>\$5,606.68</b>

**Non-Budget/Miscellaneous Gifts:** Plate Offering 30.25; Visitor Offering 620.00; Sunday School 12.00; Facility Rental 195.00; Lutheran Hour 450.00; LWMLC 275.00; Youth 8.00; Fellowship 117.00.



**BAPTIZED INTO THE CHRISTIAN FAITH,** and into God's family here at Foothills, is Killian John Parker Archer-Biddle, son of Erin and Ryan Archer-Biddle. His sponsors are Alexander Crain and Leanne Kane. We pray that God would bless Killian and his family, and that He would keep him in His grace, poured out this day.

**THE LUTHERAN HOUR:** (Feb 15) "*Up and Down the Mountain*" Guest Speaker: Rev. Michael Schutz. Many voices compete for our attention, but above all, listen to the voice of Jesus and hear what He’s done for you. Matthew 17:1-9. Hear this inspirational message on CHRB 1140 AM at 8:00 or CJLI-The Light-700 AM at 9:30 am Sunday mornings, at [www.lutheranhour.ca](http://www.lutheranhour.ca), or download the Lutheran Hour app.

**SUNDAY SCHOOL:** “The Downfall Wall” is the title of this week’s lesson. Confident in their wall, the people of Jericho shut themselves up inside the city. Following God’s unusual battle plan, Joshua gathers the priests, trumpets, ark of the covenant, and people. Six days they march once around the city, then seven times on the seventh day, giving a shout at the conclusion of the last circuit. The city walls come tumbling down, and the Israelites wipe out the citizens and livestock while plundering precious metals for the tabernacle. Yet Rahab and her family are spared.



**A NEW FLC PHONE DIRECTORY** is now available on the Welcome Desk. This revised directory was created to help you as we transition to a new online version. If you recognize any errors or omissions in the directory, please inform the office at: [office@foothillslutheran.com](mailto:office@foothillslutheran.com) so that our database is kept current.

***MISSION OF THE MONTH:  
LUTHERAN HOUR MINISTRIES***

Lutheran Hour Ministries is a trusted resource in global media that equips and engages a vibrant volunteer base to passionately proclaim the Gospel with people around the world more than 195 million times each week. Through its North American headquarters and ministry centers on six continents, LHM reaches into more than 60 countries, often bringing Christ to places where no other Christian evangelistic organizations are present. LHM's flagship ministry, **The Lutheran Hour®**, airs weekly on more than 1,800 radio stations and the American Forces Network.

**YOUTH BOTTLE DRIVE THANK YOU, CHURCH FAMILY:** The Youth Group thanks everyone who contributed to our recent bottle drives on January 18 and 25. Our church family generously donated enough refundable beverage containers to add a whopping \$400 to our travel fund! The funds from your recyclables and cash donations will go toward the IMPACT Youth Gathering at the end of June 2026 in Grand Forks, BC. Thank you to the Youth who made announcements, as well as hauled bags and boxes despite the frigid temperatures. Most of all, thanks be to God for all the giving hearts and hands in support of the FLC Youth Group!

**CRAFT TEA:** For the **February 10<sup>th</sup>** event from 1:30-3:00 in the Fellowship Hall, crafters can choose to bring a project you are working on while we fellowship, or if you are not quite as crafty, please join in a group project to decorate "God Love You" cookies to share at coffee during coffee fellowship after worship on February 15<sup>th</sup>. Cookies, icing, and decorations will be provided. No previous experience necessary. As always, crafters who wish to bring their own project to engage in while we fellowship, will be there too.



**LOVE POT BLESSING - FEBRUARY 15:** The Beatles sing All You Need is Love. God provides us with 4 very special types of love in the scriptures. Agape (unconditional love), Storge (family love), Philia (friendship love) and Eros (romantic love). Join us after service for a pot blessing to celebrate God's love for us. A sign-up sheet is on the Fellowship Board. Bring your favorite appetizer, main, side, or salad to share with your Foothills family.

## **ONCE AGAIN, WE DRAW NEAR TO THE SACRED SEASON OF LENT,**



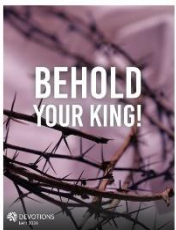
which begins on Ash Wednesday, February 18<sup>th</sup>. We will hold special services to lead us to the cross and a deeper appreciation of all that our Saviour has done for us in His death and resurrection. Our theme is The Small Catechism, and we will be looking at the chief parts of

Christian doctrine as taught in the Catechism. We will again have a Lenten rotation, sharing together with St. Matthew Lutheran, Lutheran Church of the Good Shepherd, and Shepherd of Peace Lutheran. Pastors will be travelling to each church to share a sermon each week. A calendar of services is available on the Welcome Desk. Our services begin each Wednesday at 6:30 pm. We hope you will join us.

**LENTEN SOUP SUPPERS ARE BACK:** Join us Wednesday evenings at 5:30 pm for soup, followed by our Lenten worship, starting February 25. Please sign the list on the bulletin board by the Fellowship Hall to help provide soup for these times of fellowship together. Volunteers are also needed for set up and clean up.



**LENTEN BIBLE STUDY:** Preparations are underway for our Lenten Bible study entitled “*Every One His Witness*” **beginning on Monday, February 23<sup>rd</sup>** at 7:00 pm in the Fellowship Hall. This study will continue for 6 sessions. Workbooks will be provided for the study but we ask that people sign up early to ensure that we have enough material. A sign-up sheet is on the bulletin board next to Deaconess Miriam’s office or you can email the Board of Education or call the office if you would like to put your name on the list. A freewill offering will be accepted to cover the cost of the workbook but it is not required. We invite everyone from our congregation to attend, and we hope to have you join us.



## **LENTEN DEVOTIONS FROM LUTHERAN HOUR MINISTRIES BEHOLD YOUR KING!**

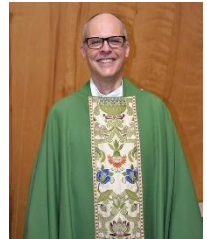
In love, God sent His Son to redeem the world. In hatred, He was rejected. In *Behold Your King!*, we see the Savior stripped of His dignity, led away, and crucified on our behalf. No one could imagine this Man, this condemned and forsaken Man, was God in the flesh sent to liberate us from our sin by His death and resurrection. That the

Son of God joined us in our frail state of humanity is testament to God’s overwhelming love and concern for the world. And not only this, Jesus endured scorn and derision from His creation, His earthly subjects. And yet, as King, as Lord of all, He did the unthinkable: He laid down His life for the sins of the

**PERMITS FOR ELEVATOR PROJECT:** At the last voters' meeting a project was approved to install an elevator in the Narthex. An elevator company will be taking care of all the work required, however, we need a volunteer to deal with applying to the city for permits. If you are familiar with the city's process and can be responsible for this step, please contact Dale Dusterhoft or Michelle Heumann ASAP.

**OFFICE ADMINISTRATOR SEARCH:** We are currently looking for interested applicants for our office administrator position. This is a 25-30 hour per week on-site position supporting the work of the congregation and the FLC staff. A job description is available on the Welcome Desk in the Narthex, or from Deaconess Miriam. If you are interested, please send resumes to our office email by February 23<sup>rd</sup> [office@foothillslutheran.com](mailto:office@foothillslutheran.com). Applicants should be members of Foothills or one of our sister LCC congregations in Calgary.

**MISSION PRAYER:** This week, we pray for Rev. Dr. David Saar who serves as Director and Liturgical Advisor for LCC's Francophone Lutheran Liturgical Institute. He provides support for LCC's French Ministries in many ways, including content development and translation work. He also serves as pastor of St. John's Lutheran Church in Mount Forest, Ontario. **Prayer:** Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Pastor Saar, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, C: Hear our prayer.



**HAVE YOU FILLED OUT YOUR TIME AND TALENTS SURVEY?** As noted last Sunday, I have placed a red folder labeled "*Completed Time and Talent Surveys*" on the Welcome Desk that your surveys can be placed into. Envelopes are now optional. I will be taking the folder home on Sunday when I leave church and will bring it back during the week, likely on Tuesday or at the latest, Thursday. Thank you everyone for completing the surveys; they are a fantastic help! ~Michelle Funke, Board of Stewardship

**CAMPING TRIP:** We would like to have a FLC camping trip again during the May long weekend. It would help with planning if we had an idea of how many families would be interested. Please contact Kelly Dueck at [Kel.frog@shaw.ca](mailto:Kel.frog@shaw.ca) if you would like to join us for this weekend of fun and fellowship, or with any questions

***GOD ANSWERS PRAYER:*** Discussion on federal Bill C-9, which would enable portions of the Bible to be classified as "hate speech" and remove guardrails for religious exemption resulting in possible arrest for sharing God's word, was paused on January 26. There is now additional time for Canadian Christians (as well as those of the Jewish and Islamic faiths) to voice concern to their MP and MP's serving on the Justice Committee. (Over the Christmas break one Christian organization was hoping to organize the sending of 15,000 phone calls. They tripled their target.) Thank God for the current freedom of speech and freedom of religion we enjoy in our country. Please continue to pray that these freedoms would be retained until this bill is no longer being considered.