

Foothills Lutheran Church

3104 – 34 Ave NW Calgary, AB T2L 2A3 403-284-1342 www.foothillslutheran.com

Office Hours: Monday – Thursday 9:30 am-1:00 pm

“Connecting People with Christ through Worship, Relationships & Service”



Sixth Sunday of Easter

May 10, 2026

Education Hour..... 9:00 am
Morning Worship..... 10:15 am

Pastor Emeritus & Vacancy Pastor: David Bode – flcpastor@foothillslutheran.com

DPS: Deaconess Miriam Winstanley – miriam@foothillslutheran.com

Office Administrator: Jessica Tonn – office@foothillslutheran.com

Pastor Emeritus: Rev. Eldon Ohlinger

A Prayer Upon Entering: O Risen Lord, You came to live and to love so that life and love could flow through us. Help us to live as Easter people--renewing our spirits, looking toward the future, and rejoicing all our days. And help us to live out the love You shared with us by welcoming, accepting, and uplifting the people around us.

Living and loving Lord, enliven us with Your constant compassion.

OUR WORSHIP TODAY

- ORDER OF SERVICE:** As projected
- HYMNS:** ... Lead Me To The Cross; Because He Lives (Amen); Who You Say I Am; The Saving One; 817 Earth and All Stars
- FIRST LESSON:**.....Acts 17:16-31
- EPISTLE LESSON:**..... 1 Peter 3:13-22
- GOSPEL LESSON:**..... John 14:15-21
- SERMON:**.....

WE WELCOME YOU: If you come as a visitor today, we hope you will leave as a friend. Whether you are a newcomer to the community or to our church, we are honoured to have you here. If you are a member of this congregation, please be sure to extend a warm greeting and a friendly welcome to our sisters and brothers in Christ. Speak to someone you don't know before you speak to someone you know.

WE CELEBRATE HOLY COMMUNION NEXT SUNDAY as our Lord offers us His true body and blood for the forgiveness of our sins and the strengthening of our faith. By partaking of this Sacrament together, we confess our unity in faith and are drawn closer to one another and to the Lord. If you are a visitor, not belonging to the Lutheran Church-Canada, and wish to commune, please speak with the pastor before the service.

A NOTE ABOUT OUR OFFERINGS: We are blessed through the faithful stewardship of God's people. Many of our members have chosen to give their gifts either through pre-authorized payments or by e-transfer. If you wish to give your gifts to the Lord by e-transfer, you can do it through your online account. The transfer address is: financials@foothillslutheran.com.



Altar Flowers

THE FLOWERS which beautify our altar today are given to the glory of God by Michael Vivek.

THANK YOU: To Rev. Eric Moffett for leading us in worship today!

SERVING IN GOD'S HOUSE TODAY

- WORSHIP MUSIC** Contemporary Musicians
- GREETERS** Barb and Brian Vincent; Judy Pederson
- USHERS** Lorne Rosenau; Tobi Stene
- LECTOR** Faith Dueck
- ACOLYTE** Elliana Legroulx
- A/V** Evan Stene; Barb Vincent
- COFFEE TEAM** Heather Sommers
- ELDERS** Rob Kaut; Trevor Heumann
- GUEST PASTOR** Rev. Eric Moffett

THIS WEEK AT FLC

Monday	7:00 pm	PPC Meeting
Tuesday	10:00 am	Lifelight
	1:30 pm	Craft Tea
	7:00 pm	Ladies Bible Study
Thursday	1:30 pm	Ladies Bible Study
	6:00 pm	Children’s Choir
	7:00 pm	Adult Choir
	7:00 pm	Sunday School Meeting
Sunday	9:00 am	Adult Bible Study
	10:15 am	Sunday Worship with Communion
	11:30 am	Faith at Home – Forgiveness in the Family

IN OUR PRAYERS THIS WEEK:

In Hospital/ Hospice:

Homebound:

For Special Intercession:

Family Focus:



LOOKING AHEAD: May 31st is the fifth Sunday of the month, and that means we want to give you the opportunity to suggest your favourite hymns to be used in our worship that day. Please pass them on to Pastor Bode in the next few weeks!

LAST WEEK AT FLC

Includes online participation

Week of:	Worship	Education Hour
May 3	130	35

OUR STEWARDSHIP OF GOD’S GIFTS

Weekly Offering Needs	\$7,596.15	Our Budget Goal \$395,000.00
Envelope Gifts Received Last Week	\$7,519.00	
Envelope Gifts Received to Date	\$125,344.45	+/- YTD
Total Offerings Needed to Date	\$129,134.62	\$-3,790.17

Non-Budget/Miscellaneous Gifts: Visitor Offerings \$540.00; FLSR \$520.00; Bible Translators \$100.00; CLWR \$130.00; Concordia Seminary \$130.00; LWML-C Mites \$75.00; Youth Gathering \$25.00.

THE LUTHERAN HOUR: (May 17). **"Don't Despise Small Beginnings."**

Lutheran Hour Speaker: [Rev. Dr. Michael Zeigler](#). Our small efforts to become the people Jesus saved us to be might seem insignificant, but small efforts compound. **Acts 1:14**. Hear this inspirational message on CHRB 1140 AM at 8:00 or CJLI-The Light-700 AM at 9:30 am Sunday mornings, at www.lutheranhour.ca, or download the Lutheran Hour app.



BAPTIZED INTO THE CHRISTIAN FAITH, and into God's family here at Foothills, is William James Warwick, son of Brent and Beth Warwick. His sponsors are Bruce and Miriam Winstanley. We pray that God would bless William and his family, and that He would keep him in His grace, poured out this day.

MISSION OF THE MONTH: NATIONAL YOUTH GATHERING

Our May mission of the month supports our youth in preparation for the next National Youth Gathering in July of 2028. This helps cover the costs, including transportation, of those attending. This Gathering is an event sponsored by Lutheran Church-Canada, with the mission to provide opportunities for Lutheran youth to grow in faith and relationship with others as the body of Christ. Youth, leaders, and volunteers will join in corporate worship, study God's Word, be equipped through large and small group sessions, reach out to the community through servant events, and engage in fellowship and fun. Thank you for enabling our youth at Foothills to attend!

ANNUAL MEETING: *Please* note that our next Voter's Meeting (our Annual Meeting) will be held **Sunday, June 7** following worship, not on June 14 as noted in the Calendar.

LWMLC SPRING RALLY: Join us for bible study, singing and fellowship on May 30 from 9:00-4:00 pm at Trinity Lutheran Church (893 East Ave, Pincher Creek, AB). Registration Fee \$10.00 (Includes lunch and coffee break) Contact Debra Ritz by May 23 to register: debraritz@gmail.com In-Gathering: Wilderness Ranch—Money to Sponsor Campers & for Renovations (Cheques payable to Wilderness Ranch) We look forward to your presence!



ELECTIONS: There are a few Parish planning council (PPC) and Elder positions that are up for election at this year's June meeting. Please let Dale Dusterhoft or Deaconess Miriam know if you are interested in letting your name stand or wish to nominate anyone for any of the following by May 11th.

President: 2-year term. Leads PPC and congregation. Responsible for presiding over voters' meetings, PPC meetings, and ensures the Parish planning council is organized, working on the congregations' goals and objectives, and that the affairs of the congregation are run in an orderly fashion. Only a male member of our congregation can serve as President.

Board of Fellowship: 2-year term. The primary role of this board is to strengthen the fellowship between our congregation members. The Chair of this board appoints a board to help organize and oversee fellowship events in our congregation. Heather Sommers has agreed to let her name stand for another 2-year term. Thank you Heather.

Board of Elders: 2-year term. We require a minimum of three nominations for our board of Elders but could accept more. The board of Elders is primarily responsible for the spiritual health of the congregation and work together to support and assist our ministry staff in bringing the word of Christ to our members and those that are lost. Only male members of our congregation can serve as Elders.



This week, we pray for **Rev. James D. Kay** who serves as pastor of the Sudanese congregation of Grace Lutheran Church in Edmonton. Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Pastor Kay, asking You to sustain him by Your Spirit and bless his labours.

LADIES BRING-A-FRIEND POTLUCK June 5th, 4pm at Tobi Stene's: This event is for ladies of all ages. Please let us know if you plan to attend by including your name on the sign-up sheet on the Fellowship board. Please also indicate if you require a ride. We will be outdoors, weather permitting. There will be some seating available, but if you have a lawn chair and are able to bring it you are welcome to. For questions or any last-minute additions or cancellations please contact Kelly Dueck at 403-389-7702 or kel.frog@shaw.ca.

BOTTLES FOR CHANGE: Mainsprings Pregnancy and Family Support (previously the Calgary Pregnancy Care Center) is holding their annual baby bottle campaign. Your generosity supports families facing real challenges? By filling a bottle, they're able to provide support and bring hope to young families in our community. Pick up a bottle on Mother's Day (May 10), fill with cash or cheque and return on Father's Day (June 21). You can also donate online via e-transfer accounting@mainsprings.com or <https://secure.qgiv.com/for/mainsprings/>



NEW NARTHEX RESOURCES: The Board of Christian Education has stocked the brochure rack above the guestbook with some new resources and restocked a few popular ones. There are also two larger booklets on the Information Centre. The brochures are from Concordia Publishing House and Creation Ministries, and cover topics from communion practice to divorce to sexuality to creation and carbon dating. If you have questions that aren't covered there, please contact the office with your request. We also have many resources in the library and would be happy to find more if needed!

YOUTH GATHERING BUS DONATION: Thanks to the generous support of our congregation through donations and fundraisers, for the last several years our youth group has been able to attend youth gatherings across Canada without the costs being a barrier. For this summer's youth gathering in BC, we chartered a bus for our youth and invited other groups to join us and help with the costs. And now, thanks to a very, very generous donation from our neighbours at Redeemer Lutheran in Didsbury, the cost has been heavily subsidized for everyone, making it even more accessible for other youth groups, and helping to lower the gathering planning committee's travel costs as well. We are very thankful for this blessing!

OFFICE ADMINISTRATOR POSITION: Our Office Administrator, Jessica Tonn, has had the privilege of being accepted into a Master's program at Concordia University, Montreal, this fall. We congratulate her on this opportunity! This means that we are hiring a new person to take on that role sometime in August. This is a 25-30 hour per week on-site position supporting the work of the congregation and the FLC staff. Familiarity with the Microsoft Office suite and database management is needed to be successful in the position. A job description is available on the Welcome Desk in the Narthex, or from Deaconess Miriam. If you are interested, please send resumes to our office email by June 15, 2026, at office@foothillslutheran.com. Applicants should be members of Foothills or one of our sister LCC congregations in Calgary.



Growing
FAITH
at home

SIXTH
SUNDAY OF
EASTER

YEAR A

The Holy Spirit
is our helper



growministries
LCA CHILD YOUTH & FAMILY MINISTRY



LUTHERAN
CHURCH
OF AUSTRALIA
where love comes to life

www.growministries.org.au



CONVERSATIONS

Share your highs and lows, or respond to the following:

1. Who has been helpful to you this past week? In what ways have you helped others?
2. Jesus called the Holy Spirit our helper or counsellor. What does the Holy Spirit help us to do?



BIBLE READINGS

*Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.*

S	John 14:15-21	The promise of the Holy Spirit
M	John 14:23-27	The Spirit will teach you
T	John 16:5-16	The work of the Holy Spirit
W	1 Peter 3:13-22	You are blessed
T	Acts 1:1-11	The ascension of Jesus
F	Acts 17:22-31	God commands people to repent
S	Psalm 66:8-20	Praise be to God

VERSE OF THE WEEK

Then I will ask the Father to send you
the Holy Spirit who will help you and
always be with you. The Spirit will
show you what is true.

JOHN 14:16-17A



CREATIVE RESPONSE

Ascension Day marks the last appearance of Jesus to the disciples after his resurrection at Easter, and his bodily ascension into heaven. It is the fortieth day after Easter Sunday and always falls on a Thursday.

The book of Acts (1:12) suggests that Jesus' ascension took place from Mt. Olivet, located northeast of the town of Bethany.

Plan a trip (by car or foot) to a 'high place' in your area. While there, discuss what it might have been like to see Jesus ascend into heaven, and what you think his return at the end of time might be like.

Take time to notice the clouds and see what shapes you can find (there is an old tradition that the clouds on Ascension Day take the form of lambs, in honour of the Lamb of God).



ACTION RESPONSE

The Holy Spirit is our helper. How can we show ways to help others this week? Make a list and put it on the fridge to remind you.



MEALTIME PRAYER

Come Holy Spirit, be our guest and let this food to us be blessed.
Amen.



PRAYER

Jesus you are Lord of our hearts, help us to be gentle and respectful of others so they see you alive in us.
Amen.



BLESSING

May God give you the Holy Spirit as a helper and guide.