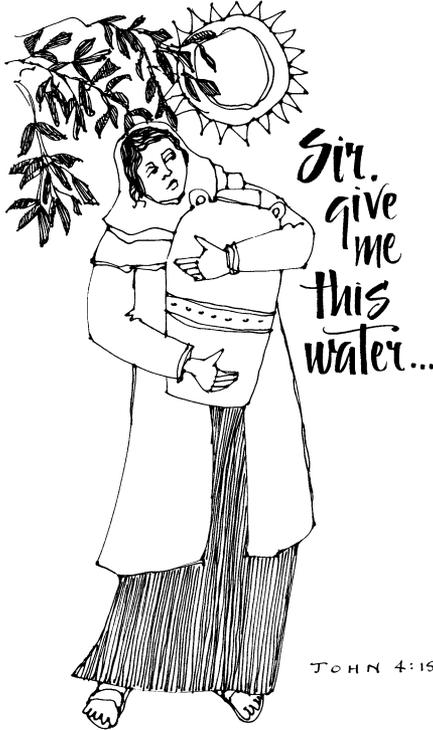


Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com

Office Hours: Monday – Thursday 9:30 am-1:00 pm

“Connecting People with Christ through Worship, Relationships & Service”



Third Sunday in Lent

March 8, 2026

Education Hour..... 9:00 am
Morning Worship..... 10:15 am

Pastor Emeritus & Vacancy Pastor: David Bode – flcpastor@foothillslutheran.com

DPS: Deaconess Miriam Winstanley – miriam@foothillslutheran.com

Interim Office Administrator: Carol Kehler – office@foothillslutheran.com

Pastor Emeritus: Rev. Eldon Ohlinger

A Prayer Upon Entering: Christ, our Healer, You restored sight to a man born blind. Now help us to see You at work in our lives. Remove the blinders of sin and evil. Take away all that obstructs our view of You. And clear our vision to see the glory that awaits us in heaven.

O guiding Lord, lead us into the bright light of Your love.

OUR WORSHIP TODAY

ORDER OF SERVICE: As projected

Please Note: We omit the Gloria in Excelsis and the Alleluias during Lent.

HYMNS: My Saviour My God; Be Unto Your Name;

..... By Faith; Man of Sorrows

FIRST LESSON:..... Exodus 17:1-7

EPISTLE LESSON:..... Romans 5:1-8

GOSPEL LESSON:..... John 4:5-26

SERMON:..... *Your Not-so-Secret Identity* – Romans 5:8

A JOYOUS WELCOME to all who worship here this morning. May you find forgiveness and strengthening through God's Word and promise. If you are visiting, please honour us by signing our guest book at the back of the church. If there is any way we can be of service to you, please speak to the pastor or one of the elders. If you have no church home of your own, please consider making Foothills your church.

WE CELEBRATE HOLY COMMUNION NEXT SUNDAY as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

A NOTE ABOUT OUR OFFERINGS: We are blessed through the faithful stewardship of God's people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: financials@foothillslutheran.com.



TODAY WE WARMLY WELCOME guest pastor, Rev. Russ Howard, recently retired, who will be leading us in worship today. We thank him for bringing God's Word to us both in Bible Study this morning, and in the worship service.



THE FLOWERS which beautify our altar today are given to the glory of God by Ingrid Kubke in loving memory of her husband, Edwin Kubke.

SERVING IN GOD'S HOUSE TODAY

- MUSIC**.....Contemporary Musicians
- GREETERS**Diane Voss, Elke Bittmann
- USHERS**..... Lorne Rosenau; Tim Roth
- ACOLYTE**..... Adam Hohm
- LECTOR**..... Ralf Hinterleitner
- AV OPERATORS**..... Christine Heumann; Eden/Paxton Knudtson
- COFFEE TEAM**..... Michelle Funke; Ellen Wagner

THIS WEEK AT FLC

Monday	7:00 pm	Lent Study – <i>Every One His Witness</i>
Tuesday	1:30 pm	Craft Tea
	7:00 pm	Ladies Bible Study
Wednesday	5:30 pm	Soup Supper
	6:30 pm	Lent Service
Thursday	1:30 pm	Ladies Bible Study
	7:00 pm	Adult Choir Rehearsal
Sunday	9:00 am	Christian Education Hour
	10:15 am	Sunday Worship with Holy Communion

IN OUR PRAYERS THIS WEEK:

In Hospital:

In Hospice:

Homebound:

For Special Intercession:

Family Focus:

LAST WEEK AT FLC

Week of:	Worship/Communion	Education Hour	Wednesday Lent Service
March 1	116/102	31	34

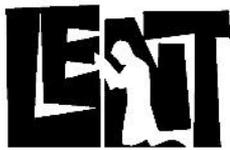
OUR STEWARDSHIP OF GOD’S GIFTS

Weekly Offering Needs	\$7,596.15	Our Budget Goal \$395,000.00
Envelope Gifts Received Last Week	\$5,797.00	
Envelope Gifts Received to Date	\$64,046.45	+/- YTD
Total Offerings Needed to Date	\$68,365.38	-\$4,318.93

Non-Budget/Miscellaneous Gifts: Plate Offering 65.00; Visitor Offering 1210.00; Sunday School 12.00; CLWR 80.00; Concordia Seminary 80.00; LWML 55.00; Refugee Sponsorship 75.00.

THE LUTHERAN HOUR: (March 15) **"No Command from the Lord"**
 Lutheran Hour Speaker: [Rev. Dr. Michael Zeigler](#). Jesus is the only way to God, but there are many adventures with Jesus. Which ones will you pick? 1 Corinthians 7:6-7. Hear this inspirational message on CHRB 1140 AM at 8:00 or CJLI-The Light-700 AM at 9:30 am Sunday mornings, at www.lutheranhour.ca, or download the Lutheran Hour app.

SUNDAY SCHOOL: “Jesus Enters Jerusalem” was today’s lesson for our children. Following Jesus’ unusual directions, two disciples bring a donkey and her young colt to transport Jesus into Jerusalem. Throwing their cloaks upon the colt, they proceed into the city. There, the crowds spread their cloaks on the road and cut palm branches to line the way as they shout, “Hosanna to the Son of David! Blessed is He who comes in the name of the Lord! Hosanna in the highest!” (Matthew 21:9).



SACRED SEASON OF LENT: Join us Wednesdays at 6:30 pm for our Lenten services, as we move through this season to the foot of the cross. Our theme is The Small Catechism, and we will be looking at the chief parts of Christian doctrine as taught in the Catechism. This

Wednesday we welcome Pastor Mark Rekken, pastor of Shepherd of Peace, who will preach on The Lord’s Prayer.

OUR LENTEN SERVICES ARE ONLINE! If you can’t be here in person, join us at www.facebook.com/foothillslutheran for our time of Lenten meditation.

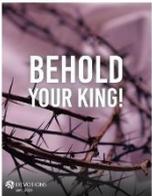
LENTEN SOUP SUPPERS ARE BACK: Please join us **this Wednesday** at 5:30 pm for soup, followed by our Lenten worship. Please sign the list on the bulletin board by the Fellowship Hall to help provide soup for these times of fellowship together. Volunteers are also needed for set up and clean up.



**MISSION OF THE MONTH:
REFUGEE SPONSORSHIP**

As we look to support a family from Afghanistan, we will need financial support for this. We pray that our members will show love and hospitality through their support of this project.

VBS 2026, “JESUS, BREAD OF LIFE” will run **July 20-24**. Online registration is open at www.foothillslutheran.com and there are registration forms on the Welcome Desk. Invite grandchildren, neighbours and friends to join us! God has always blessed us with enough willing hearts and hands to run our summer VBS. If you are interested in volunteering as a teacher, classroom helper, or games leader, please contact Deaconess Miriam!



LENTEN DEVOTIONS FROM LUTHERAN HOUR MINISTRIES BEHOLD YOUR KING! In love, God sent His Son to redeem the world. In hatred, He was rejected. In *Behold Your King!*, we see the Savior stripped of His dignity, led away, and crucified on our behalf. No one could imagine this Man, this condemned and forsaken Man, was God in the flesh sent to liberate us from our sin by His death and resurrection. That the Son of God joined us in our frail state of humanity is testament to God’s overwhelming love and concern for the world. And not only this, Jesus endured scorn and derision from His creation, His earthly subjects. And yet, as King, as Lord of all, He did the unthinkable: He laid down His life for the sins of the world.

FOOT PRINT NEWSLETTER ON HOLD: A gentle reminder that, while we go through a transition in the office, we will not be issuing a newsletter. Please watch the bulletin and your e-mails for important FLC updates.

HELP NEEDED: A sister in Christ is seeking help for a friend who needs someone to do repairs for her parents’ home in Brentwood. Tasks include re-installing a banister, plugging holes in garage where mice have been entering the home and replacing an exterior light bulb. For more information contact Charlotte Rentz: call or text 403-470-1611 or email charlotterentz@shaw.ca.



We are looking for people willing to help with streaming and PowerPoint for our upcoming Lenten services. Please contact the church office if you are able to assist.

LUTHERAN CONFESSIONS ONLINE: Concordia Publishing House has launched a new website, making its popular English edition of the Book of Concord available to read for free online. The documents assembled in the Book of Concord are the Confession of Faith of the Evangelical Lutheran Church, and bear witness to the truth of God's Word and the salvation of the world through Jesus Christ. They form our Confession of Faith as a congregation and are a worthy read for every Lutheran! Check out the website at <https://bookofconcord.cph.org>.

CARING FOR THOSE WHO HAVE LEFT THE FAITH CONFERENCE IN RED DEER: Each of us has a loved one who has stepped away from the faith they once held dear. Many more reasons exist why people have ceased to attend the Divine Service and receive the gifts God loves to give, but Pastor Bryan Wolfmueller (LCMS) will be presenting on what our Christian response is. How can we, in faithful love, care for those who have left the Church? The conference will be held at Mt. Calvary Lutheran in Red Deer on **April 24 to 25**. There is no cost but a freewill offering will help cover the expenses. Please RSVP by March 26 by calling 403-346-3798 or emailing calvary@telusplanet.net. **If you are interested in attending, please fill in the sign-up sheet on Deaconess Miriam's door and communicate with others who are interested about transportation and accommodation.**

MISSION PRAYER: This week, we pray for **Rev. Cesar Augusto Galeano** who serves as pastor for the Church Luterna Jesus Our Savior in Santa Patricia, Nicaragua. **Prayer:** Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Pastor Galeano, asking You to sustain him by Your Spirit and bless his labours for the sake of the Gospel; Lord in Your mercy, **C: Hear our prayer.**



PLEASE PRAY: Bill C-9 proposes to remove the religious exemption for free expression in Canada. This would mean, for example, that teaching the biblical view on various issues could become chargeable under law in our nation. Please pray that the Lord would guide our lawmakers. If you choose to phone or email your MP, be respectful and speak the truth of God's Word in love to those with whom you disagree.



Growing
FAITH
at home

THIRD
SUNDAY OF
EASTER

YEAR A

The risen Lord
Jesus comes
alongside us in
our journeys
of faith.



growministries
LCA CHILD YOUTH & FAMILY MINISTRY



**LUTHERAN
CHURCH**
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CONVERSATIONS

Share your highs and lows, or respond to the following:

1. The two men walking to Emmaus were feeling sad. What turned their sadness into joy?
2. Have you experienced Jesus alongside you when times have been difficult? How has he supported you?



BIBLE READINGS

*Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.*

S	Luke 24:13-35	On the road to Emmaus
M	Genesis 18:1-14	Abraham & Sarah eat with God
T	Acts 2:14a, 36-41	Repent and be baptised
W	John 21:1-14	Jesus eats with his disciples
T	1 Corinthians 11:23-29	Recognising the Lord's body
F	1 Peter 1:17-23	Love one another
S	Psalms 116:1-4, 12-19	Love the Lord

VERSE OF THE WEEK

What can I give to the Lord for all the good things he has given to me? I will give you an offering to show thanks to you, and I will pray to the Lord.

PSALM 116:12, 17



CREATIVE RESPONSE

Go for a walk together as a household.

As you walk, invite each person to share how and where they 'see' Jesus in their lives.

Talk about what it would be like to take a walk with Jesus.



MEALTIME PRAYER

Come and stay with us, Lord Jesus. Be with us as we eat, share and serve. Amen.



PRAYER

Lord Jesus, you are the living word of God, speak to us and make us new. Amen.



ACTION RESPONSE

Jesus came alongside two of his followers in their sorrow and brought them joy.

Make a phone call to someone in your congregation or community who would appreciate someone to talk to.



BLESSING

May the Lord walk with you today and always.